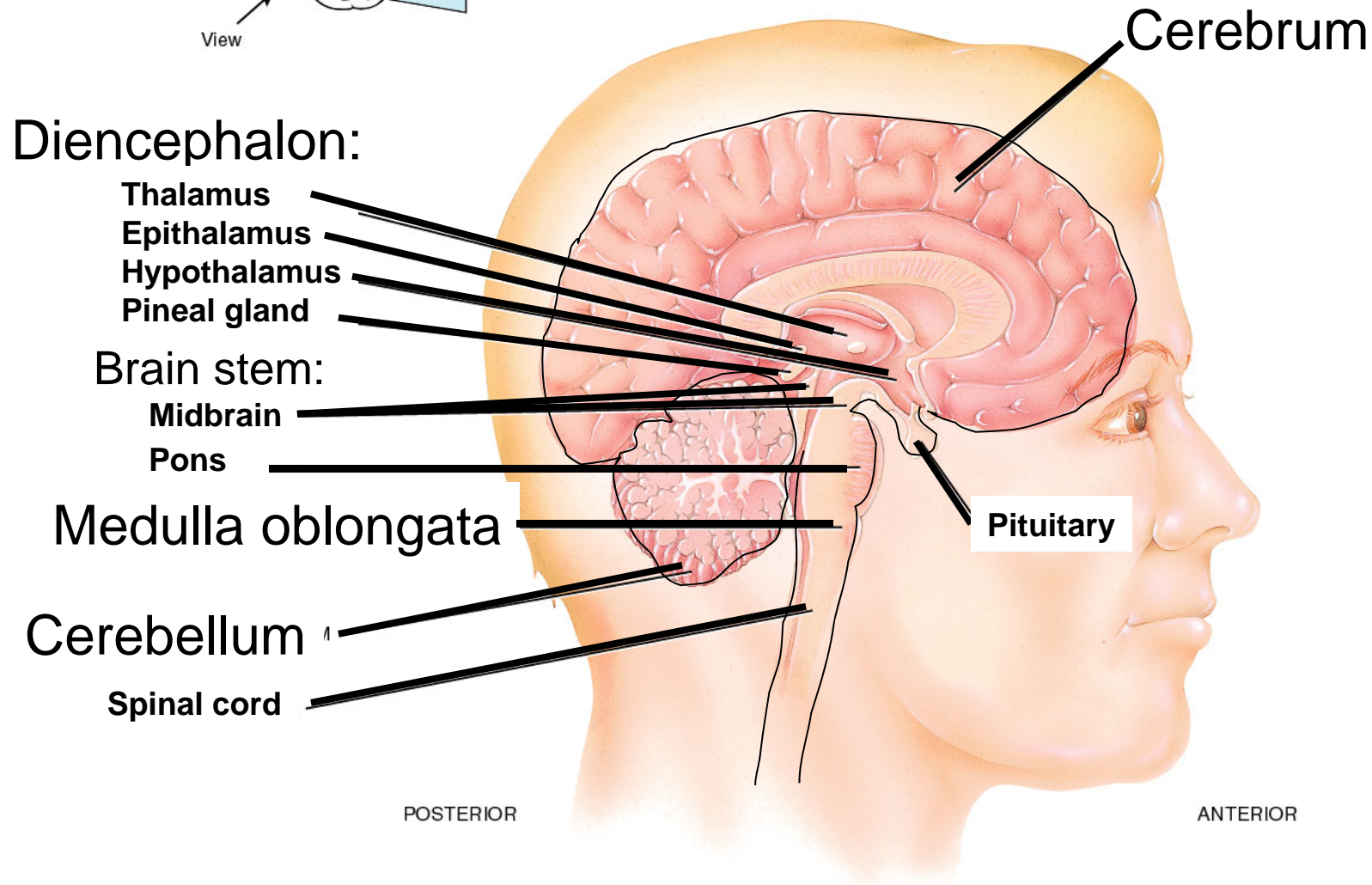
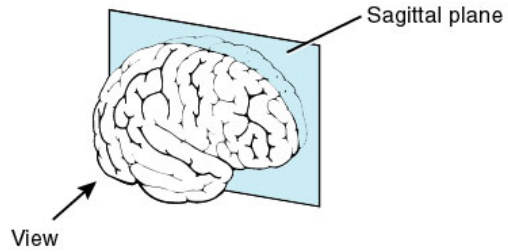




# **The Central Nervous System**

[www.fisiokinesiterapia.biz](http://www.fisiokinesiterapia.biz)



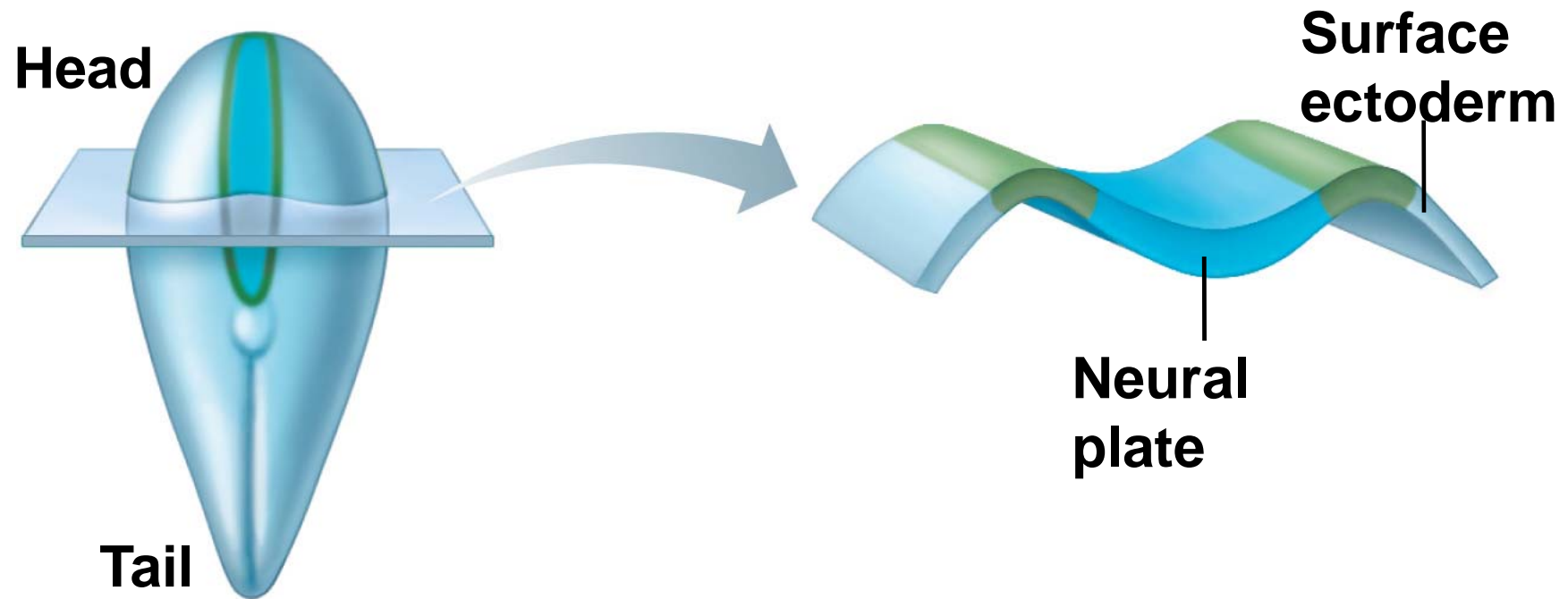
(a) Sagittal section, medial view

# Central Nervous System (CNS)

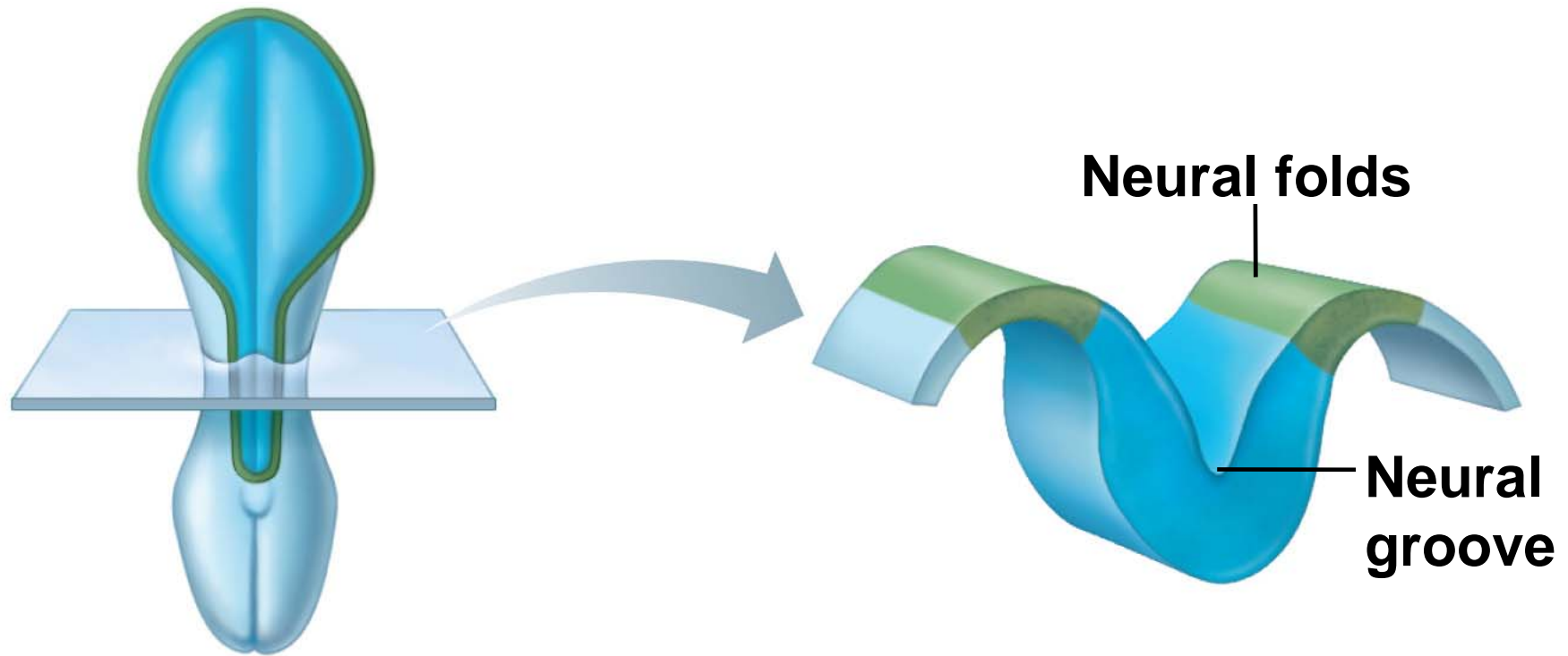
- CNS consists of the brain and spinal cord
- Cephalization
  - Evolutionary development of the rostral (anterior) portion of the CNS
  - Increased number of neurons in the head
  - Highest level is reached in the human brain

# Embryonic Development

- Neural plate forms from ectoderm
- Neural plate invaginates to form a neural groove and neural folds



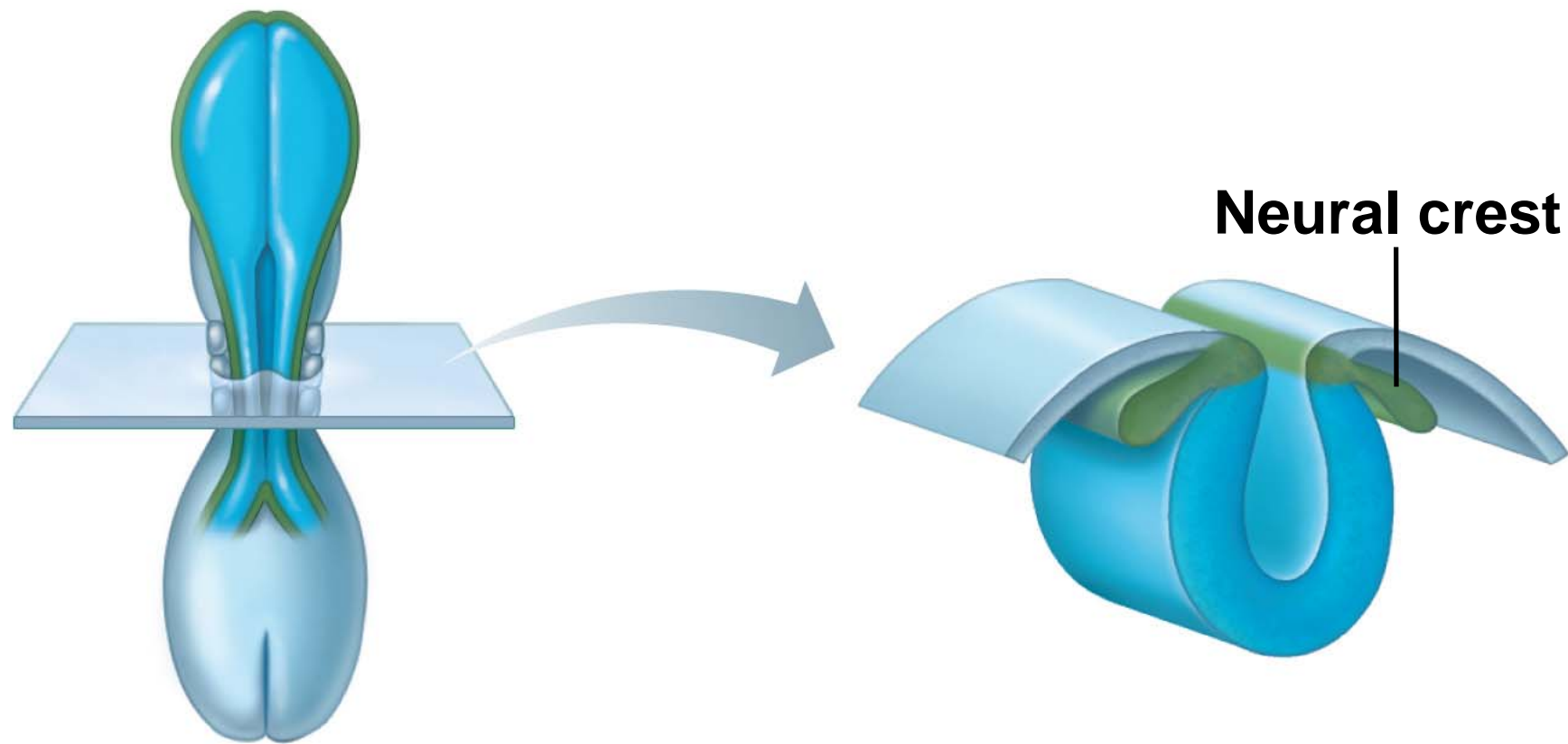
① The neural plate forms from surface ectoderm.



② The neural plate invaginates, forming the neural groove, flanked by neural folds.

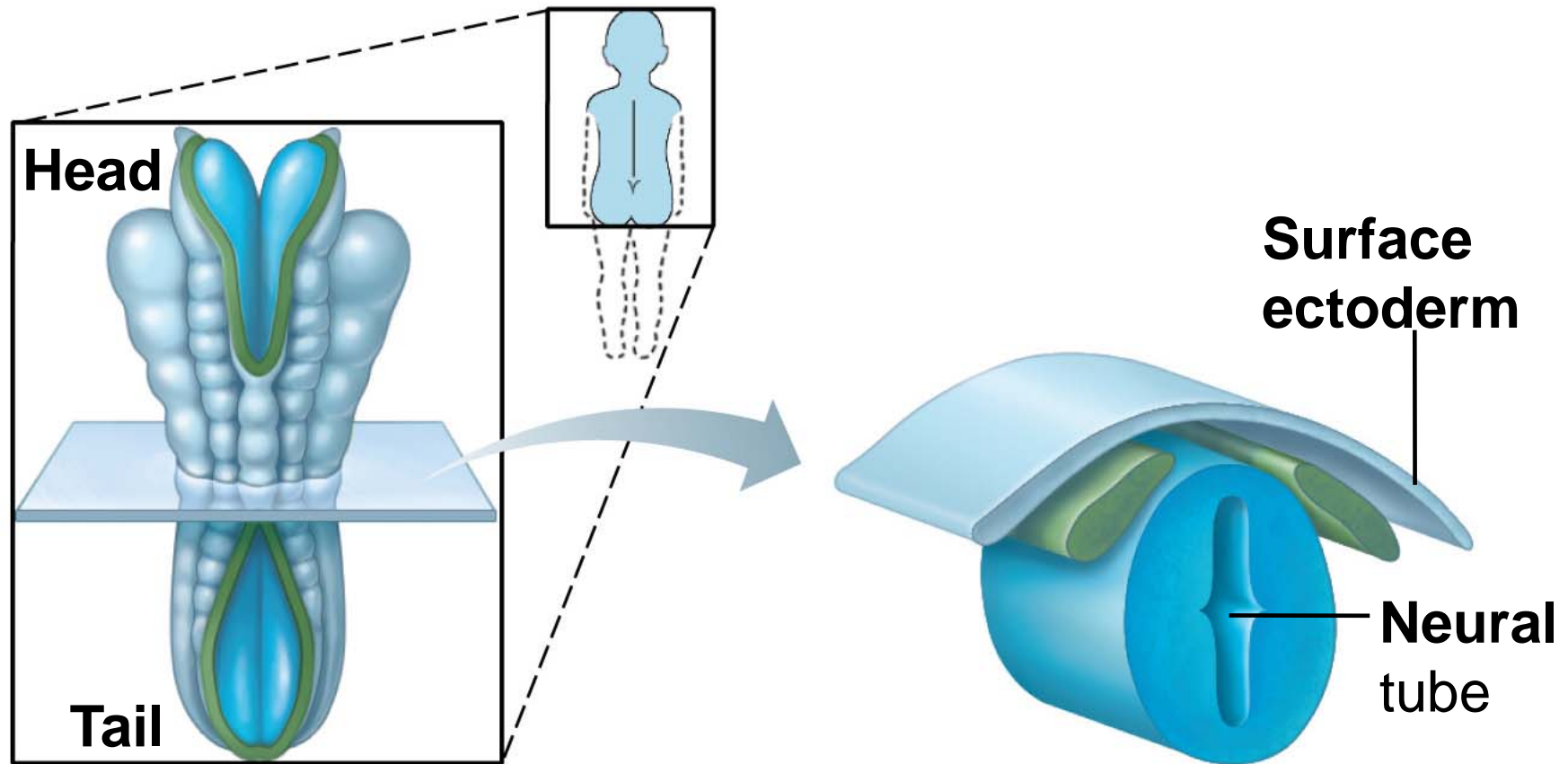
# Embryonic Development

- Neural groove fuses dorsally to form the neural tube
- Neural tube gives rise to the brain and spinal cord



**③ Neural fold cells migrate to form the neural crest, which will form much of the PNS and many other structures.**





④ The neural groove becomes the neural tube, which will form CNS structures.

