

LA PATOLOGIA DEGLI ESTENSORI

www.fisiokinesiterapia.biz

Livelli di Lesione



Zona 1 - dito a martello o baseball

Zona 2 - come zona 1

Zona 3 - dito a bottoniera o asola

Zona 4 - distale come zona 3

prossimale dito cadente

Zona 5 - dito cadente

Zone 6,7,8,9 - come zona 5

Patologia Traumatica

Lesioni

Semplici

Multiple

Complesse

Patologia Traumatica

Lesioni da

Taglio, lacero-contuse

Schiacciamento, Scuoiamento

Strappo

Ustioni, Elettrocuzione

etc.

Dito a martello



da taglio



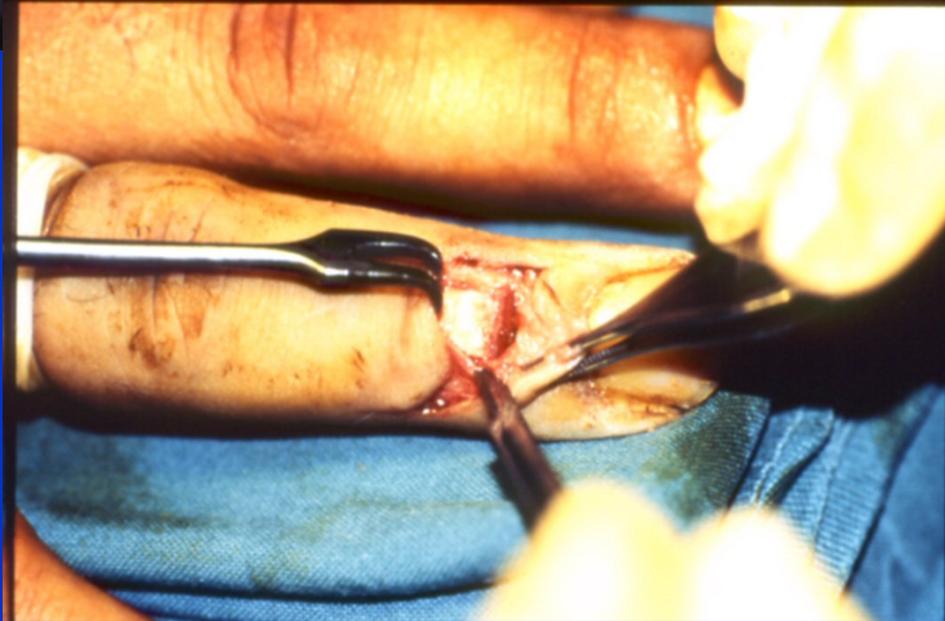
sottocutanea

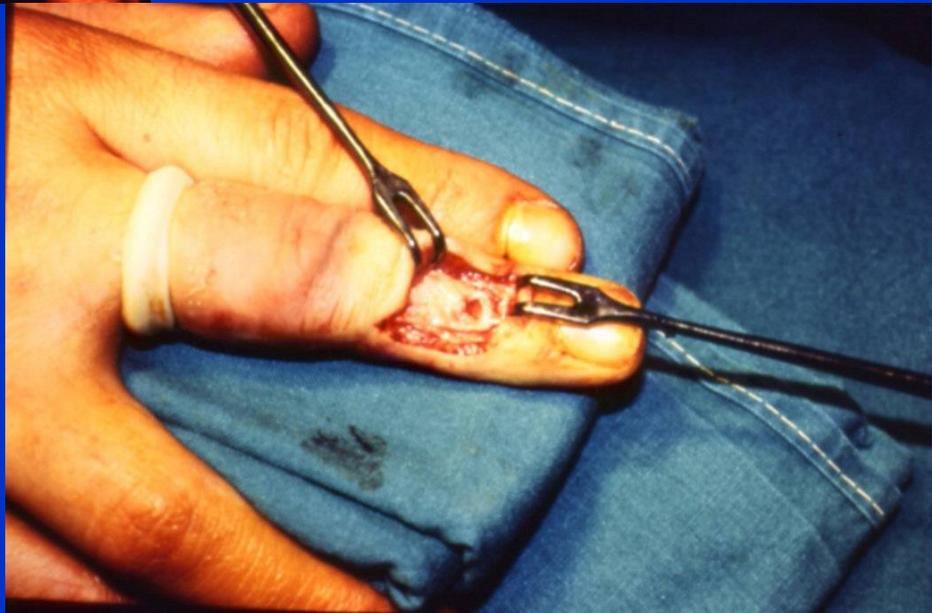


con disinserzione di
un fram. osseo
(Segond)