# Embryonic Development

- Anterior end of the neural tube gives rise to three primary brain vesicles
  - Prosencephalon—forebrain
  - Mesencephalon—midbrain
  - Rhombencephalon—hindbrain

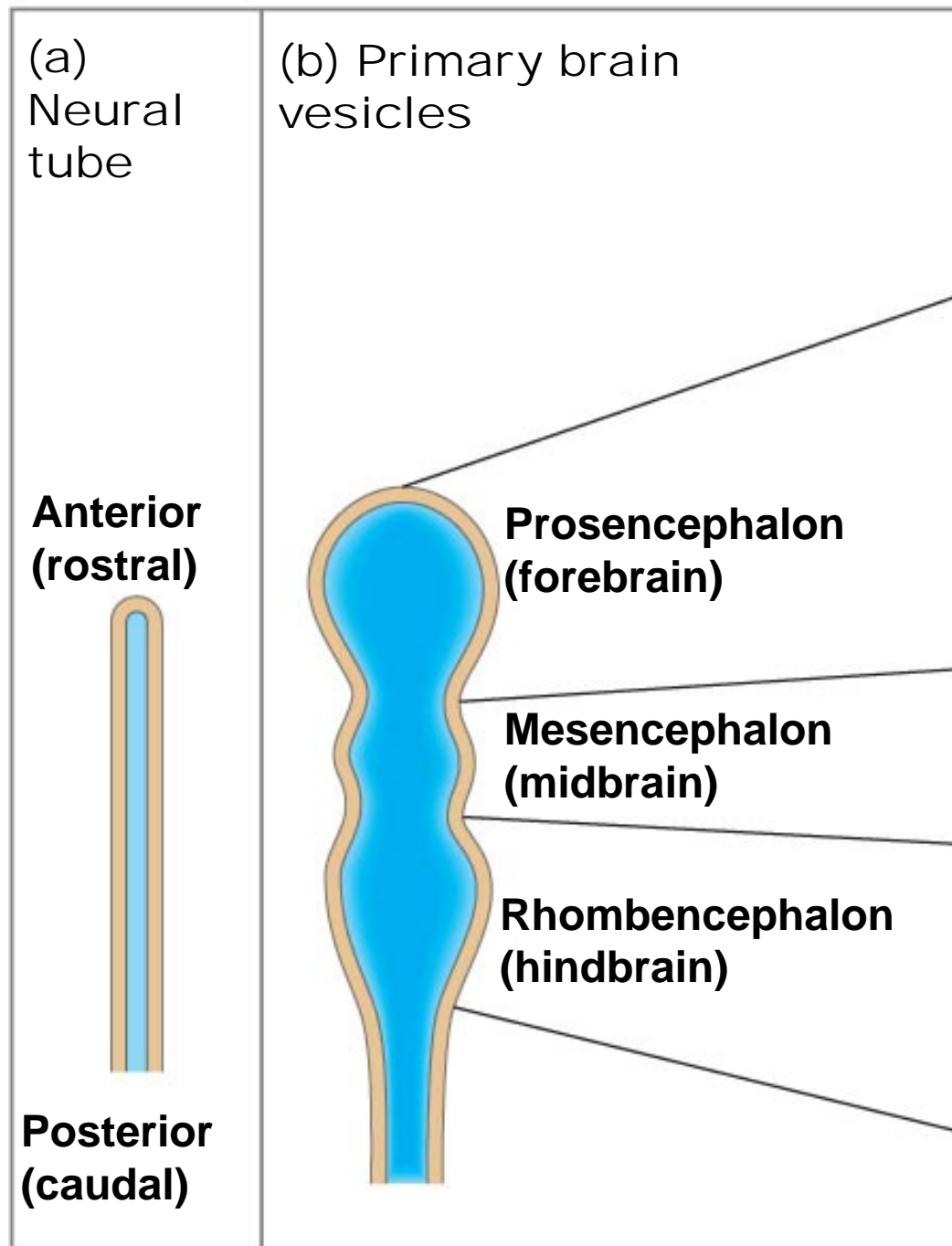


Figure 12.2a-b

# Embryonic Development

- Primary vesicles give rise to five secondary brain vesicles
  - Telencephalon and diencephalon arise from the forebrain
  - Mesencephalon remains undivided
  - Metencephalon and myelencephalon arise from the hindbrain

# Embryonic Development

- Telencephalon → cerebrum (two hemispheres with cortex, white matter, and basal nuclei)
- Diencephalon → thalamus, hypothalamus, epithalamus, and retina

# Embryonic Development

- Mesencephalon → brain stem (midbrain)
- Metencephalon → brain stem (pons) and cerebellum
- Myelencephalon → brain stem (medulla oblongata)
- Central canal of the neural tube enlarges to form fluid-filled ventricles

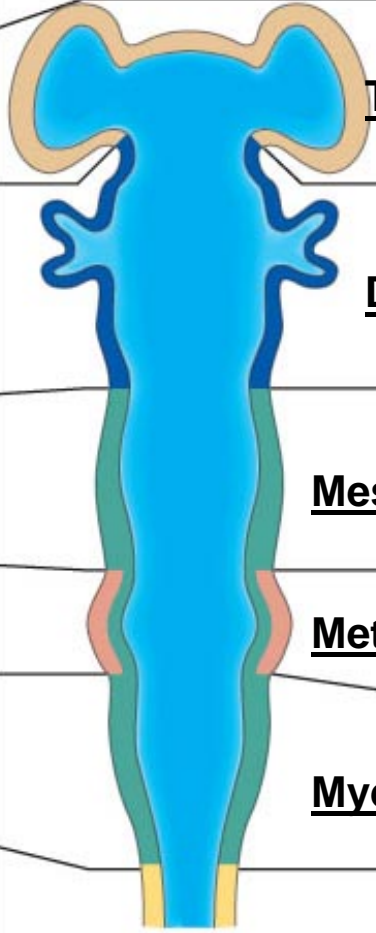
<u>(c) Secondary brain vesicles</u>	<u>(d) Adult brain structures</u>	<u>(e) Adult neural canal regions</u>
 <u>Telencephalon</u>	<u>Cerebrum: cerebral hemispheres (cortex, white matter, basal nuclei)</u>	<u>Lateral ventricles</u>
<u>Diencephalon</u>	<u>Diencephalon (thalamus, hypothalamus, epithalamus), retina</u>	<u>Third ventricle</u>
<u>Mesencephalon</u>	<u>Brain stem: midbrain</u>	<u>Cerebral aqueduct</u>
<u>Metencephalon</u>	<u>Brain stem: pons</u>	<u>Fourth ventricle</u>
<u>Myelencephalon</u>	<u>Cerebellum</u>	
	<u>Brain stem: medulla oblongata</u>	<u>Central canal</u>
	<u>Spinal cord</u>	

Figure 12.2c-e

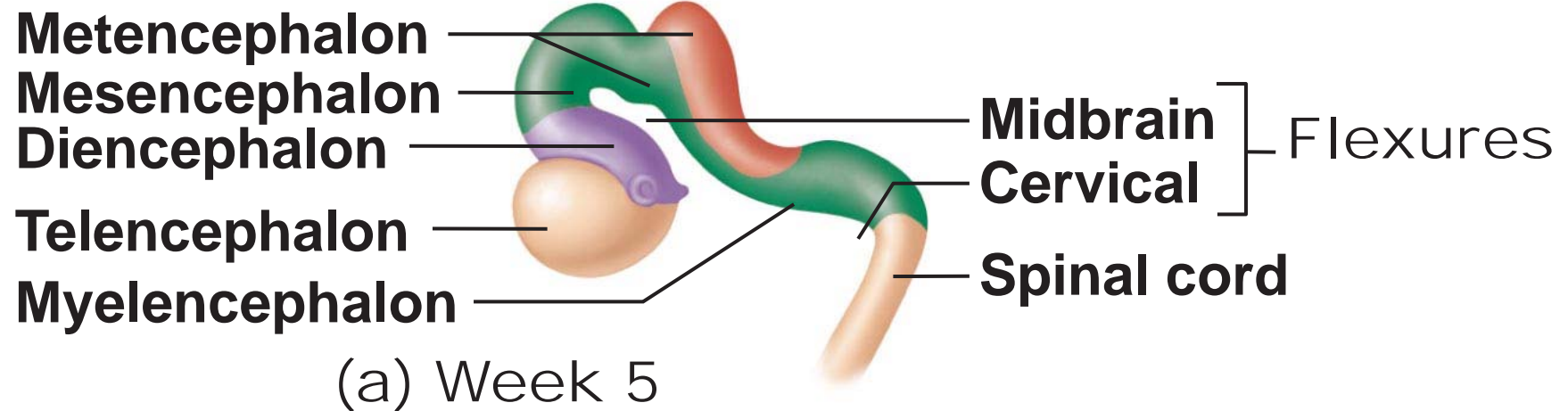
# Effect of Space Restriction on Brain Development

- Midbrain flexure and cervical flexure cause forebrain to move toward the brain stem
- Cerebral hemispheres grow posteriorly and laterally
- Cerebral hemisphere surfaces crease and fold into convolutions



***Anterior (rostral)***

***Posterior (caudal)***



**Figure 12.3a**

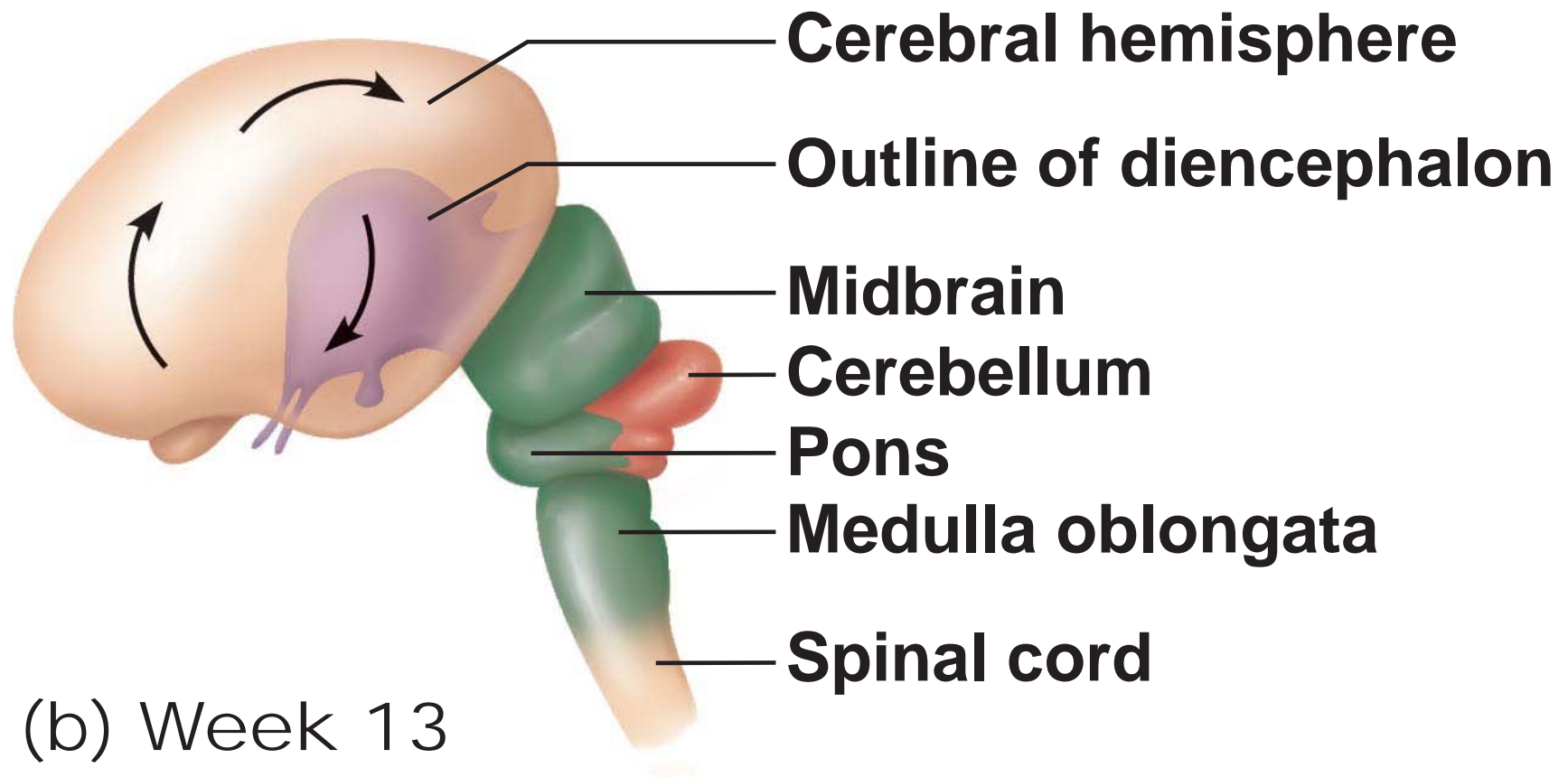


Figure 12.3b

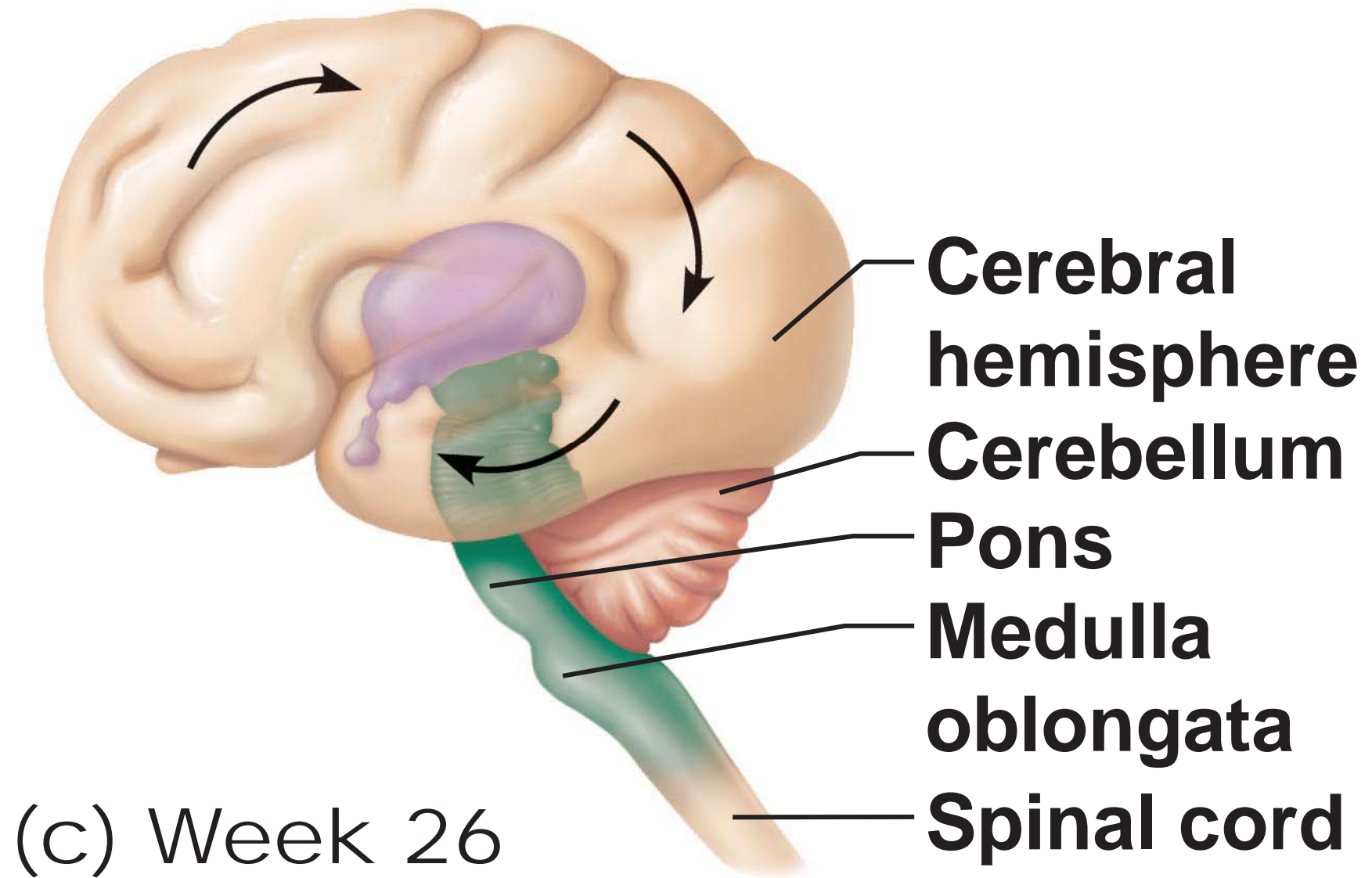
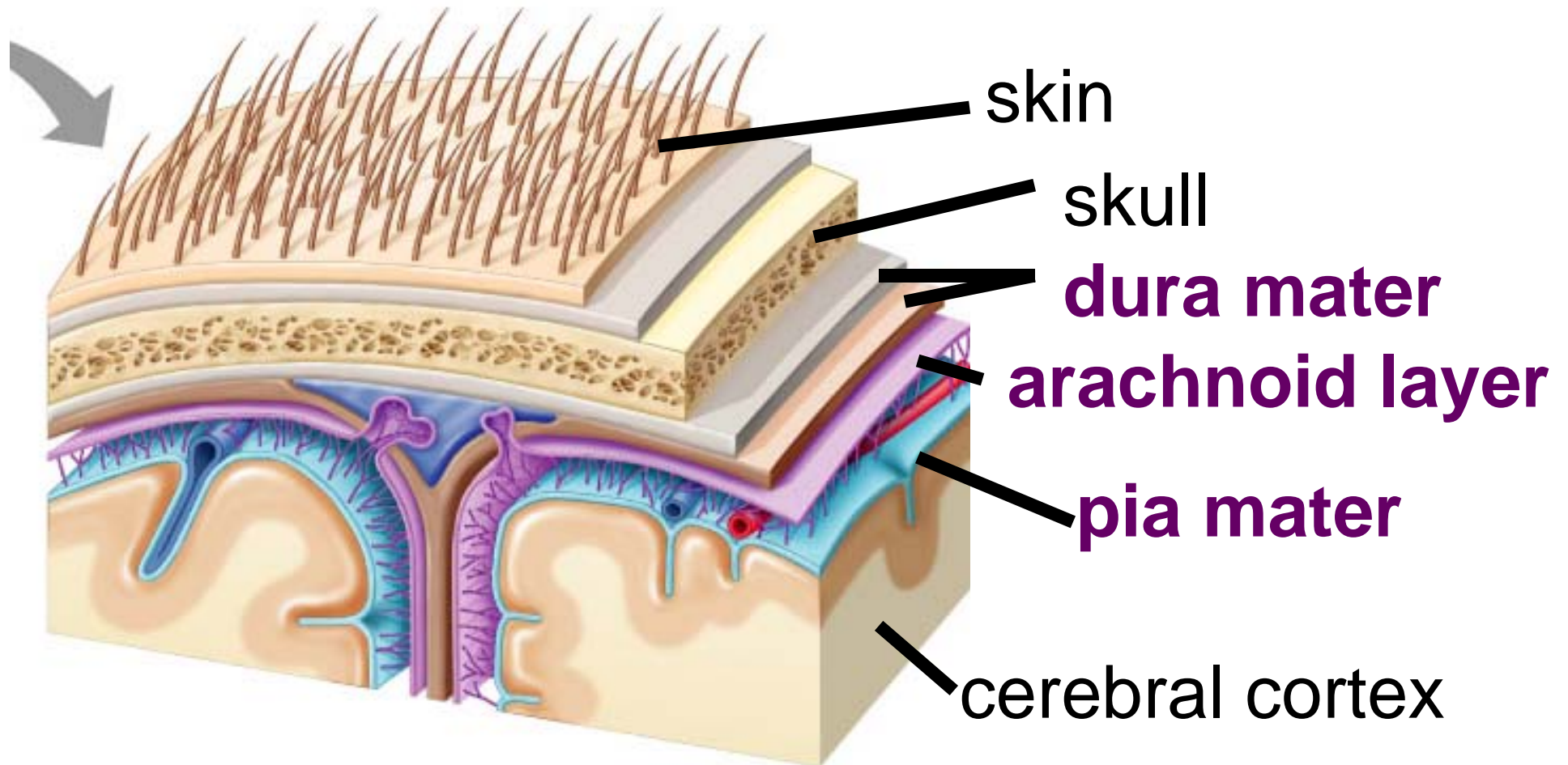


Figure 12.3c

# Coverings of the Brain- Meninges



## **Menenges:**

1. Covers and protects CNS
2. Protects blood vessels and encloses venus sinuses
3. Contains CSF
4. Forms partition within the skull

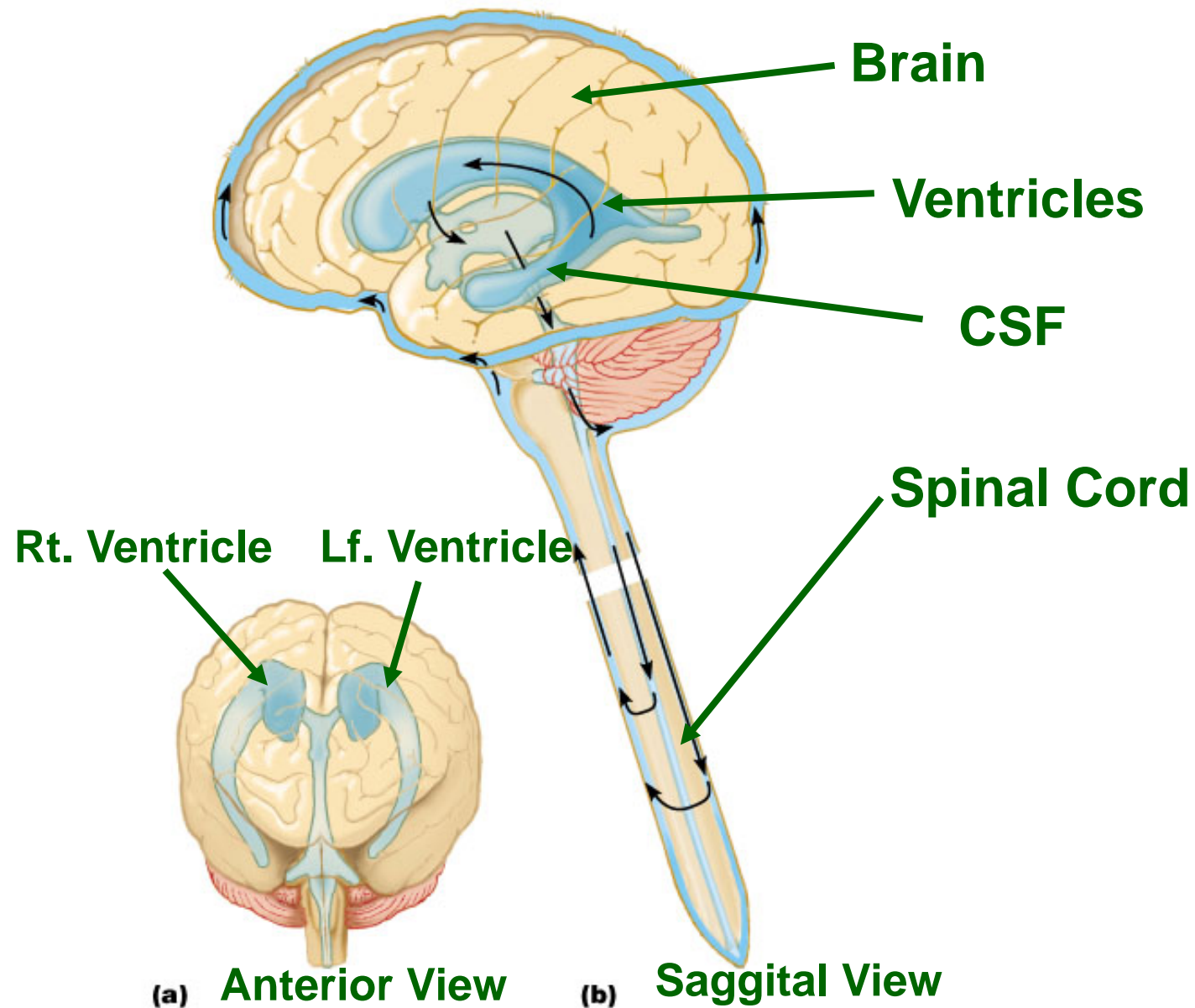
# Ventricles of the Brain

- Connected to one another and to the central canal of the spinal cord
- Lined by ependymal cells

# Ventricles of the Brain

- Contain cerebrospinal fluid
  - Two C-shaped lateral ventricles in the cerebral hemispheres
  - Third ventricle in the diencephalon
  - Fourth ventricle in the hindbrain, dorsal to the pons, develops from the lumen of the neural tube

# Cerebruspal Fluid





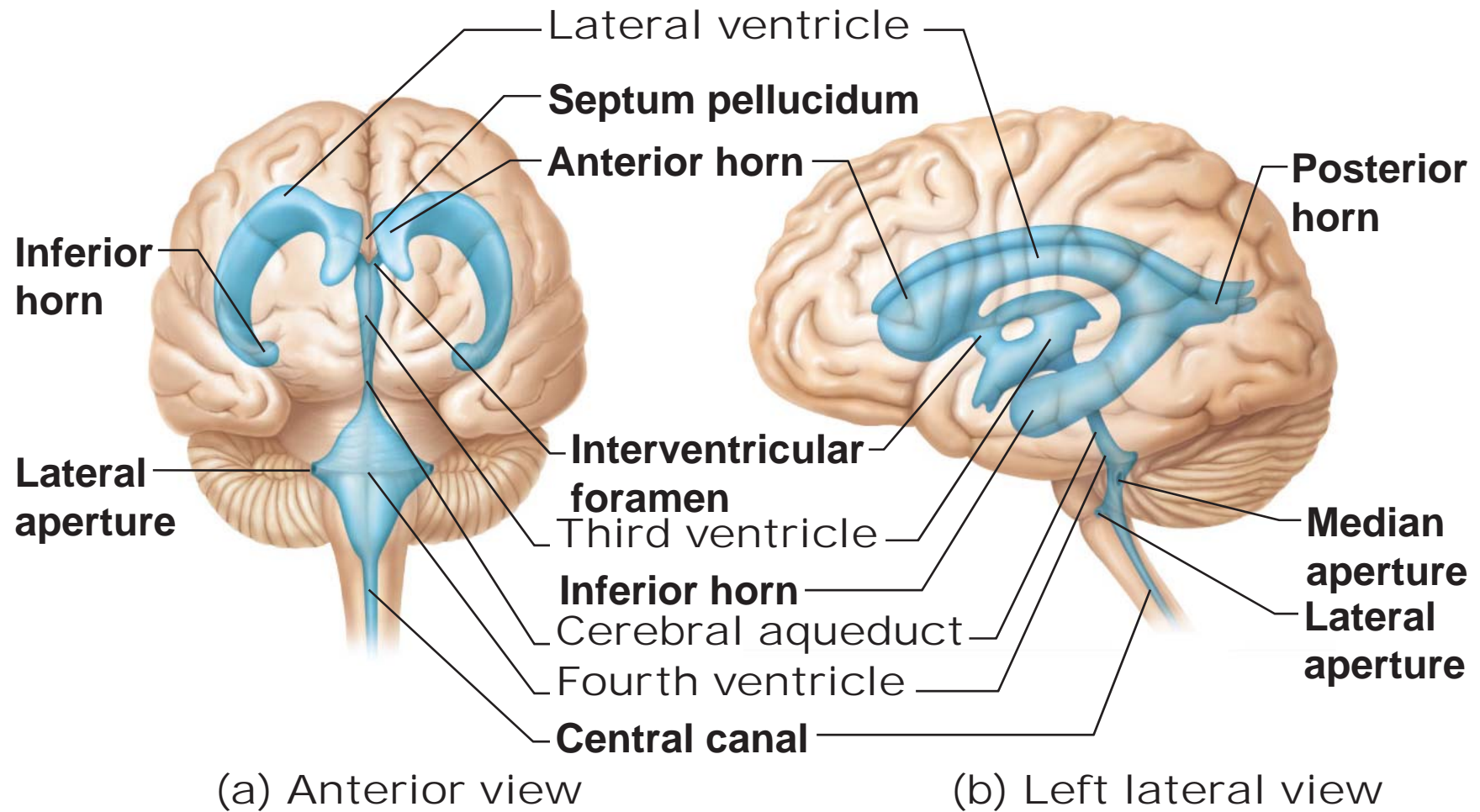


Figure 12.5

# CSF

- 150 ml in adult
- contains: glucose, proteins, lactic acid, urea, cations, anions, WBC

## Functions:

1. Reduces wt. of brain by 97%
2. Prevents head injury
3. Supplies brain with nutrition
4. Transports hormones along ventricular channels

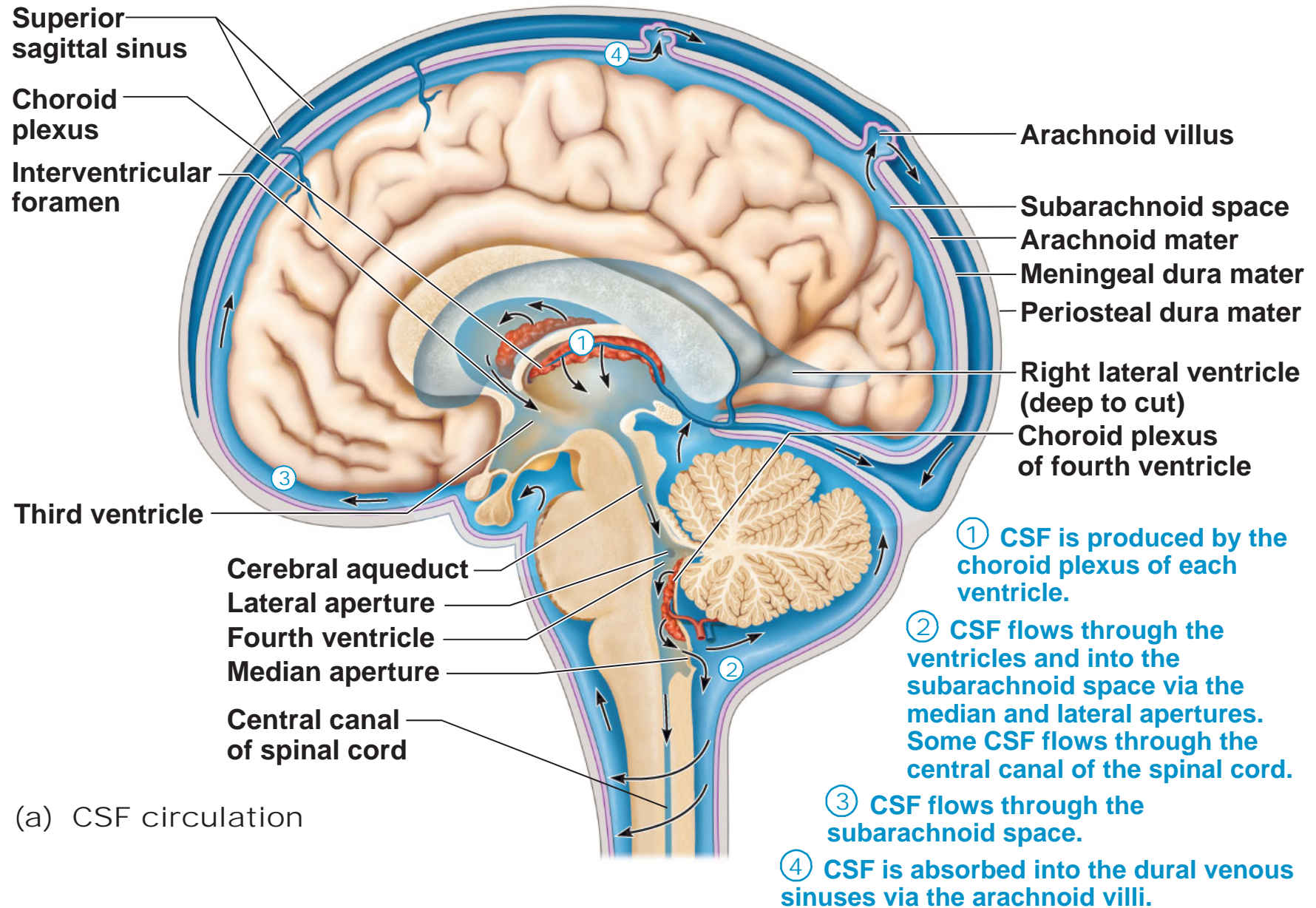
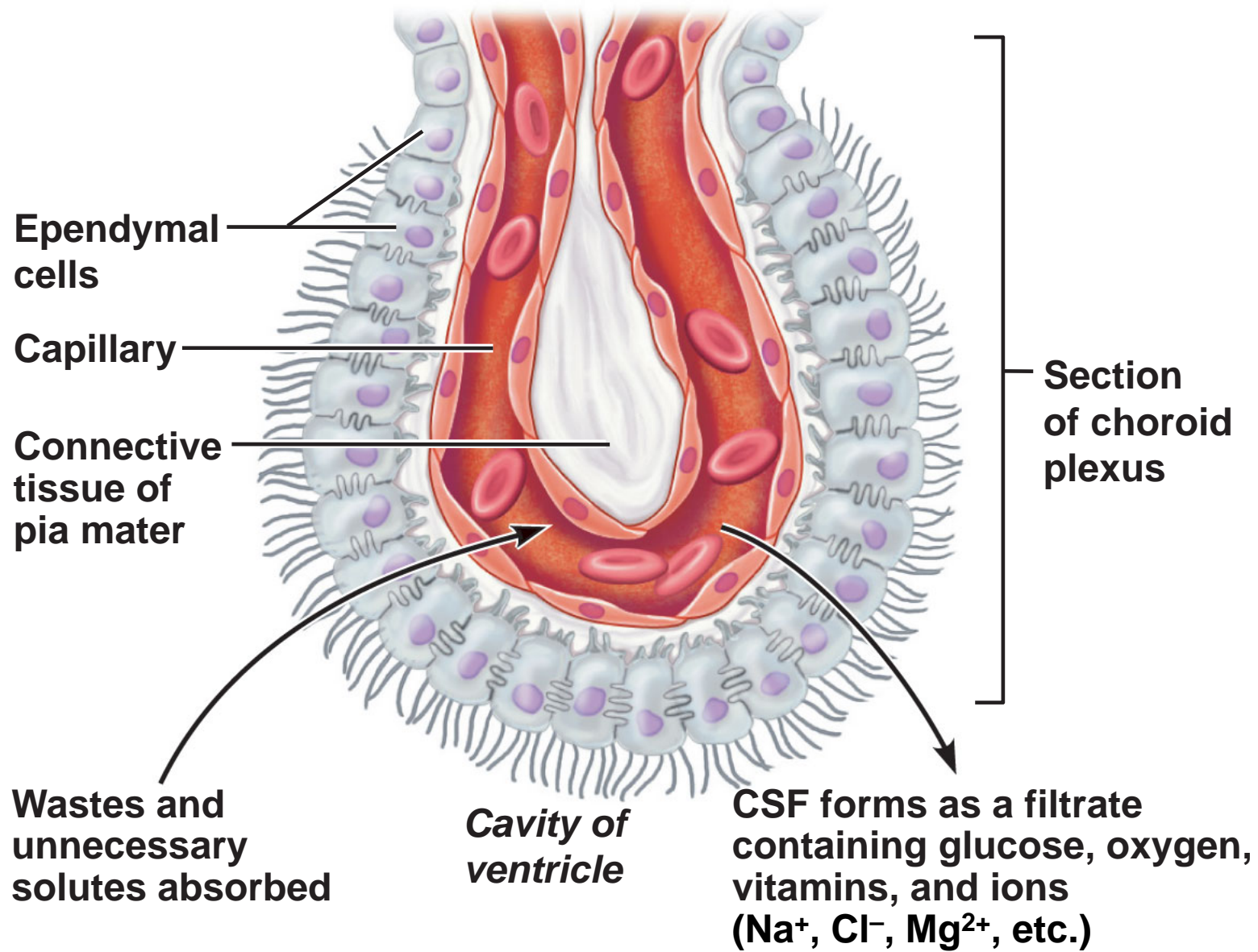


Figure 12.26a



(b) CSF formation by choroid plexuses

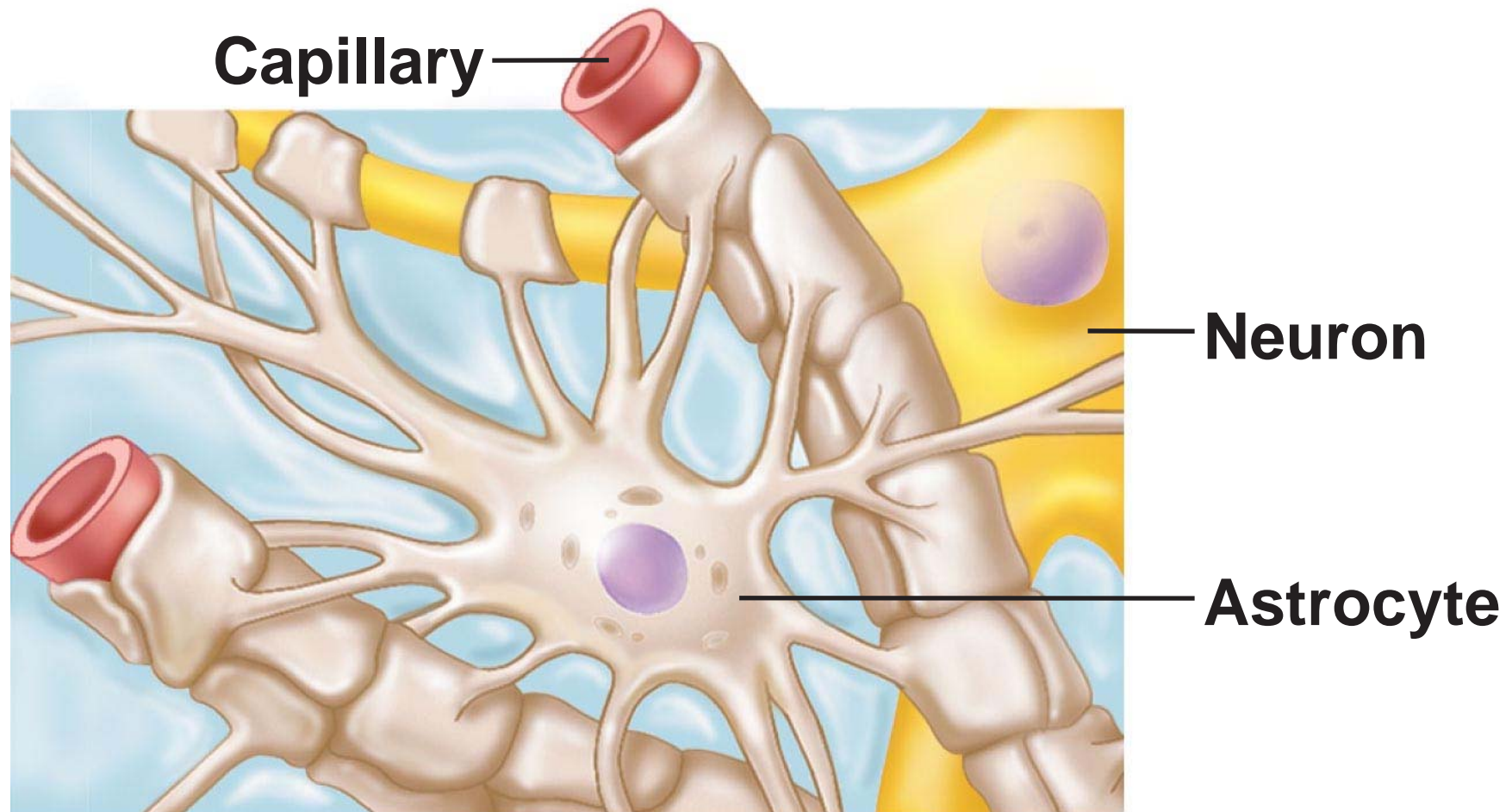
# **Blood-Brain Barrier**

- 1. Protects the brain from "foreign substances" in the blood that may injure the brain.**
- 2. Protects the brain from hormones and neurotransmitters in the rest of the body.**
- 3. Maintains a constant environment for the brain.**

# Blood-Brain Barrier

- Composition
  - Continuous endothelium of capillary walls
  - Basal lamina
  - Feet of astrocytes
    - Provide signal to endothelium for the formation of tight junctions





(a) Astrocytes are the most abundant CNS neuroglia.

# Blood-Brain Barrier: Functions

- Selective barrier
  - Allows nutrients to move by facilitated diffusion
  - Allows any fat-soluble substances to pass, including alcohol, nicotine, and anesthetics
- Absent in some areas, hypothalamus, pituitary, pineal body and vomiting center



# The BBB can be broken down by

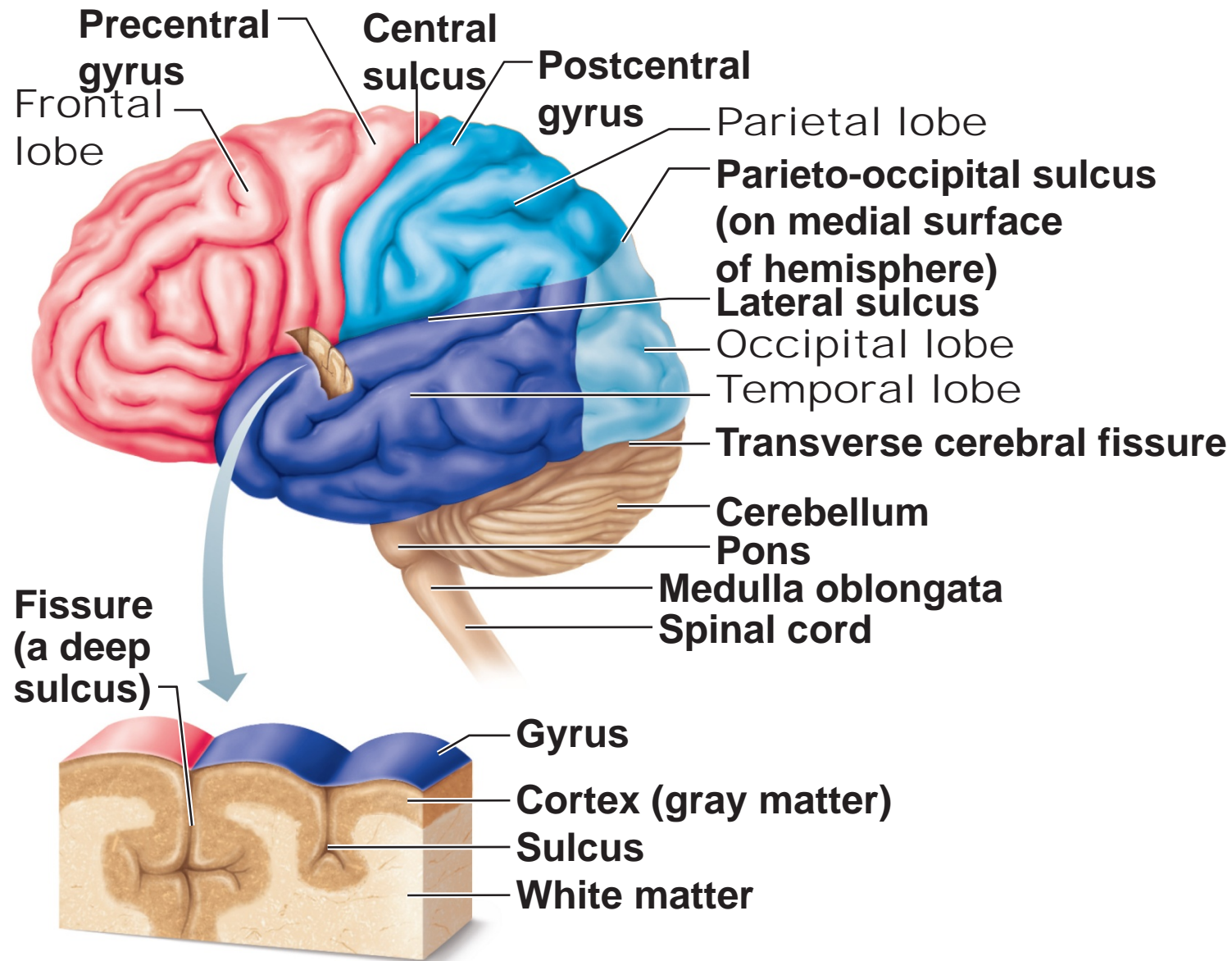
1. **Hypertension (high blood pressure):** high blood pressure opens the BBB.
2. **Development:** the BBB is not fully formed at birth.
3. **Hyperosmolality:** a high concentration of a substance in the blood can open the BBB.
4. **Microwaves:** exposure to microwaves can open the BBB.
5. **Radiation:** exposure to radiation can open the BBB.
6. **Infection:** exposure to infectious agents can open the BBB.
7. **Trauma, Ischemia, Inflammation, Pressure:** injury to the brain can open the BBB.