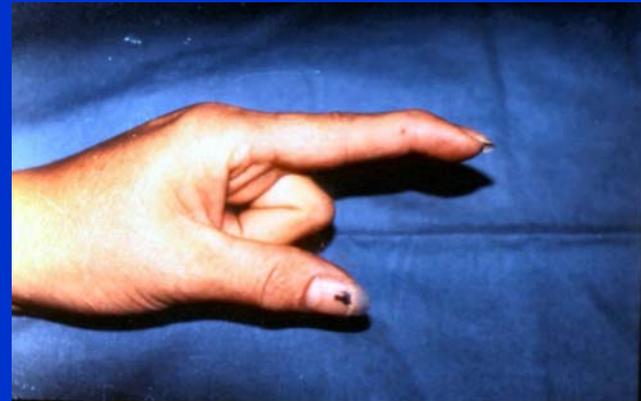
Dito a martello (o da baseball)

**Lesione dell'apparato estensore
alla artic. interfalangea distale**









Dito a martello

Lesioni inveterate



atteggiate a collo di cigno

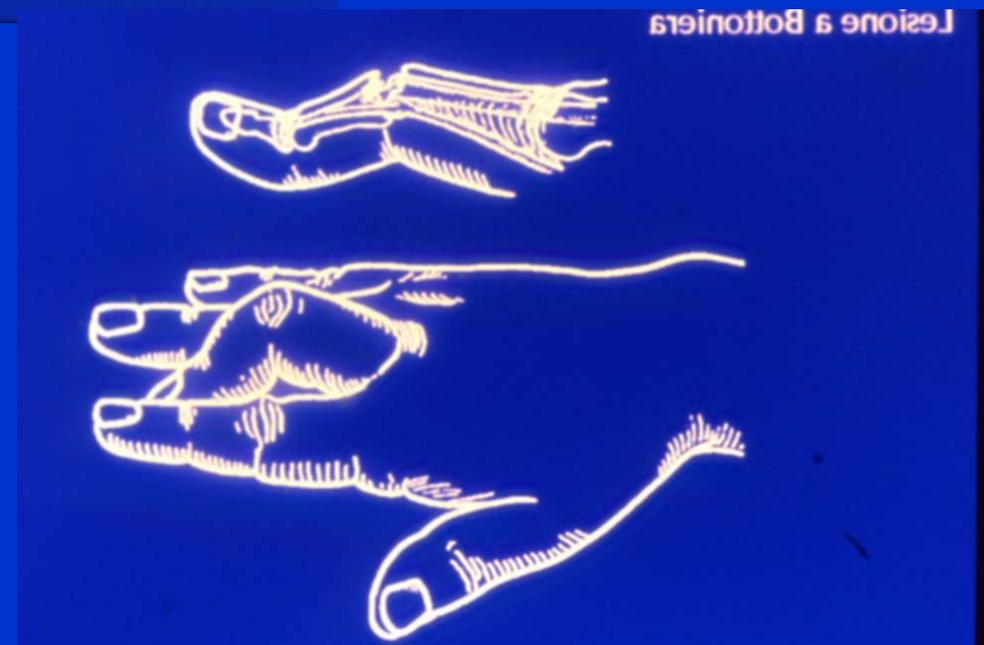




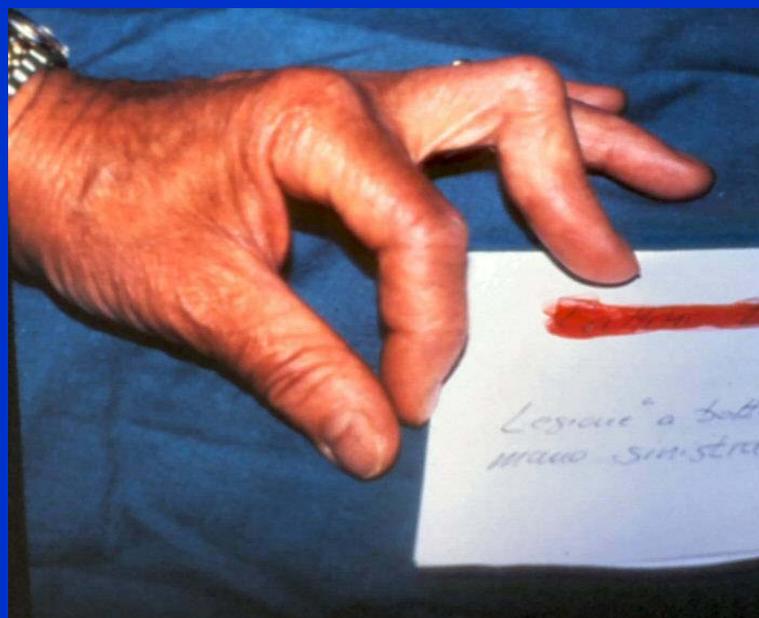
Zona 3

Lesione a Bottoniera (o ad asola)

Lesione della bandelletta centrale dell'estensore
(estensore breve)