# Cerebral Hemispheres

- Surface markings
  - Ridges (gyri), shallow grooves (sulci), and deep grooves (fissures)
  - Five lobes
    - Frontal
    - Parietal
    - Temporal
    - Occipital
    - Insula

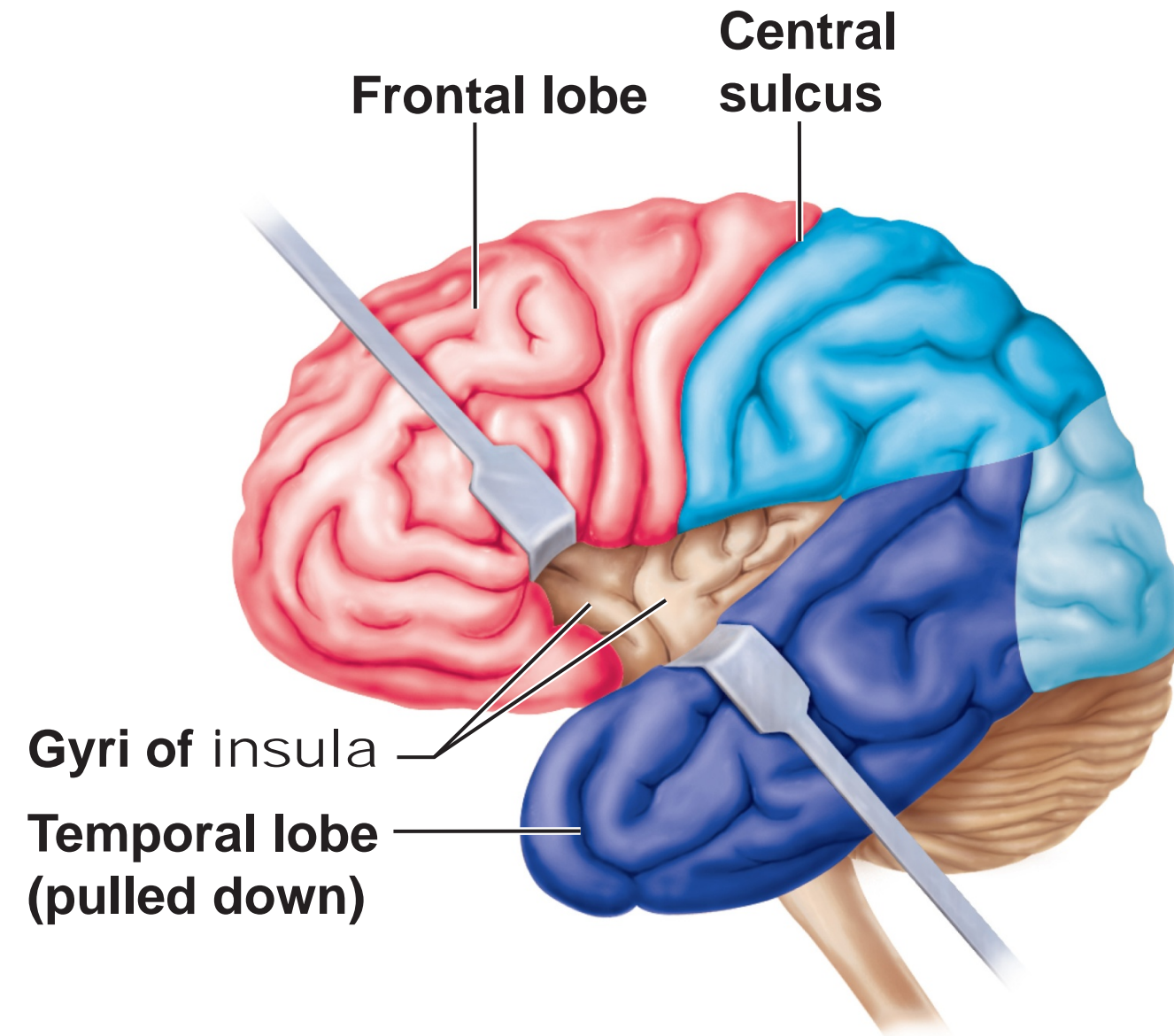
# Cerebral Hemispheres

- Surface markings
  - Central sulcus
    - Separates the precentral gyrus of the frontal lobe and the postcentral gyrus of the parietal lobe
  - Longitudinal fissure
    - Separates the two hemispheres
  - Transverse cerebral fissure
    - Separates the cerebrum and the cerebellum



(a)

Figure 12.6a



(b)

Figure 12.6b

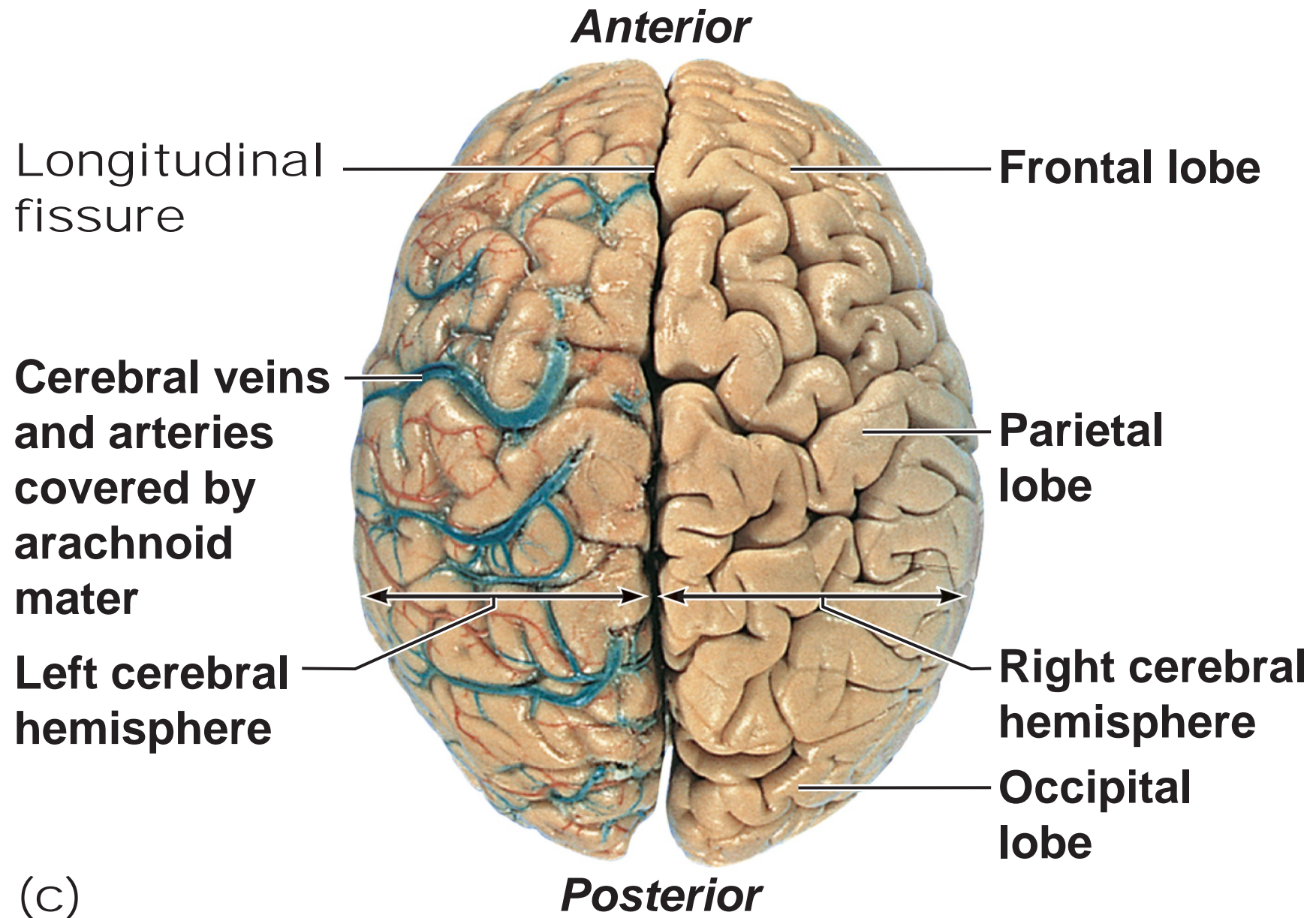
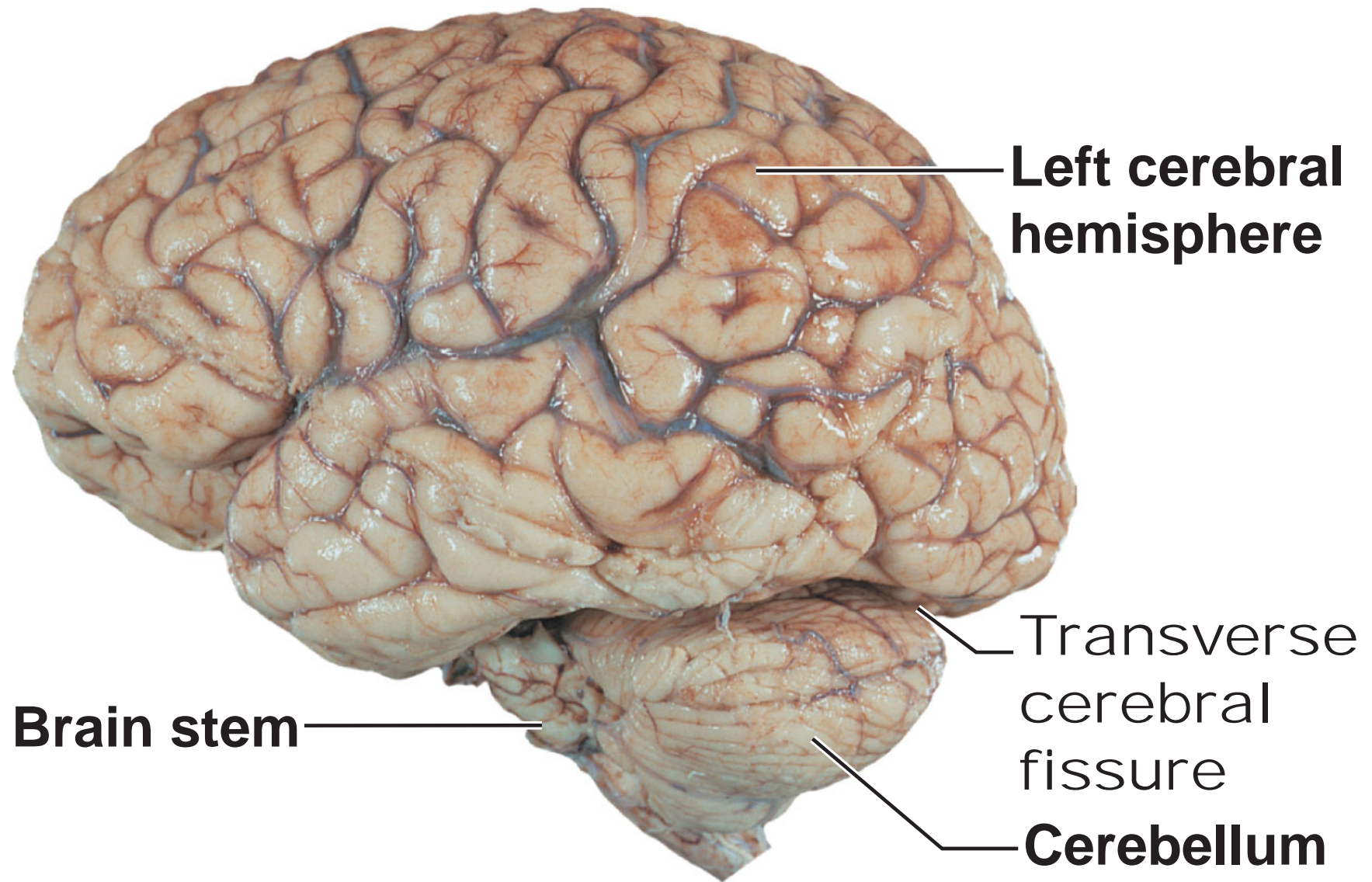


Figure 12.6c





(d)

Figure 12.6d

# Cerebral Cortex

- Thin (2–4 mm) superficial layer of gray matter
- 40% of the mass of the brain
- Site of conscious mind: awareness, sensory perception, voluntary motor initiation, communication, memory storage, understanding
- Each hemisphere connects to contralateral side of the body
- There is lateralization of cortical function in the hemispheres

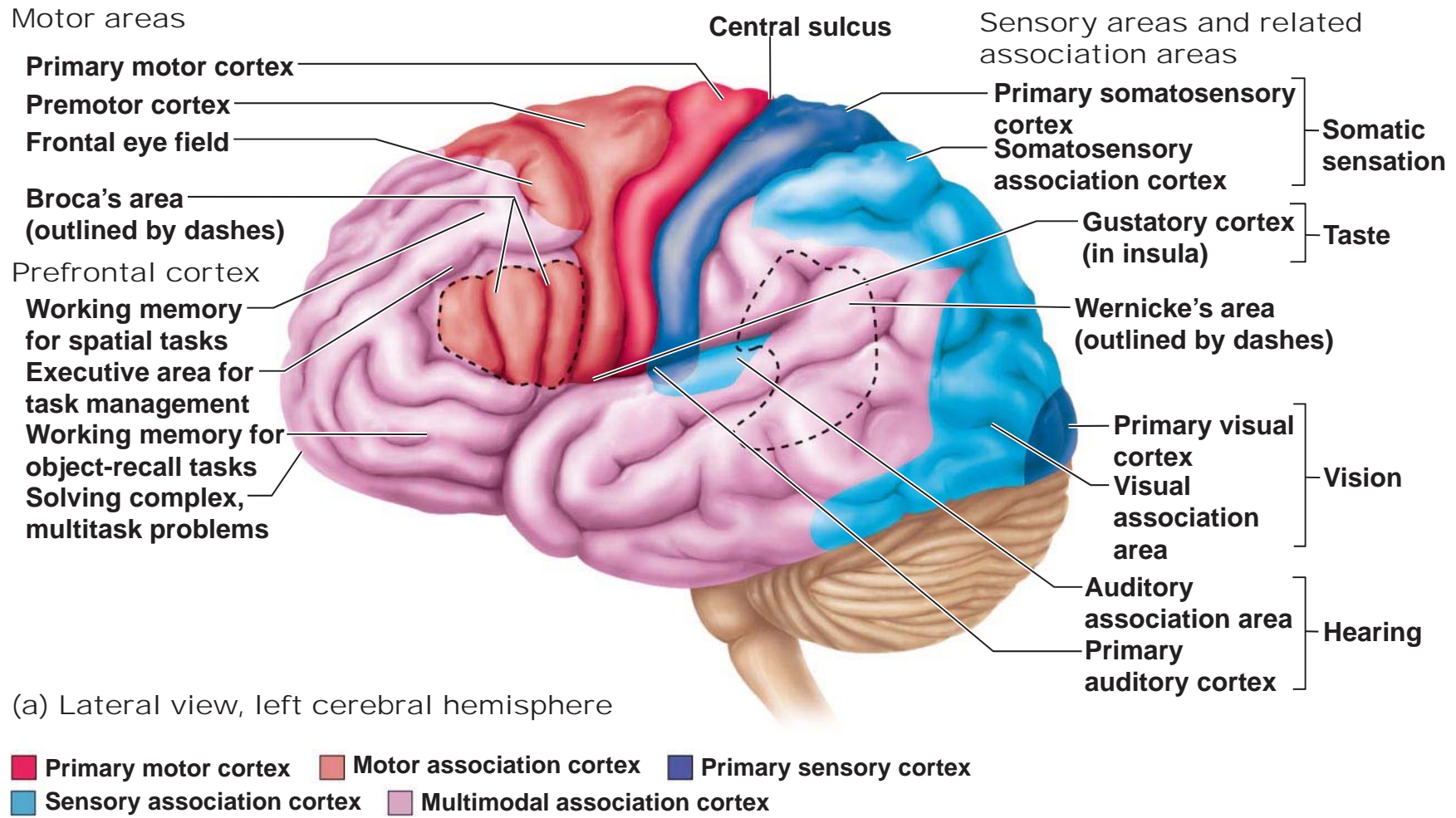


# Functional Areas of the Cerebral Cortex

- The three types of functional areas are:
  - Motor areas—control voluntary movement
  - Sensory areas—conscious awareness of sensation
  - Association areas—integrate diverse information
- Conscious behavior involves the entire cortex

# Motor Areas

- Primary (somatic) motor cortex
- Premotor cortex
- Broca's area
- Frontal eye field



(a) Lateral view, left cerebral hemisphere

Figure 12.8a

# Primary Motor Cortex

- Large pyramidal cells of the precentral gyri
- Long axons → pyramidal (corticospinal) tracts
- Allows conscious control of precise, skilled, voluntary movements
- Motor homunculi: upside-down caricatures representing the motor innervation of body regions

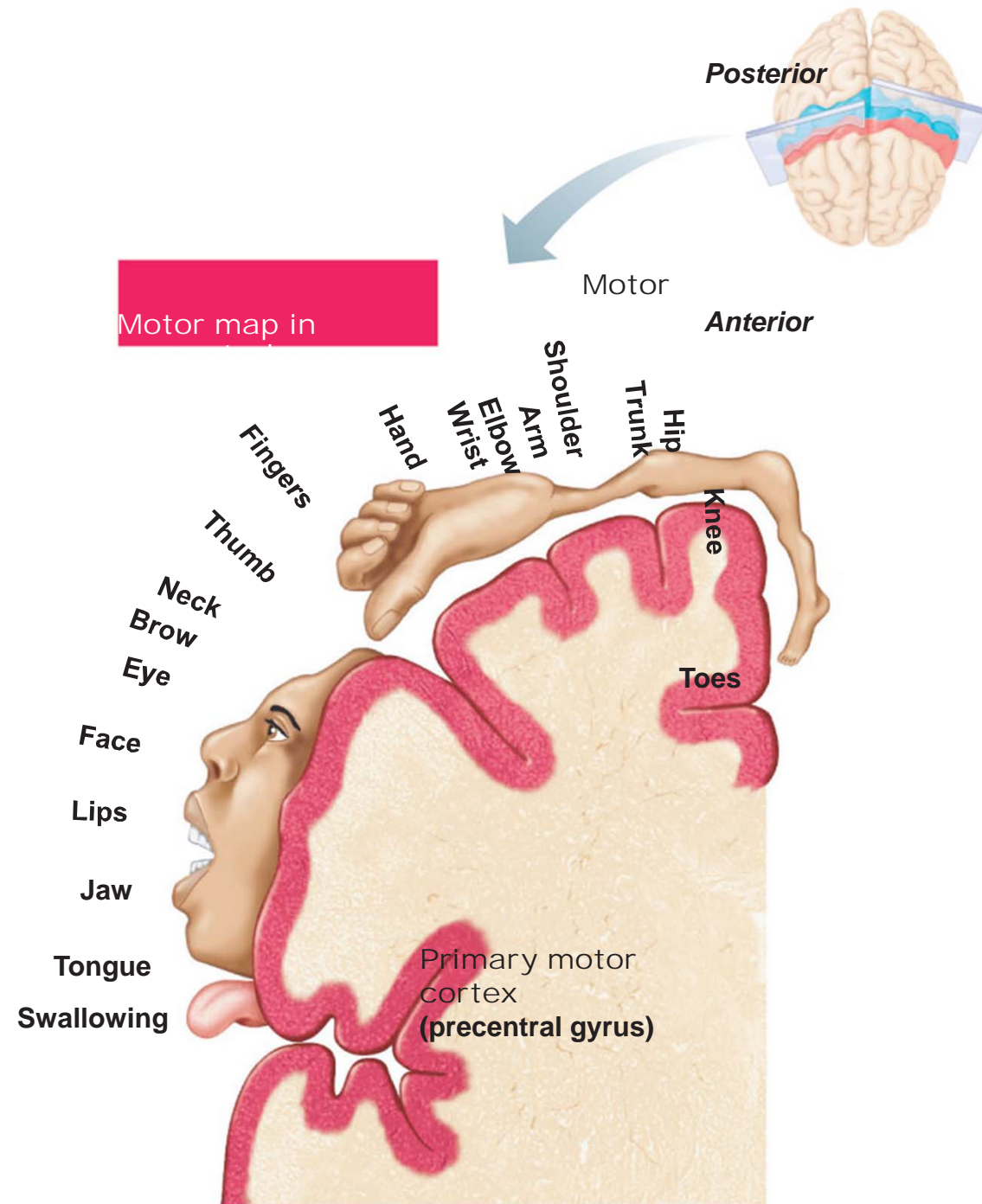


Figure 12.9

# Premotor Cortex

- Anterior to the precentral gyrus
- Controls learned, repetitious, or patterned motor skills
- Coordinates simultaneous or sequential actions
- Involved in the planning of movements that depend on sensory feedback