Lesione a Bottoniera inveterata





Lesione a Bottoniera del pollice

Pollice a Z



Zona 5

Dito Cadente

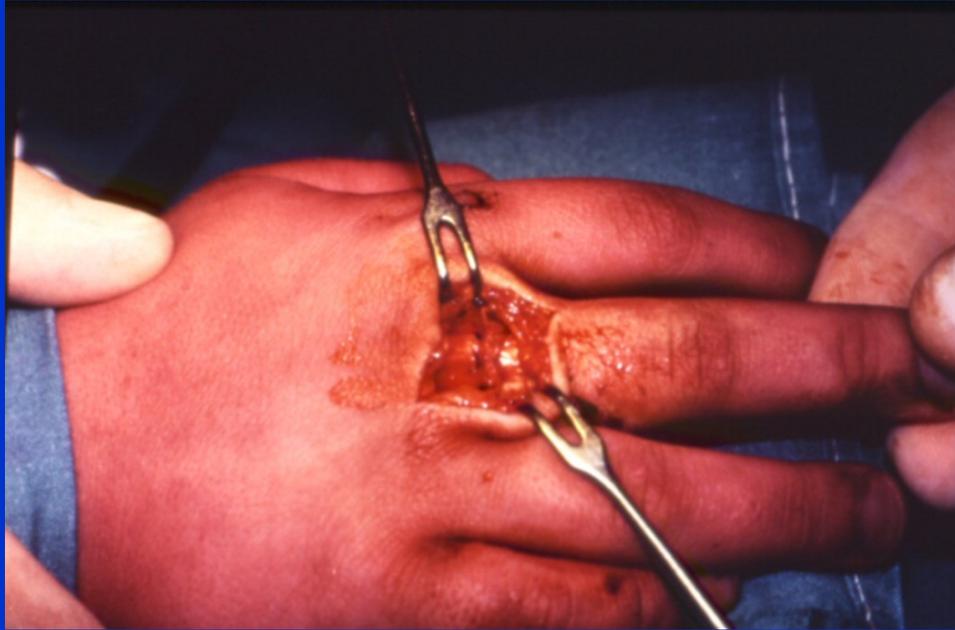
Lesione alla articolazione
metacarpo - falangea