# Broca's Area

- Anterior to the inferior region of the premotor area
- Present in one hemisphere (usually the left)
- A motor speech area that directs muscles of the tongue
- Is active as one prepares to speak

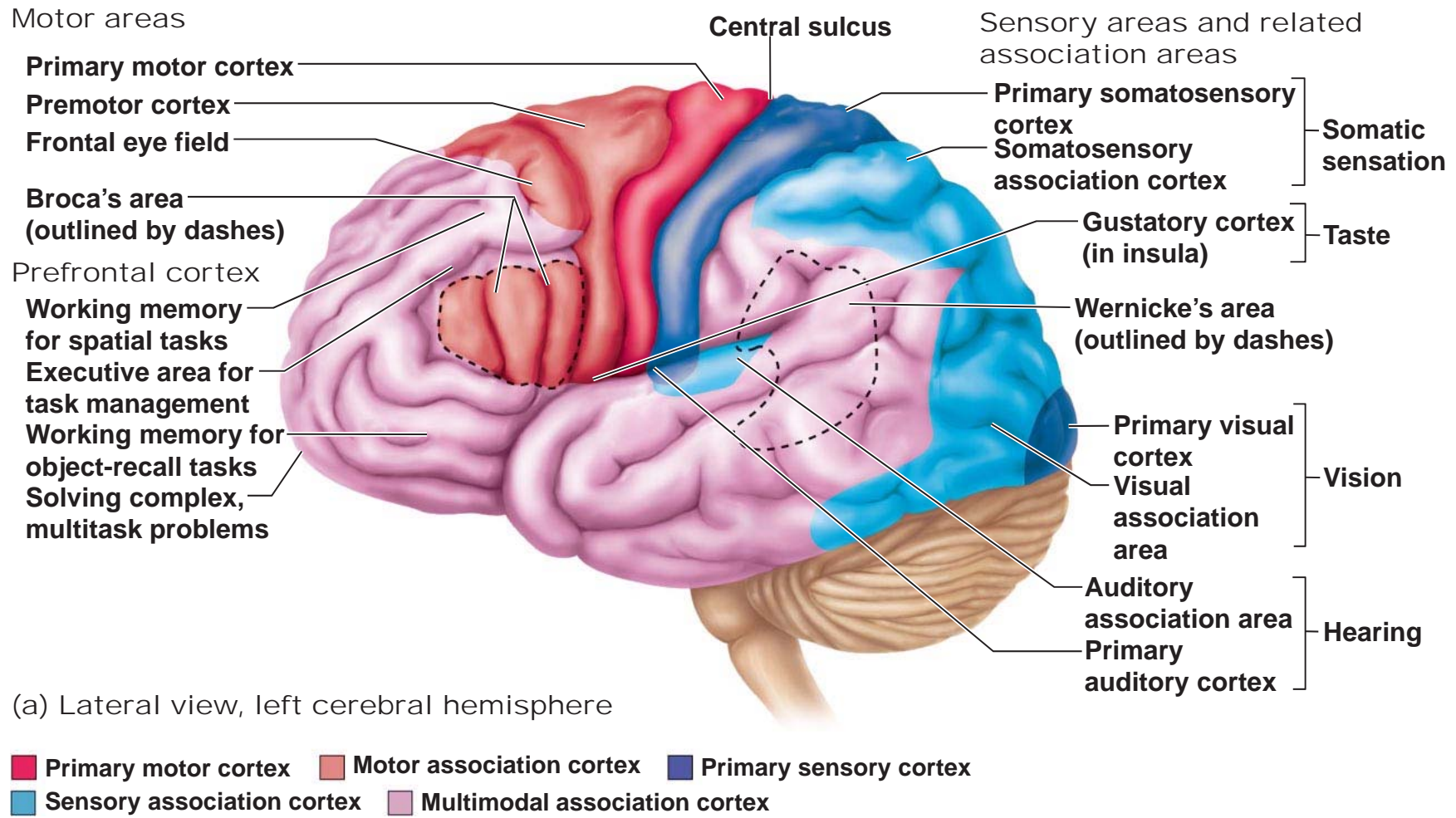
# Frontal Eye Field

- Anterior to the premotor cortex and superior to Broca's area
- Controls voluntary eye movements



# Sensory Areas

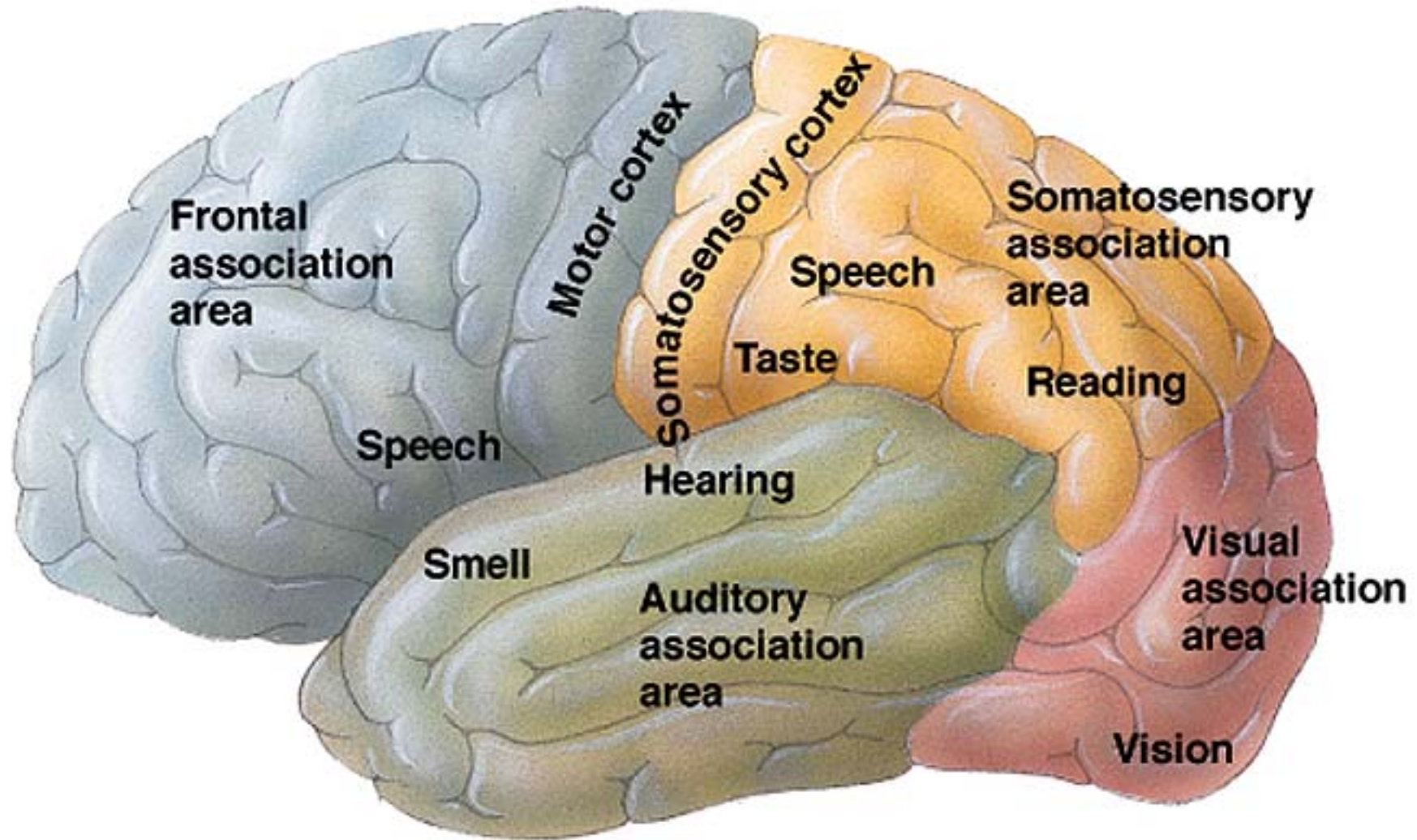
- Primary somatosensory cortex
- Somatosensory association cortex
- Visual areas
- Auditory areas
- Olfactory cortex
- Gustatory cortex
- Visceral sensory area
- Vestibular cortex



(a) Lateral view, left cerebral hemisphere

Figure 12.8a

# Motor, Sensory & Association Cortex



# Primary Somatosensory Cortex

- In the postcentral gyri
- Receives sensory information from the skin, skeletal muscles, and joints
- Capable of spatial discrimination: identification of body region being stimulated

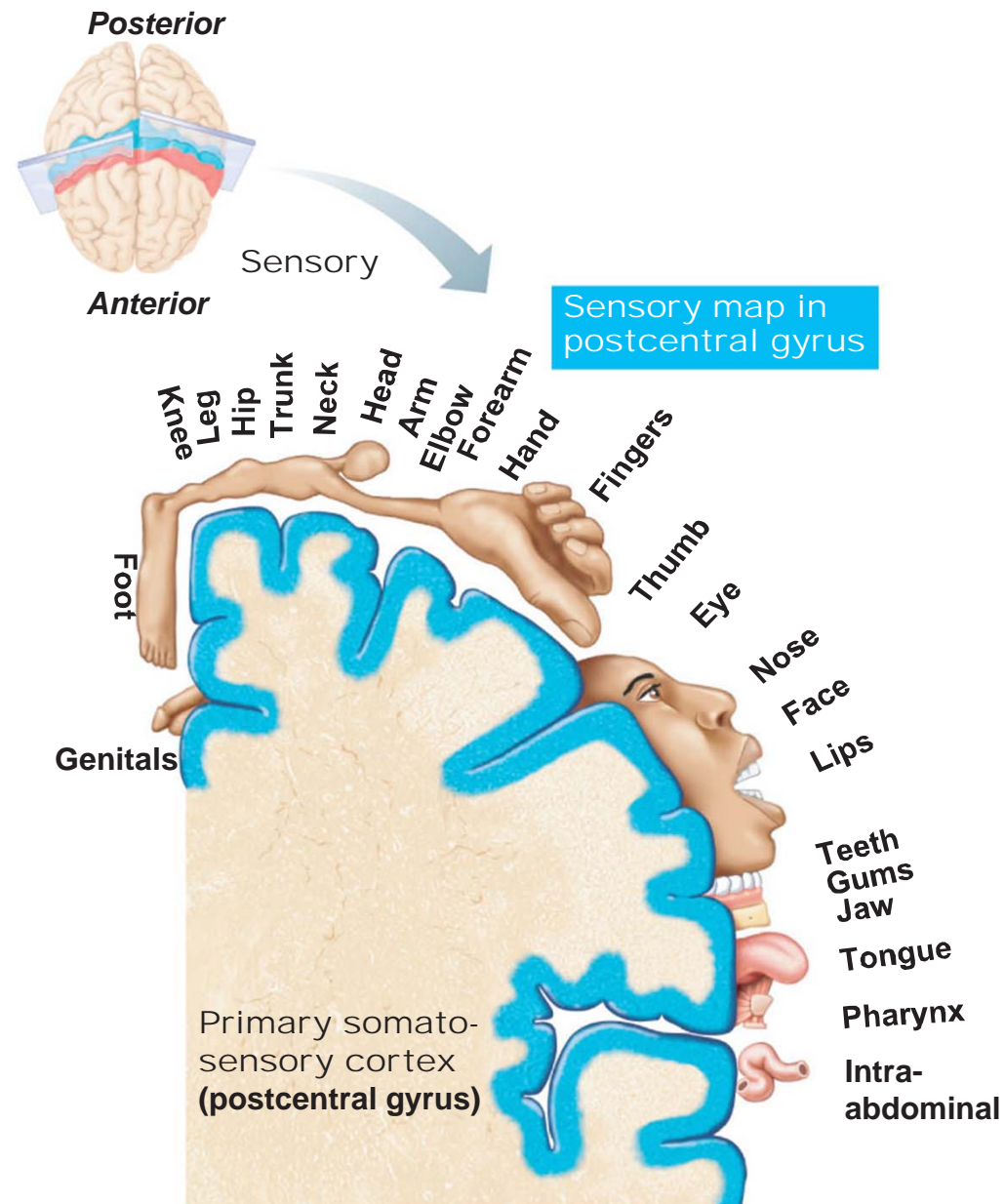


Figure 12.9

# Somatosensory Association Cortex

- Posterior to the primary somatosensory cortex
- Integrates sensory input from primary somatosensory cortex
- Determines size, texture, and relationship of parts of objects being felt

# Visual Areas

- Primary visual (striate) cortex
  - Extreme posterior tip of the occipital lobe
  - Most of it is buried in the calcarine sulcus
  - Receives visual information from the retinas

# Visual Areas

- Visual association area
  - Surrounds the primary visual cortex
  - Uses past visual experiences to interpret visual stimuli (e.g., color, form, and movement)
  - Complex processing involves entire posterior half of the hemispheres



# Auditory Areas

- Primary auditory cortex
  - Superior margin of the temporal lobes
  - Interprets information from inner ear as pitch, loudness, and location
- Auditory association area
  - Located posterior to the primary auditory cortex
  - Stores memories of sounds and permits perception of sounds

# Olfactory Cortex

- Medial aspect of temporal lobes (in piriform lobes)
- Part of the primitive rhinencephalon, along with the olfactory bulbs and tracts
  - (Remainder of the rhinencephalon in humans is part of the limbic system)
- Region of conscious awareness of odors

# Gustatory Cortex

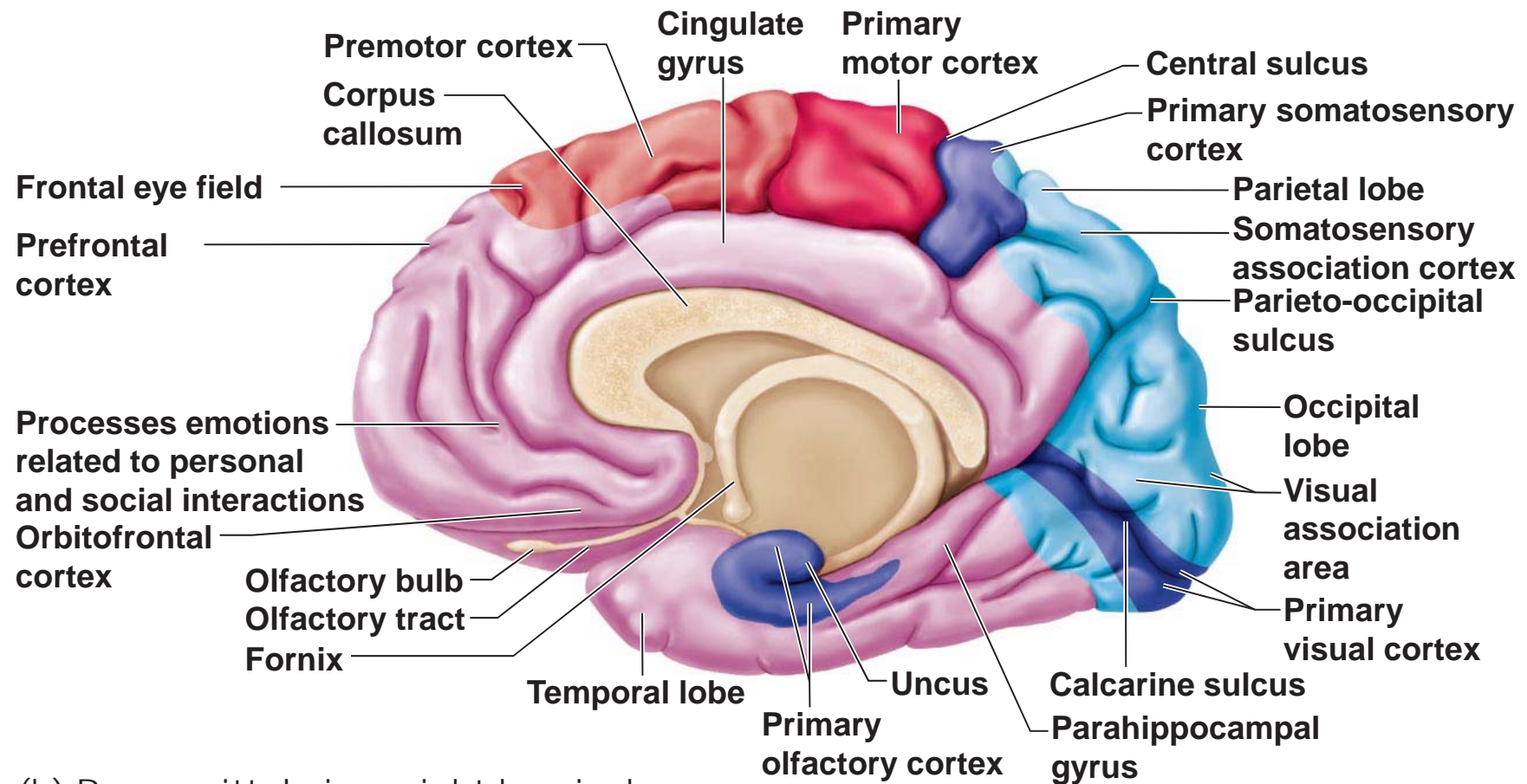
- In the insula
- Involved in the perception of taste

# Visceral Sensory Area

- Posterior to gustatory cortex
- Conscious perception of visceral sensations, e.g., upset stomach or full bladder

# Vestibular Cortex

- Posterior part of the insula and adjacent parietal cortex
- Responsible for conscious awareness of balance (position of the head in space)



(b) Parasagittal view, right hemisphere

■ Primary motor cortex  
 ■ Motor association cortex  
 ■ Primary sensory cortex  
■ Sensory association cortex  
 ■ Multimodal association cortex

Figure 12.8b

# Multimodal Association Areas

- Receive inputs from multiple sensory areas
- Send outputs to multiple areas, including the premotor cortex
- Allow us to give meaning to information received, store it as memory, compare it to previous experience, and decide on action to take

# Multimodal Association Areas

- Three parts
  - Anterior association area  
(prefrontal cortex)
  - Posterior association area
  - Limbic association area



# Anterior Association Area (Prefrontal Cortex)

- Most complicated cortical region
- Involved with intellect, cognition, recall, and personality
- Contains working memory needed for judgment, reasoning, persistence, and conscience
- Development depends on feedback from social environment