Zona 5

Lesione alla artic.
metacarpo-falangea



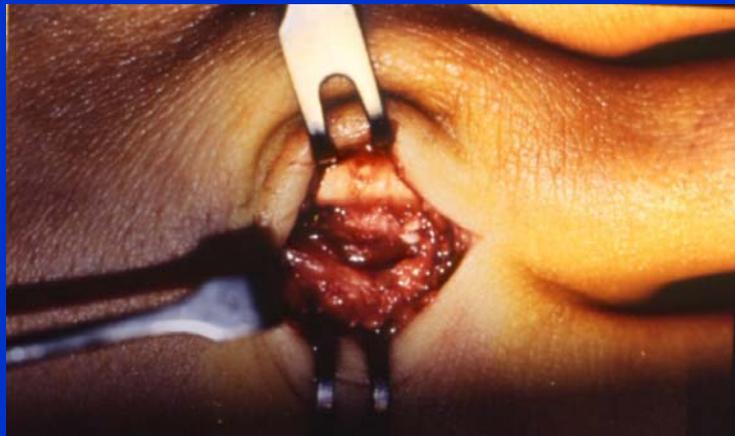




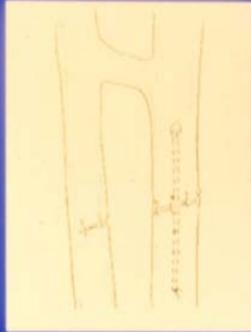
www.fisiokinesiterapia.biz

Zona 5

Lesione della cuffia
degli estensori



Zona 6

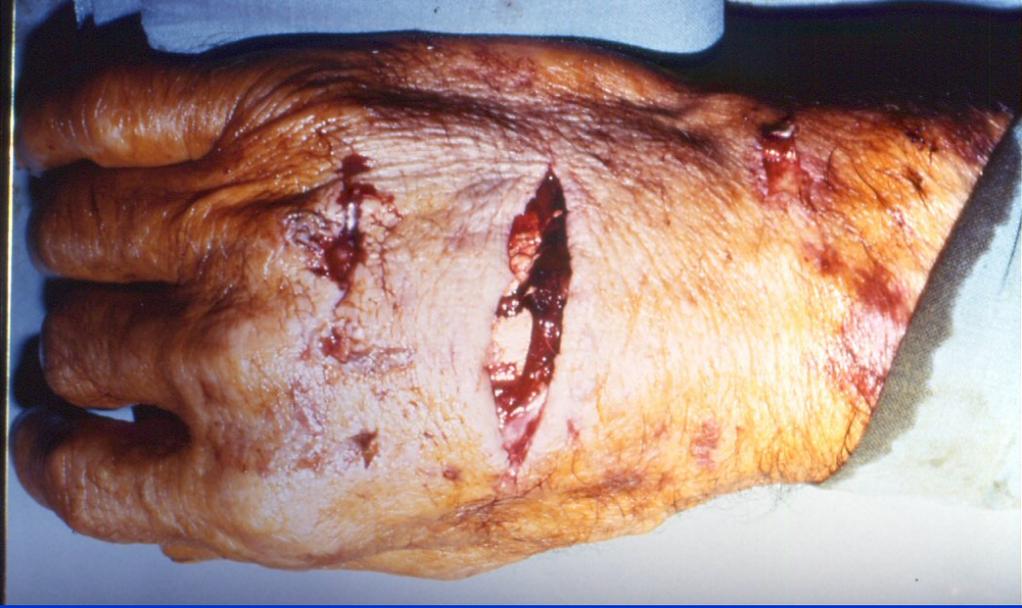


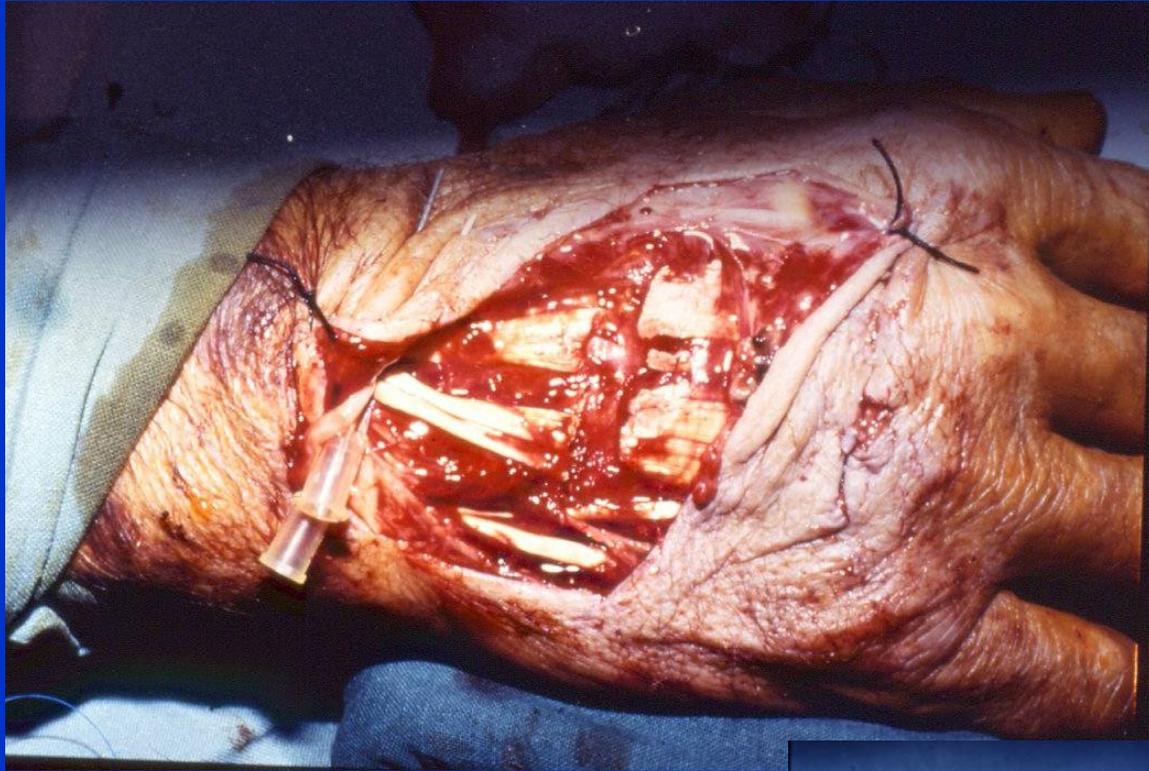
Lesione al dorso della mano



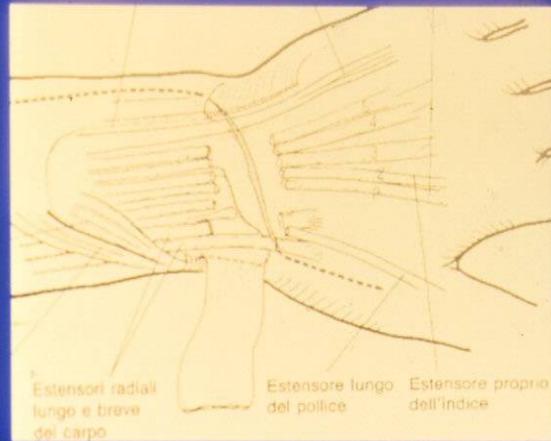
Zona 6

Lesione al dorso della mano





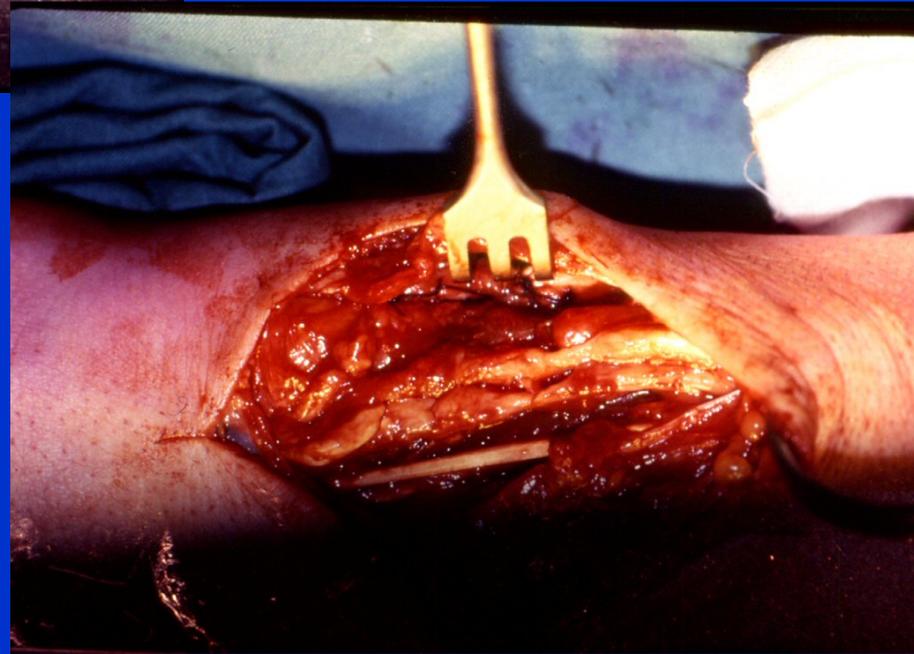
Zona 7



Lesione al dorso del polso

Zona 7

Lesione al dorso del polso

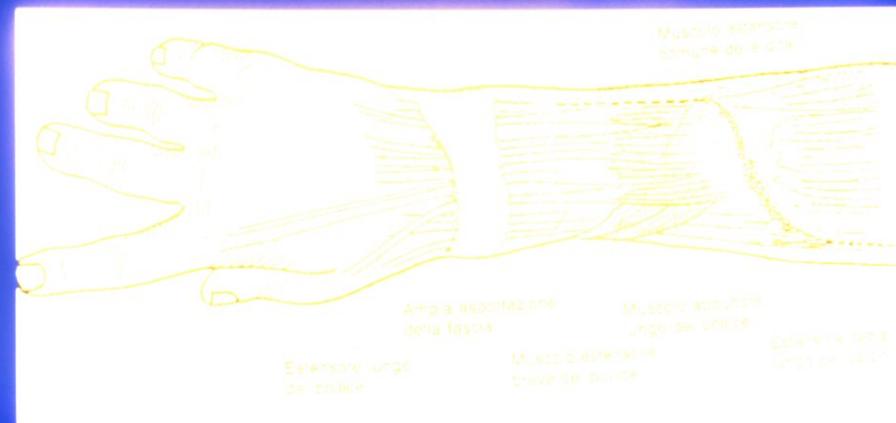




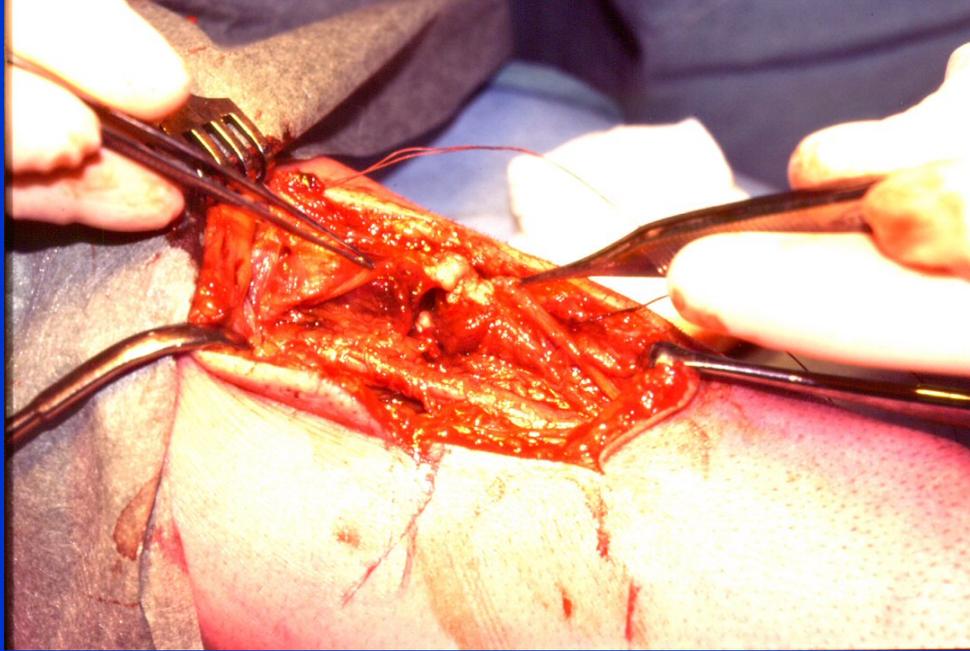
Zona 8

Lesione al dorso dell'avambraccio (ventre muscolare)