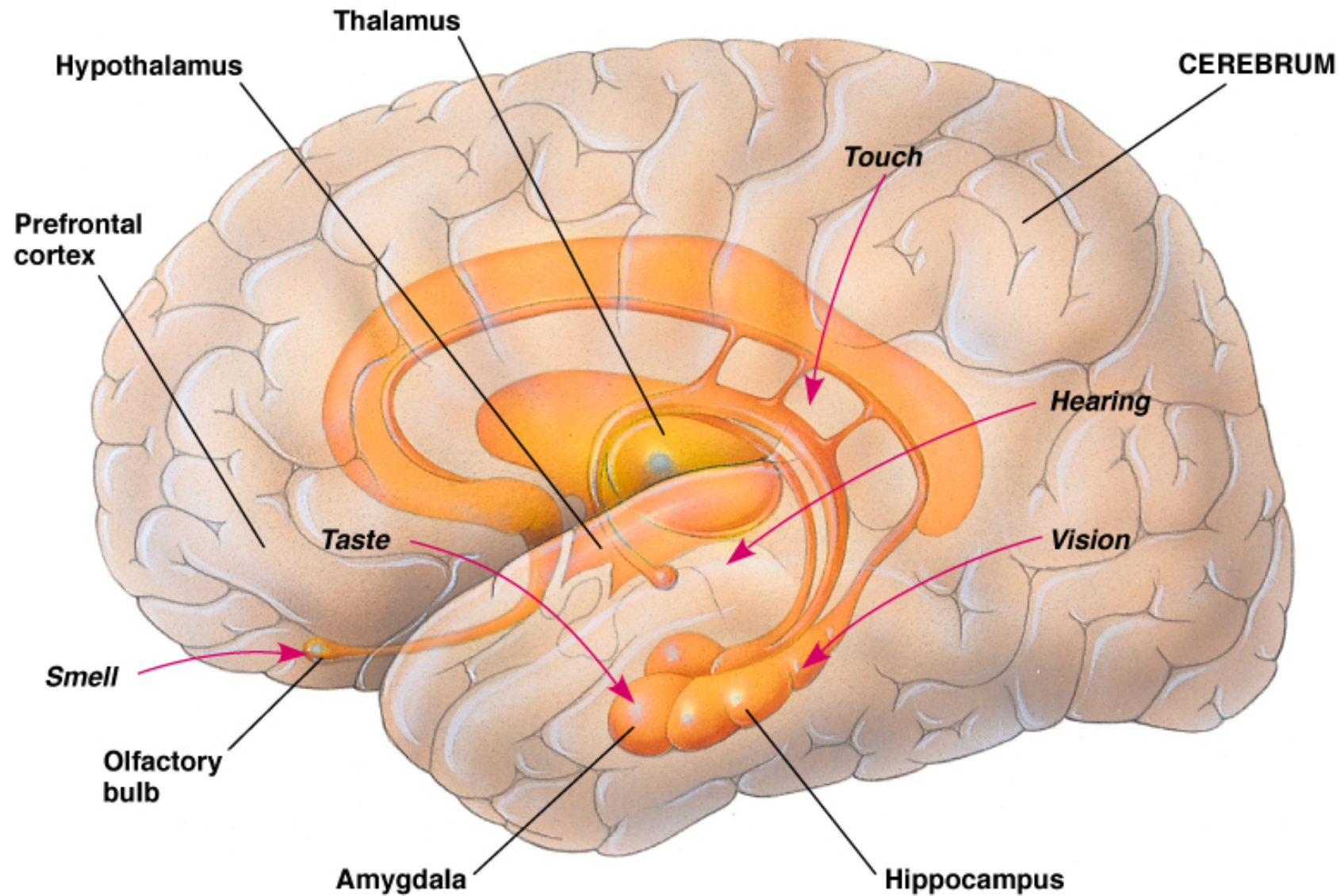
# Posterior Association Area

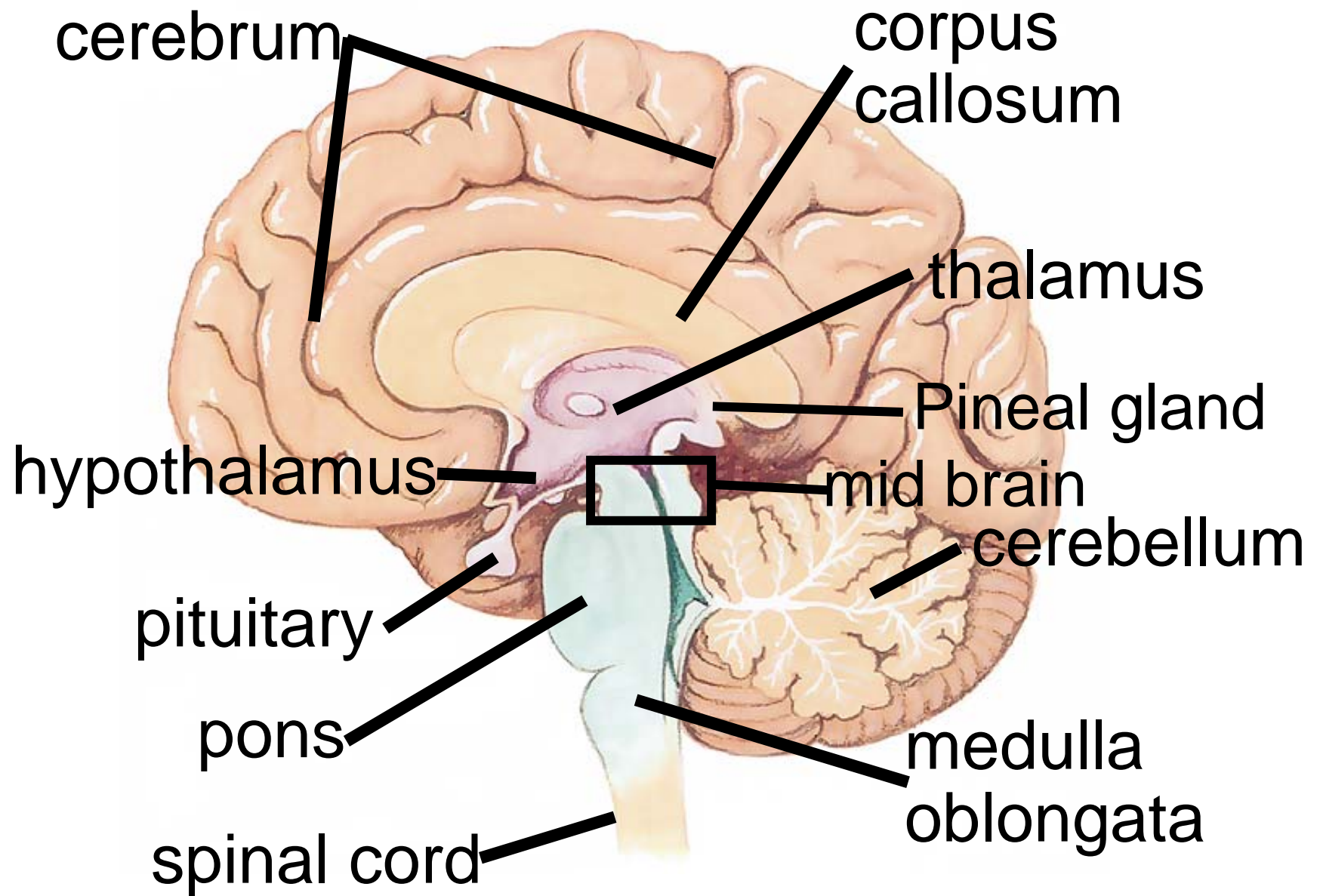
- Large region in temporal, parietal, and occipital lobes
- Plays a role in recognizing patterns and faces and localizing us in space
- Involved in understanding written and spoken language (Wernicke's area)

# Limbic Association Area

- Part of the limbic system
- Provides emotional impact that helps establish memories

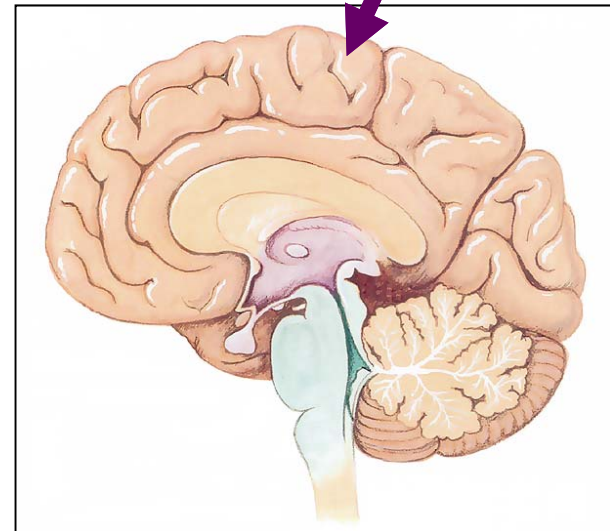
# The Limbic System





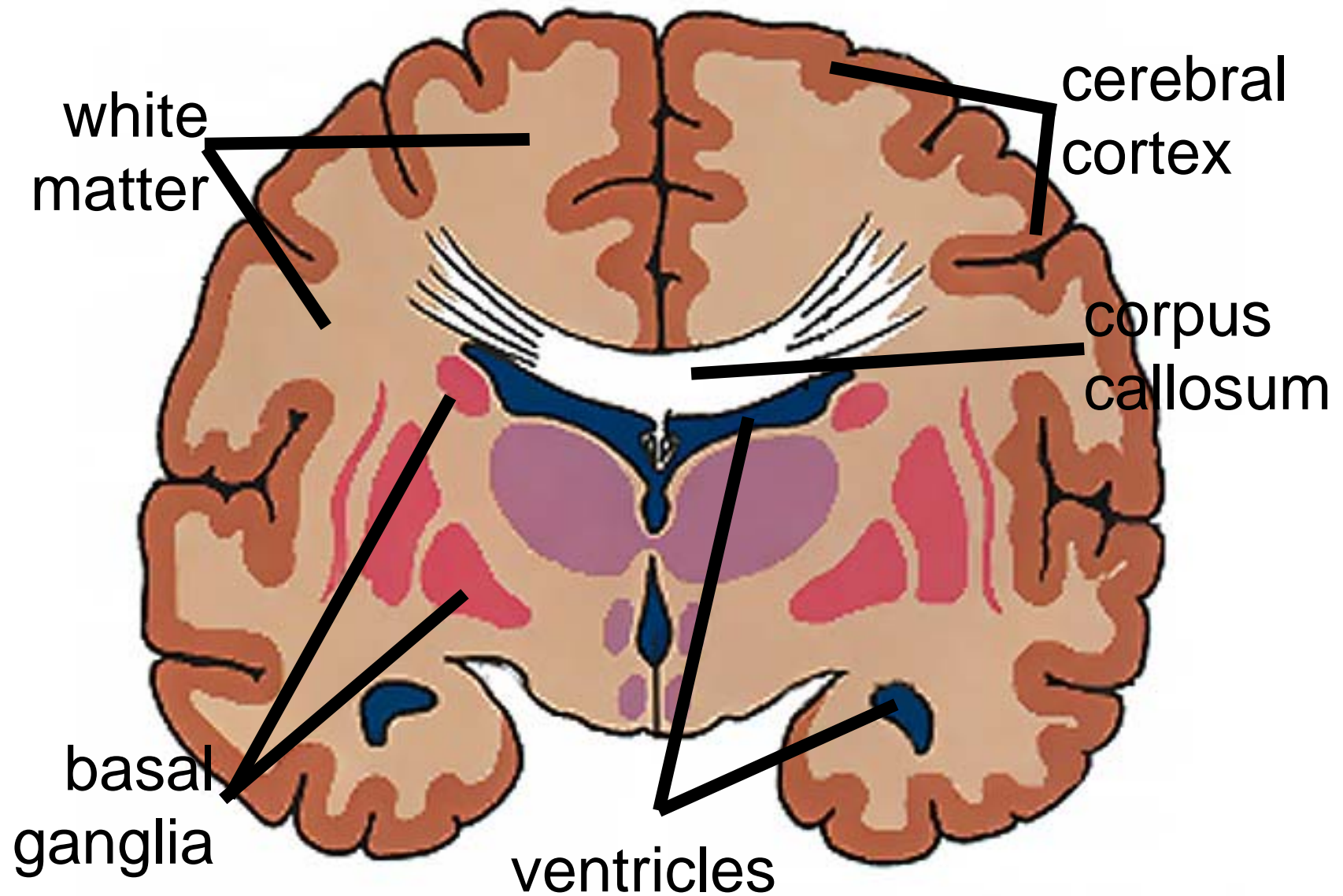
# Cerebrum

- Involved with higher brain functions.
- Processes sensory information.
- Initiates motor functions.
- Integrates information.





# Cerebrum Cross-Section



# Right-Left Specialization of the Cerebrum

## left side

- language development
- mathematical & learning capabilities
- sequential thought processes

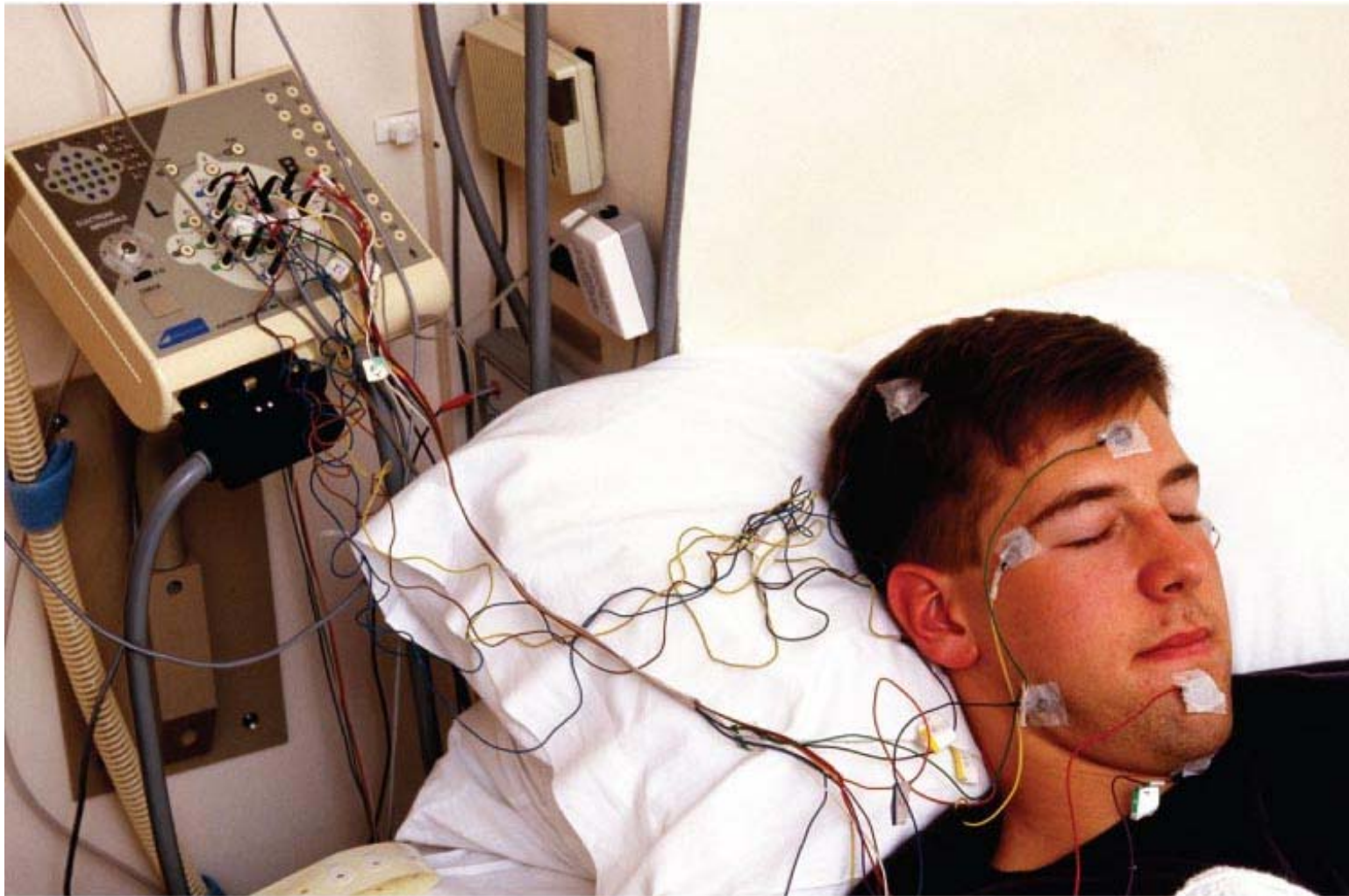
## right side

- visual spatial skills
- musical and artistic activities
- intuitive abilities



# Electroencephalogram (EEG)

- Records electrical activity that accompanies brain function
- Measures electrical potential differences between various cortical areas



(a) Scalp electrodes are used to record brain wave activity (EEG).

# Brain Waves

- Patterns of neuronal electrical activity
- Generated by synaptic activity in the cortex
- Each person's brain waves are unique
- Can be grouped into four classes based on frequency measured as Hertz (Hz)

# Types of Brain Waves

## Alpha waves:

- 8-13 Hz
- awake or resting w/eyes closed
- disappear during sleep

## Beta Waves:

- 14-30 Hz
- sensory input and mental activity

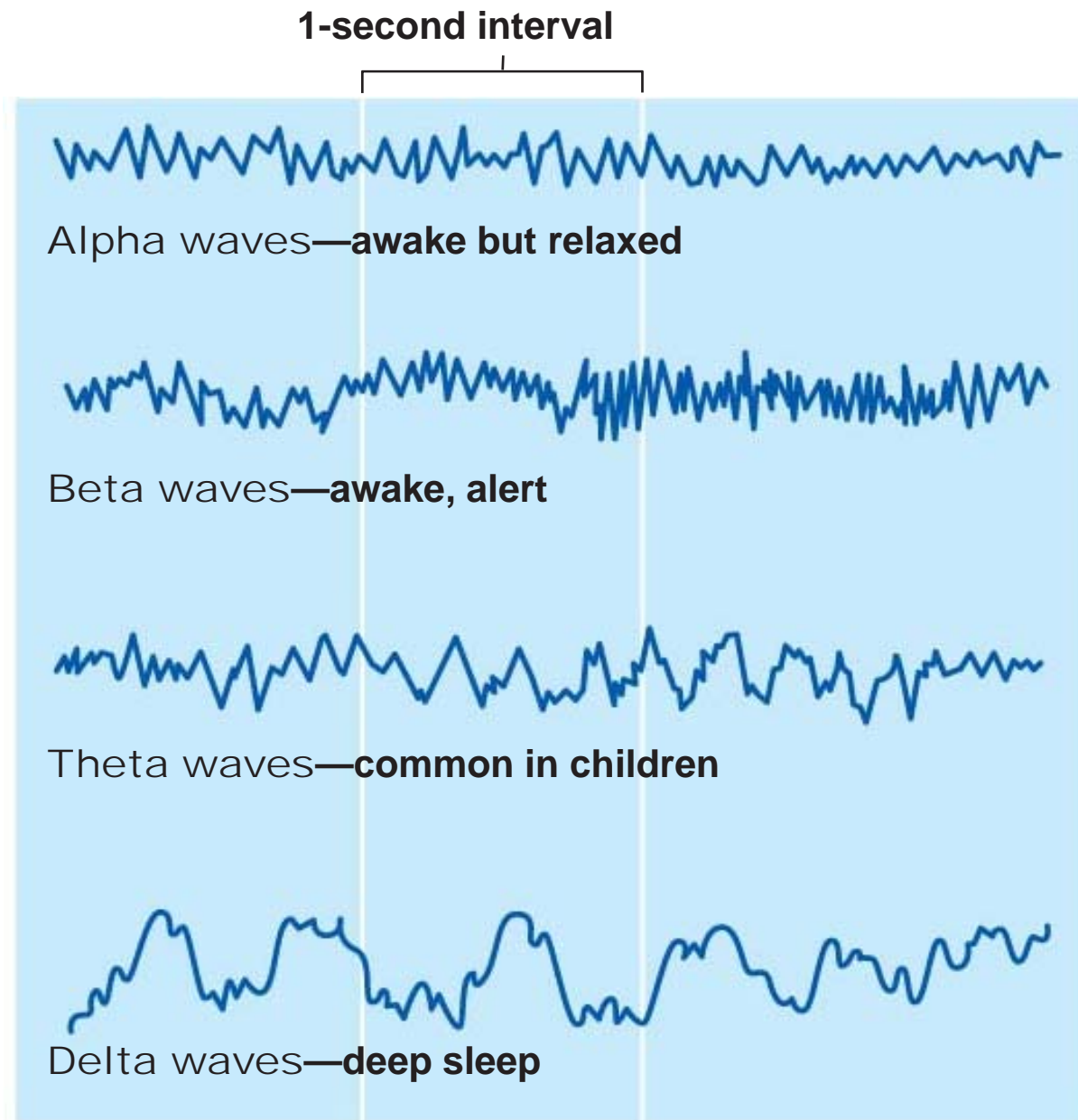
# Brain Waves

## Theta Waves:

- 4-7 Hz
- emotional stress

## Delta Waves:

- 1-5 Hz
- deep sleep in adults
- normal in awake infants



(b) Brain waves shown in EEGs fall into four general classes.