Zona 8



Lesione al dorso dell'avambraccio



www.fisiokinesiterapia.biz

Zona 8



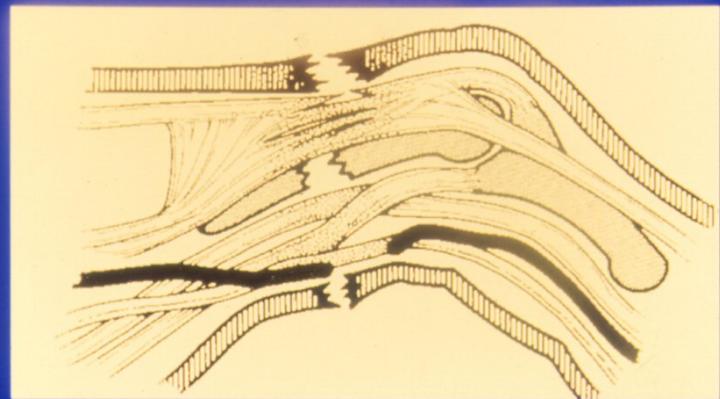
Lesione da schiacciamento
con fibrosi cicatriziale

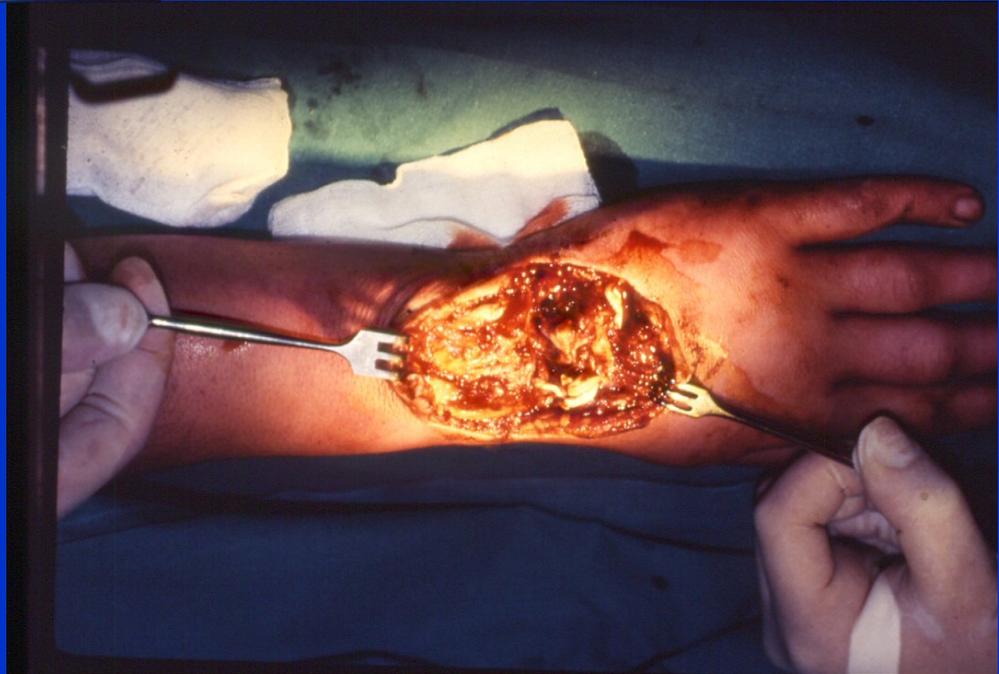


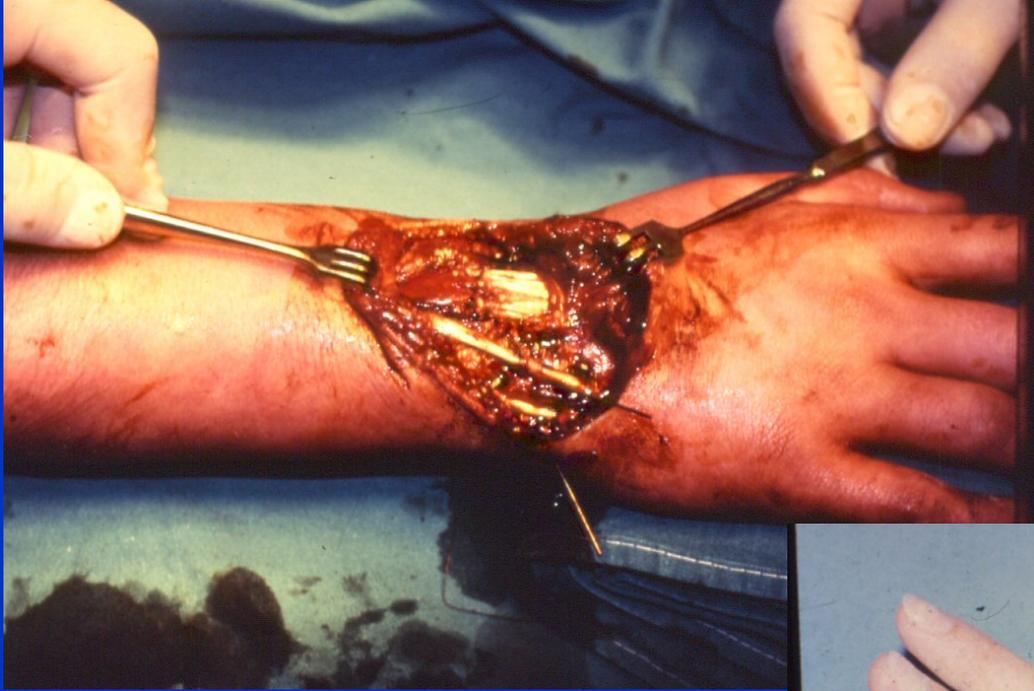
Lesioni multiple

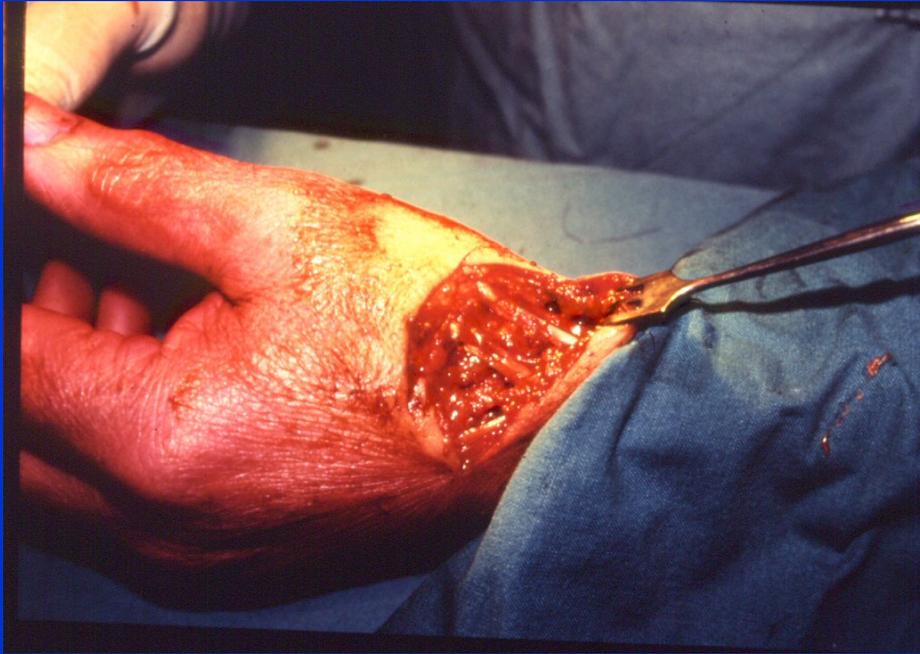
Lesioni complesse

Lesioni complesse

















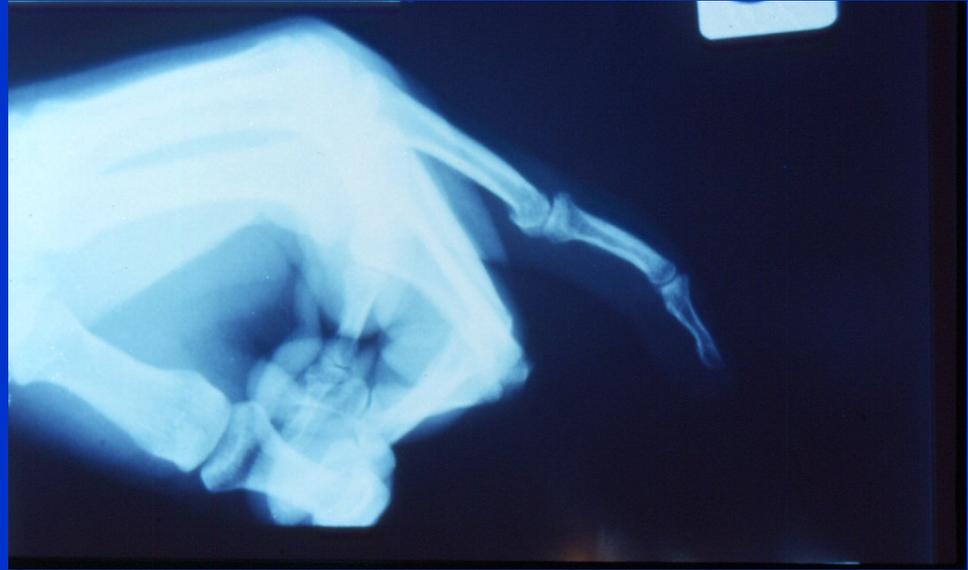
La deformità a Collo di Cigno



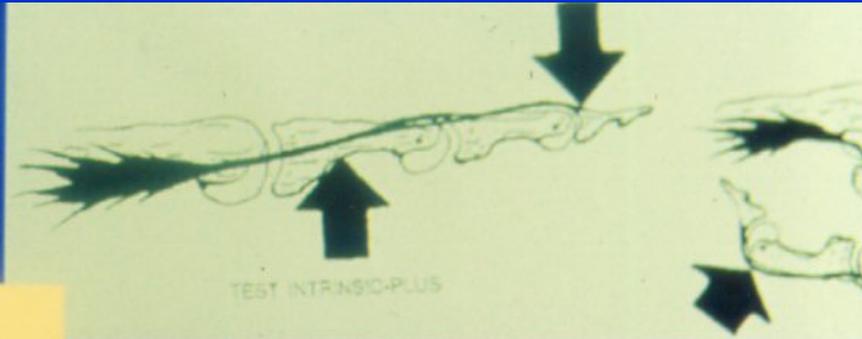
recurvazione della IFP e flessione della IFD

La deformità a Collo di Cigno

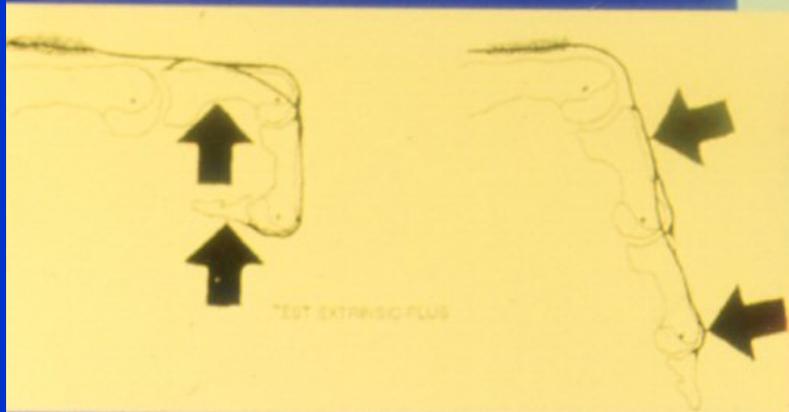
- . causa estrinseca - trazione est. lunghi
- . causa intrinseca - trazione mm. intrinseci
- . casusa articolare - allentam. della IFP



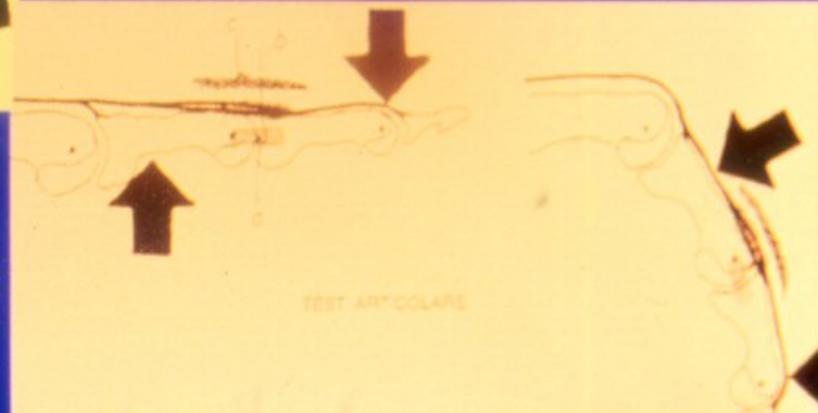
Intrinsic plus



Extrinsic plus



Rigidità Articolare

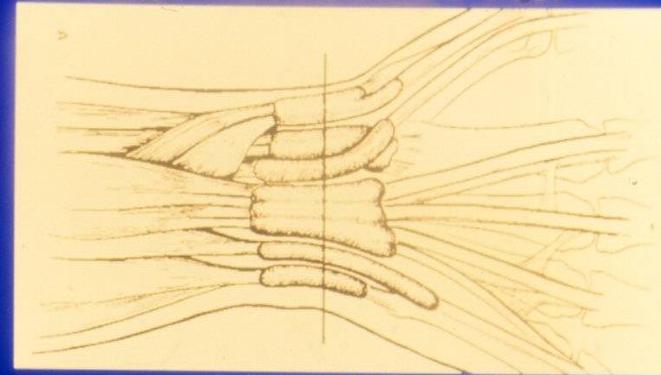


Patologia Degenerativa e Infiammatoria degli Estensori

Le Tenosinoviti
Le Rotture spontanee

L'Artrite Reumatoide

Le Tenosinoviti



acute, croniche,
TBC,
reumatiche
etc..

Tendinopatie ad eziologia meccanica

- Inserzionali
- Stenosanti

Tenosinoviti

- Sierose
- Ipertrofico-essudative (peritendiniti)

Tenosinoviti Batteriche

- aspecifiche
- T.B.C.

Tendinopatie nelle Malattie Dismetaboliche

- Gotta
- Collagenopatie
- A.R.