Figure 12.20b

# Brain Waves: State of the Brain

- Change with age, sensory stimuli, brain disease, and the chemical state of the body
- EEGs used to diagnose and localize brain lesions, tumors, infarcts, infections, abscesses, and epileptic lesions
- A flat EEG (no electrical activity) is clinical evidence of death

# Epilepsy

- A victim of epilepsy may lose consciousness, fall stiffly, and have uncontrollable jerking
- Epilepsy is not associated with intellectual impairments
- Epilepsy occurs in 1% of the population



# Epileptic Seizures

- Absence seizures, or petit mal
  - Mild seizures seen in young children where the expression goes blank
- Tonic-clonic (grand mal) seizures
  - Victim loses consciousness, bones are often broken due to intense contractions, may experience loss of bowel and bladder control, and severe biting of the tongue

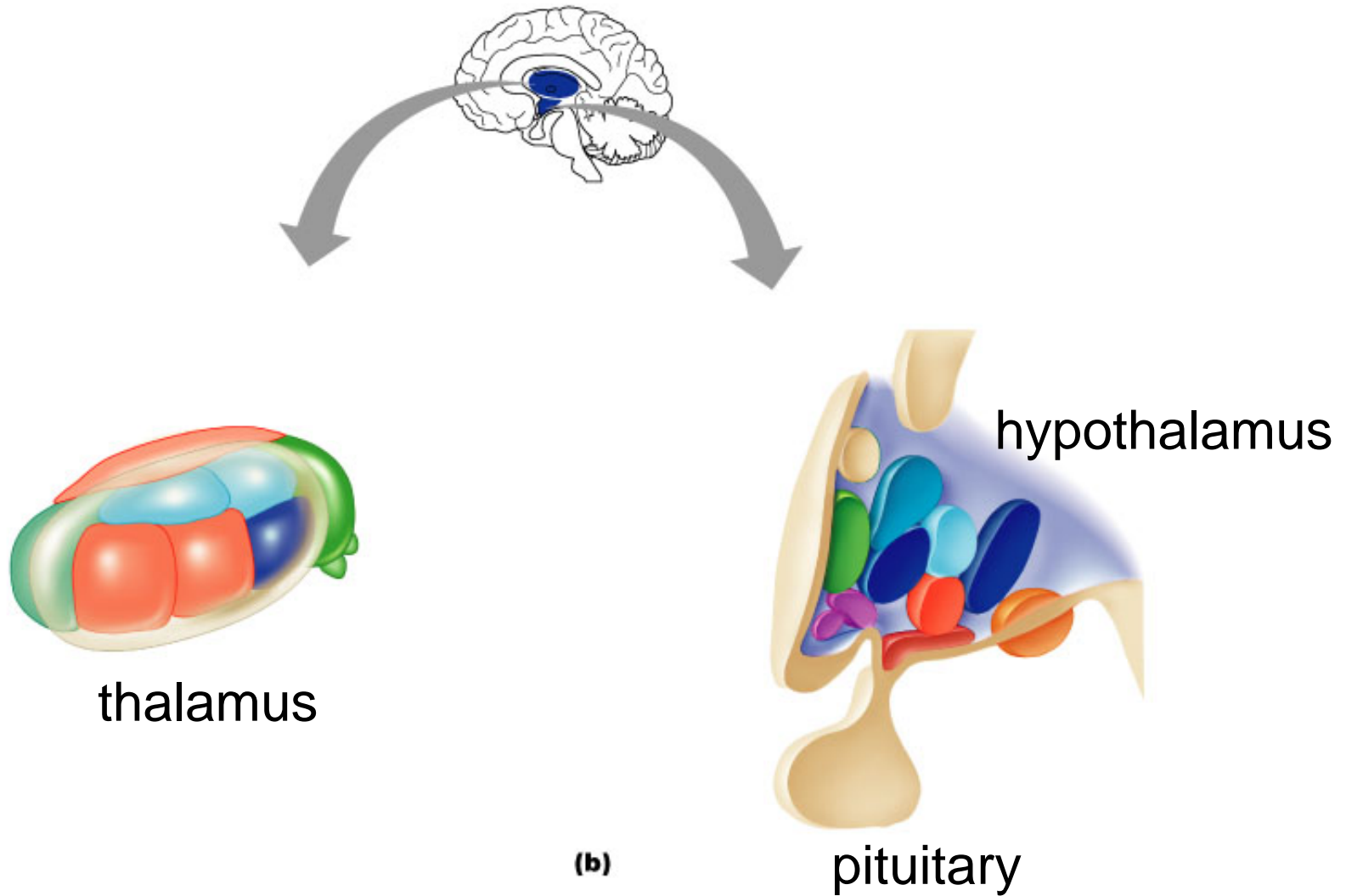
# Control of Epilepsy

- Anticonvulsive drugs
- Vagus nerve stimulators implanted under the skin of the chest can keep electrical activity of the brain from becoming chaotic

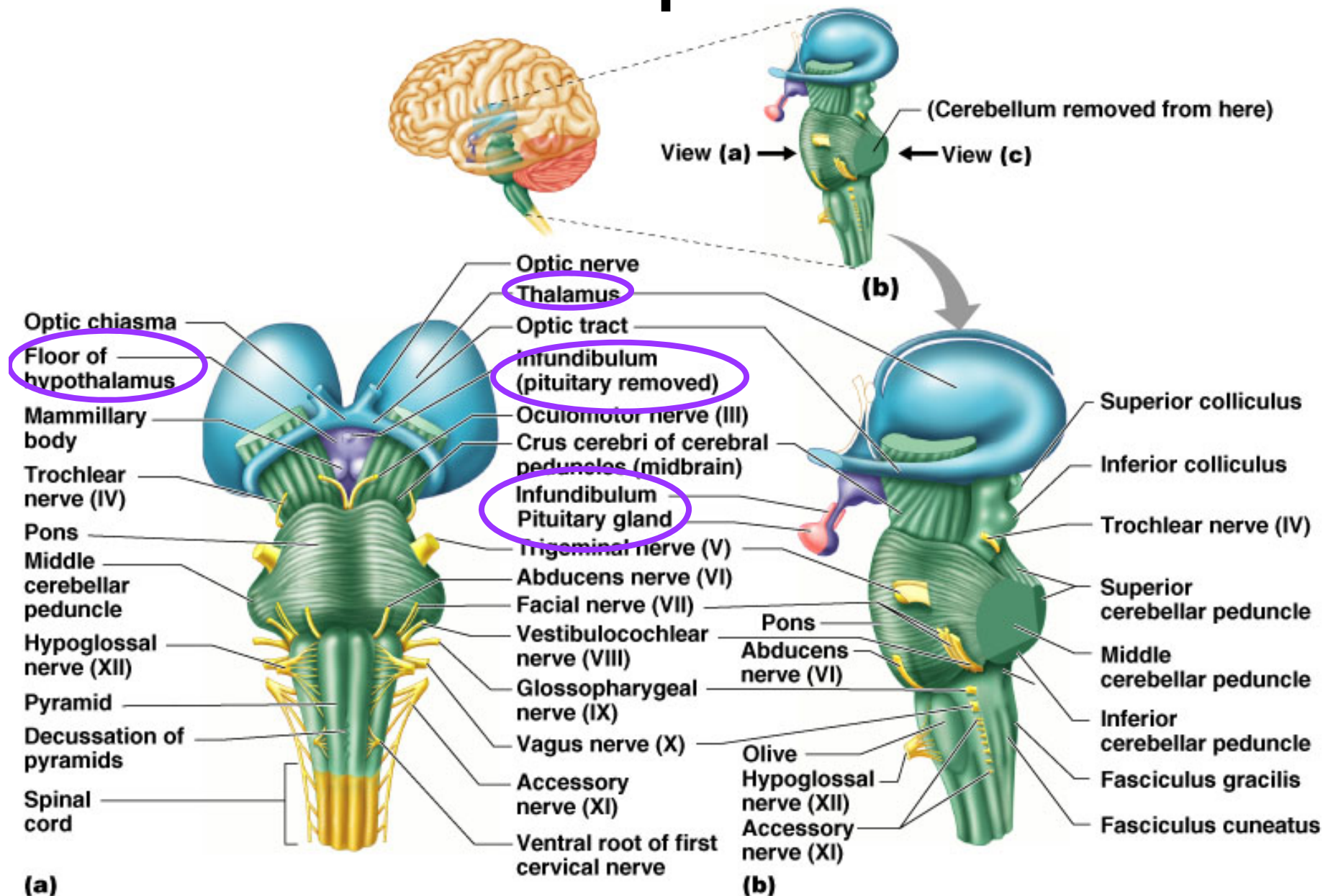
# Diencephalon

- Thalamus
- Epithalamus:
  - pineal
  - habenular nuclei
- Hypothalamus
- Subthalamus
  - subthalamic nuclei

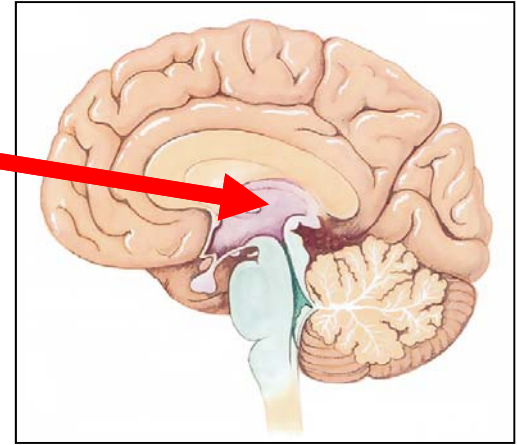
# Diencephalon



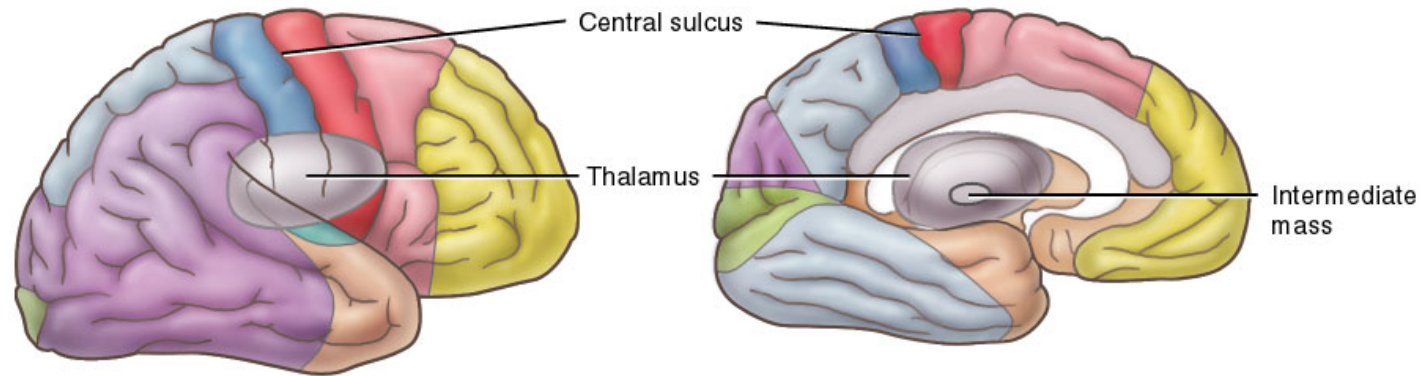
# Diencephalon



# Thalamus



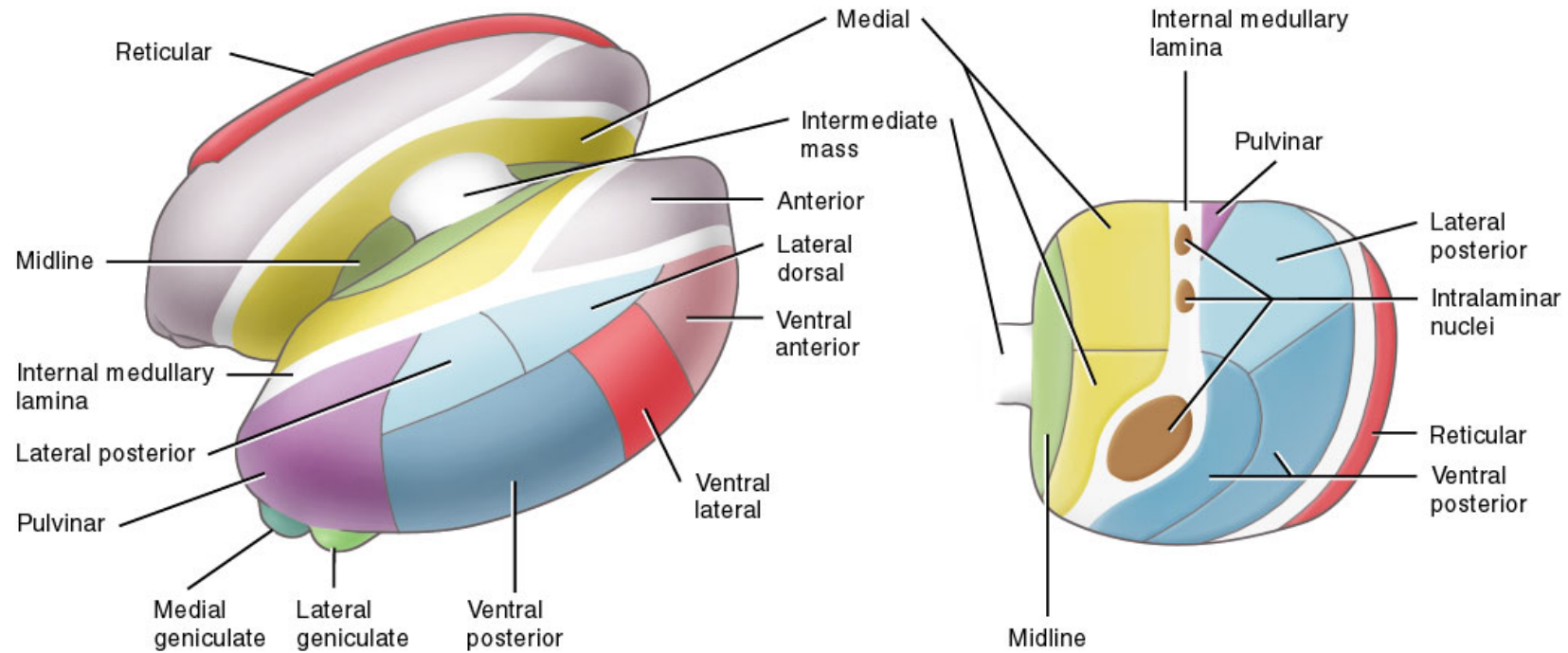
- Relay center for sensory tracts from the spinal cord to the cerebrum.
- Contains centers for sensation of pain, temperature, and touch.
- Involved with emotions and alerting or arousal mechanisms.



(a) Lateral view of right cerebral hemisphere

(b) Medial view of left cerebral hemisphere

# Thalamus

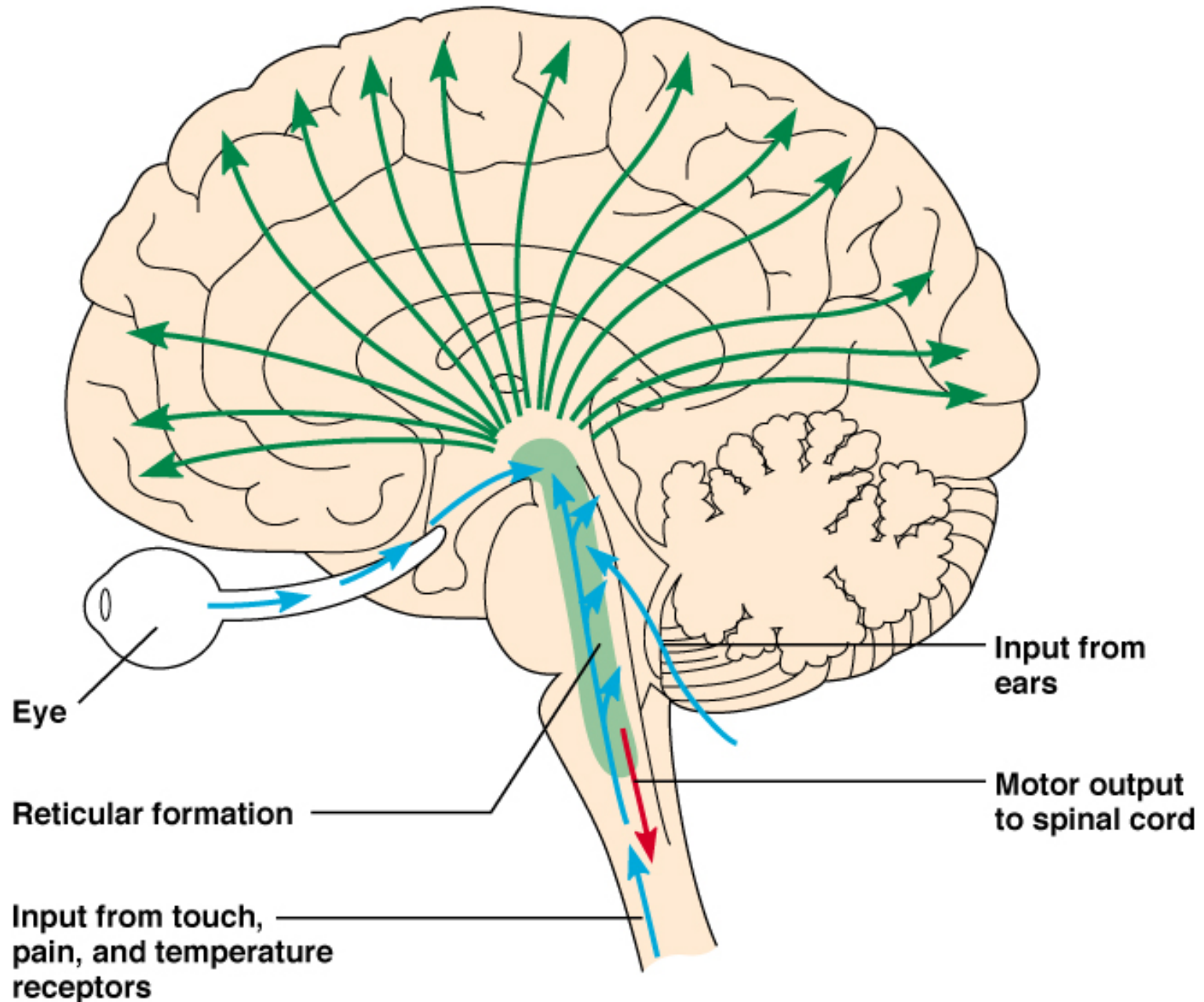


(c) Superolateral view of thalamus showing locations of thalamic nuclei (reticular nucleus is shown on the left side only; all other nuclei are shown on the right side)

(d) Transverse section of right side of thalamus showing locations of thalamic nuclei

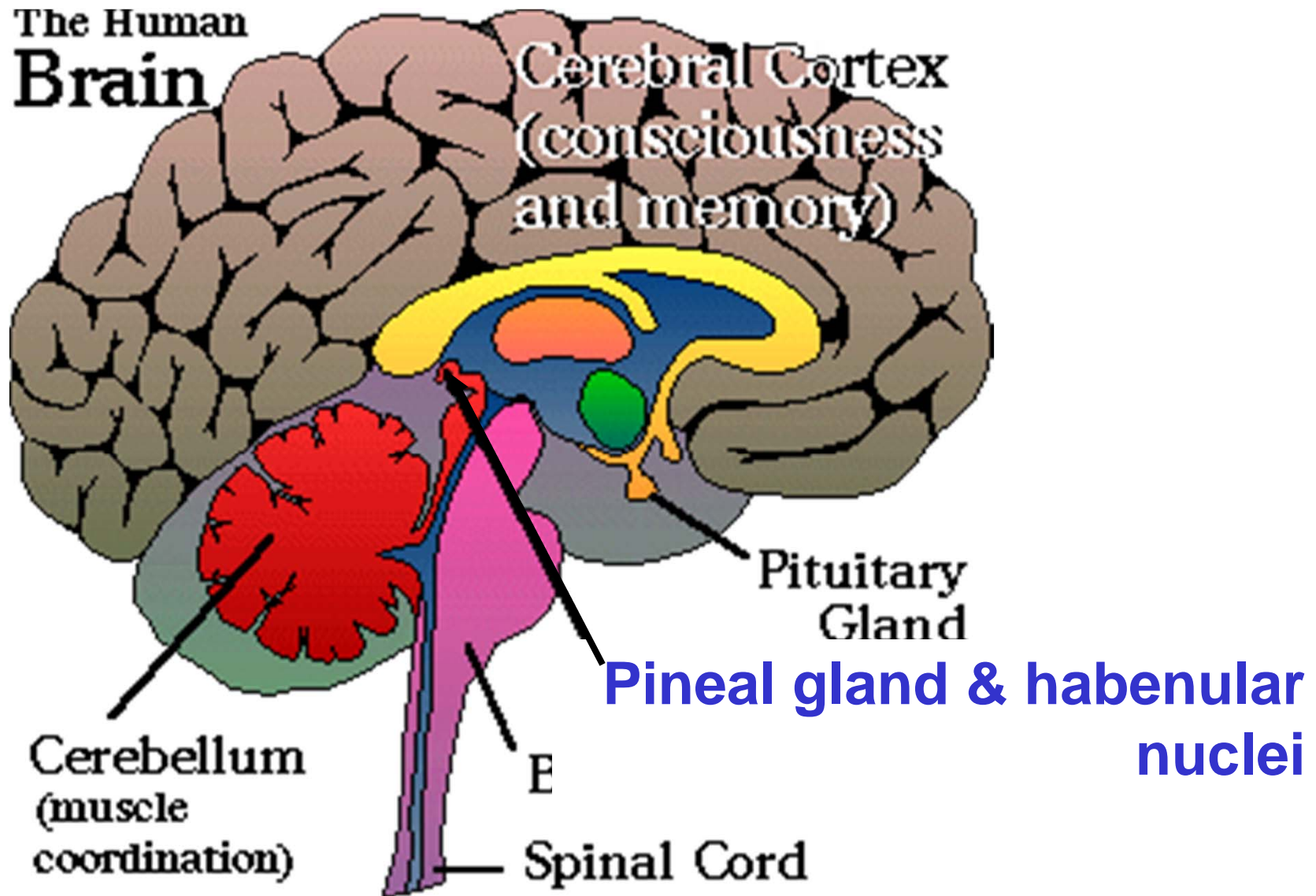


# The Reticular Formation



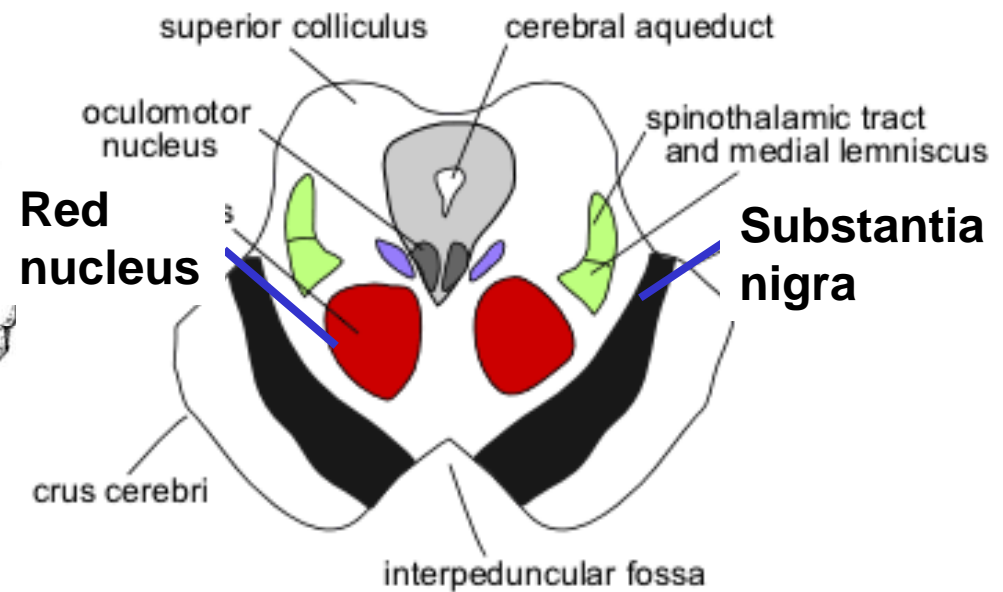
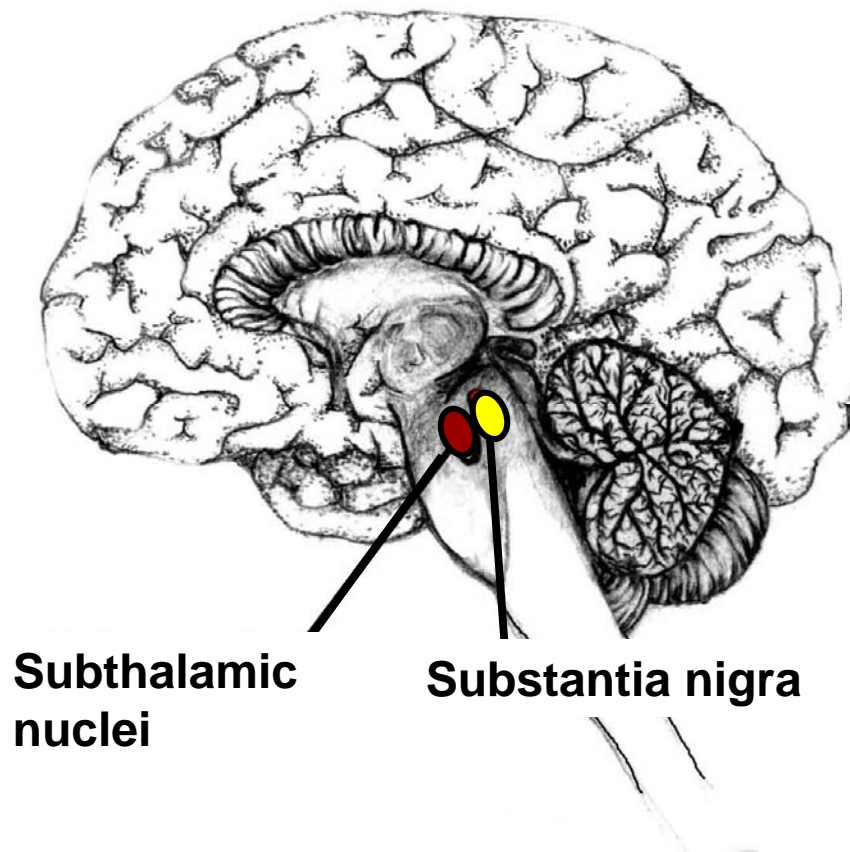


# Epithalamus



# Subthalamus

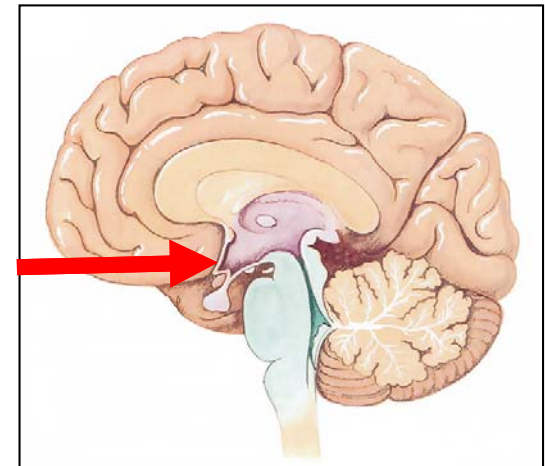
- Subthalamic nuclei
- Portions of red nucleus
- Portions of substantia nigra (dopamine)



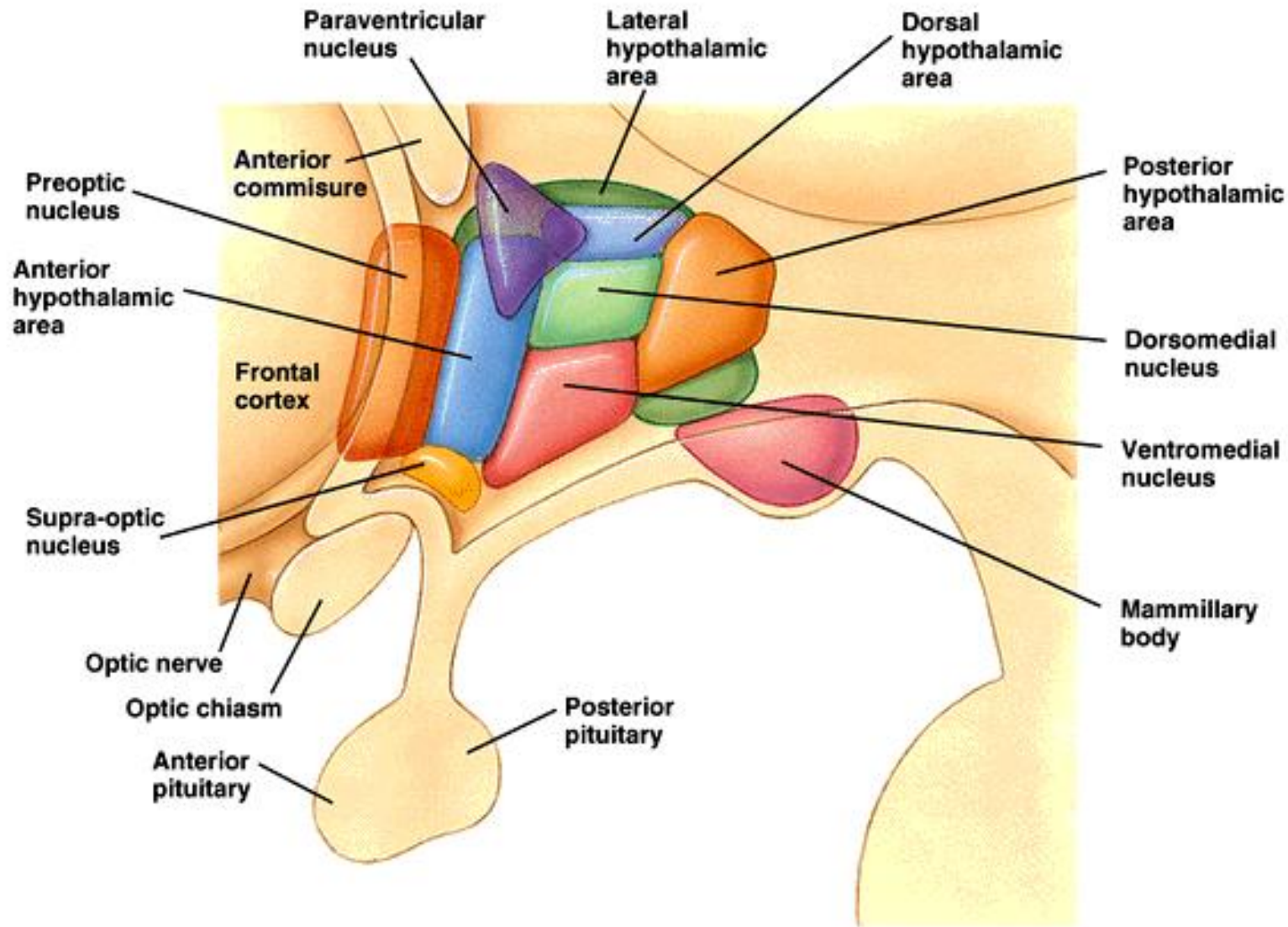
# Hypothalamus

## Regulates:

- autonomic control center- blood pressure, rate and force of heart contraction, center for emotional response and behavior
- body temperature
- water balance and thirst
- sleep/wake cycles
- appetite
- sexual arousal
- control of endocrine functioning:  
Acts on the pituitary gland through the release of neurosecretions.

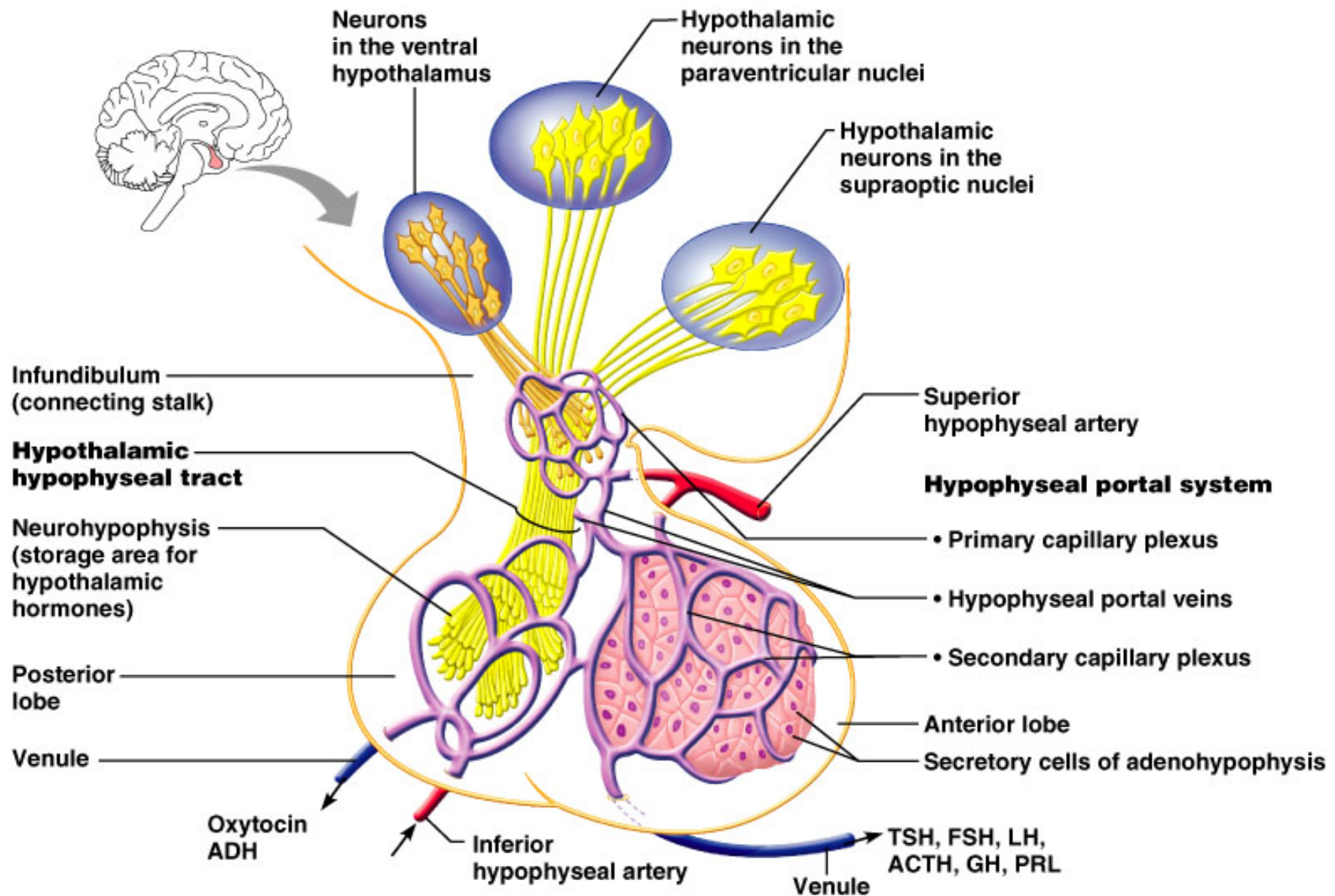


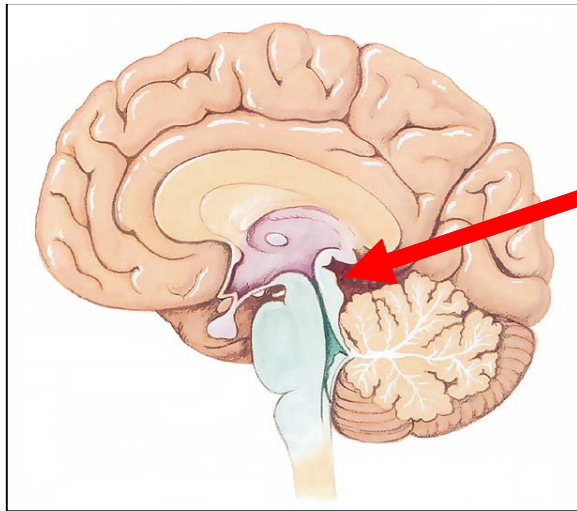
# Hypothalamus





# Pituitary

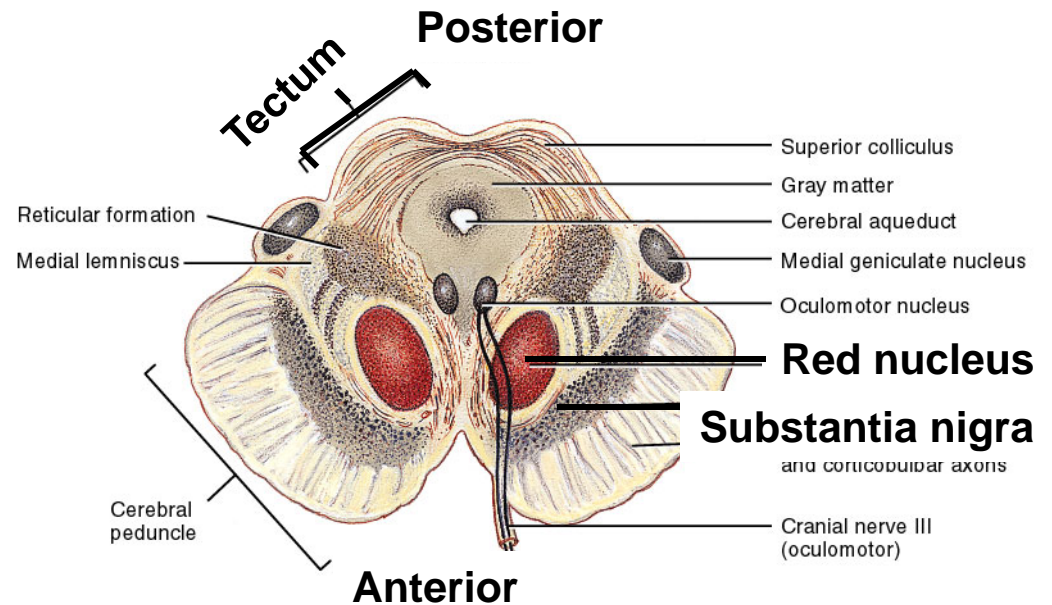
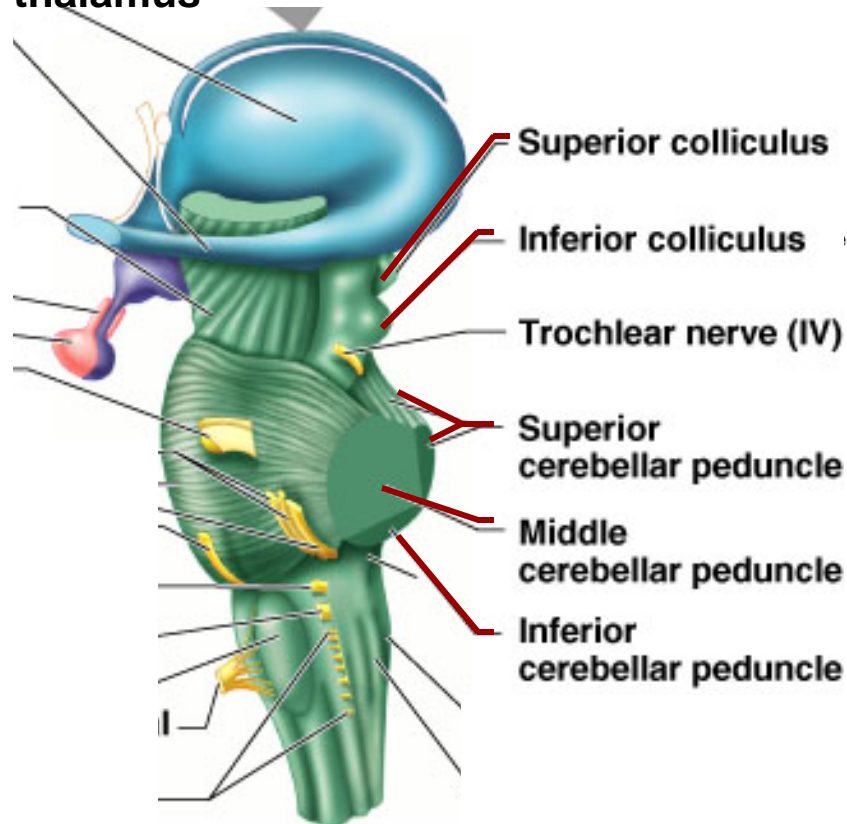




# Midbrain

- Cerebellar peduncles
- Tectum
- Superior colliculi
- Inferior colliculi
- Substantia nigra
- Red nuclei

thalamus



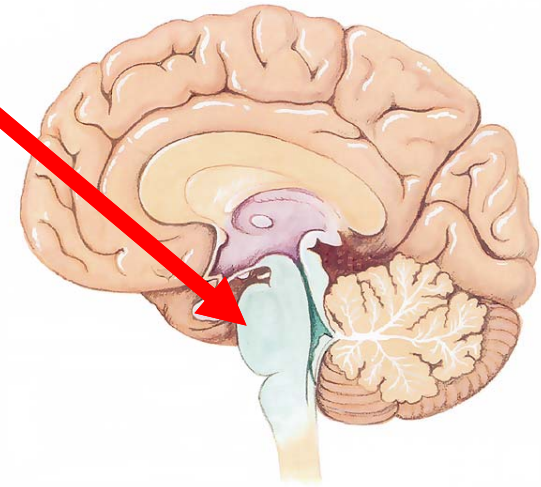
(b) Transverse section of midbrain

# Midbrain

- Contains ascending and descending tracts to the cerebrum and thalamus.
- Reflex center for eye muscles.
- Also involved with processing visual and auditory information (connects head movements with visual and auditory stimuli).

# Pons

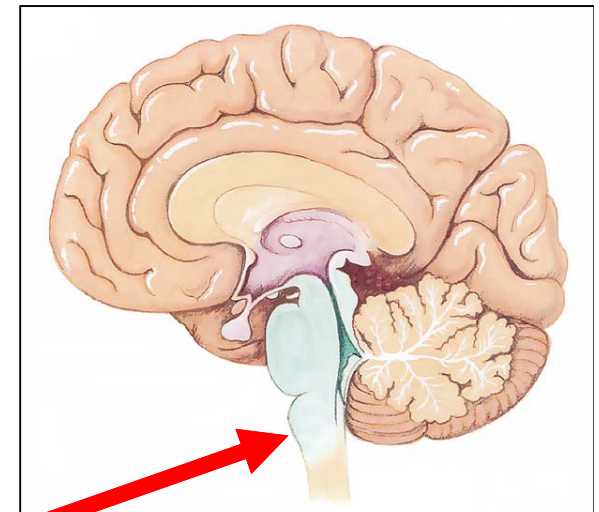
- Connects the two halves of the cerebellum.
- Regulates breathing.
- Associated w/ cranial nerves V, VI, VII, & VIII



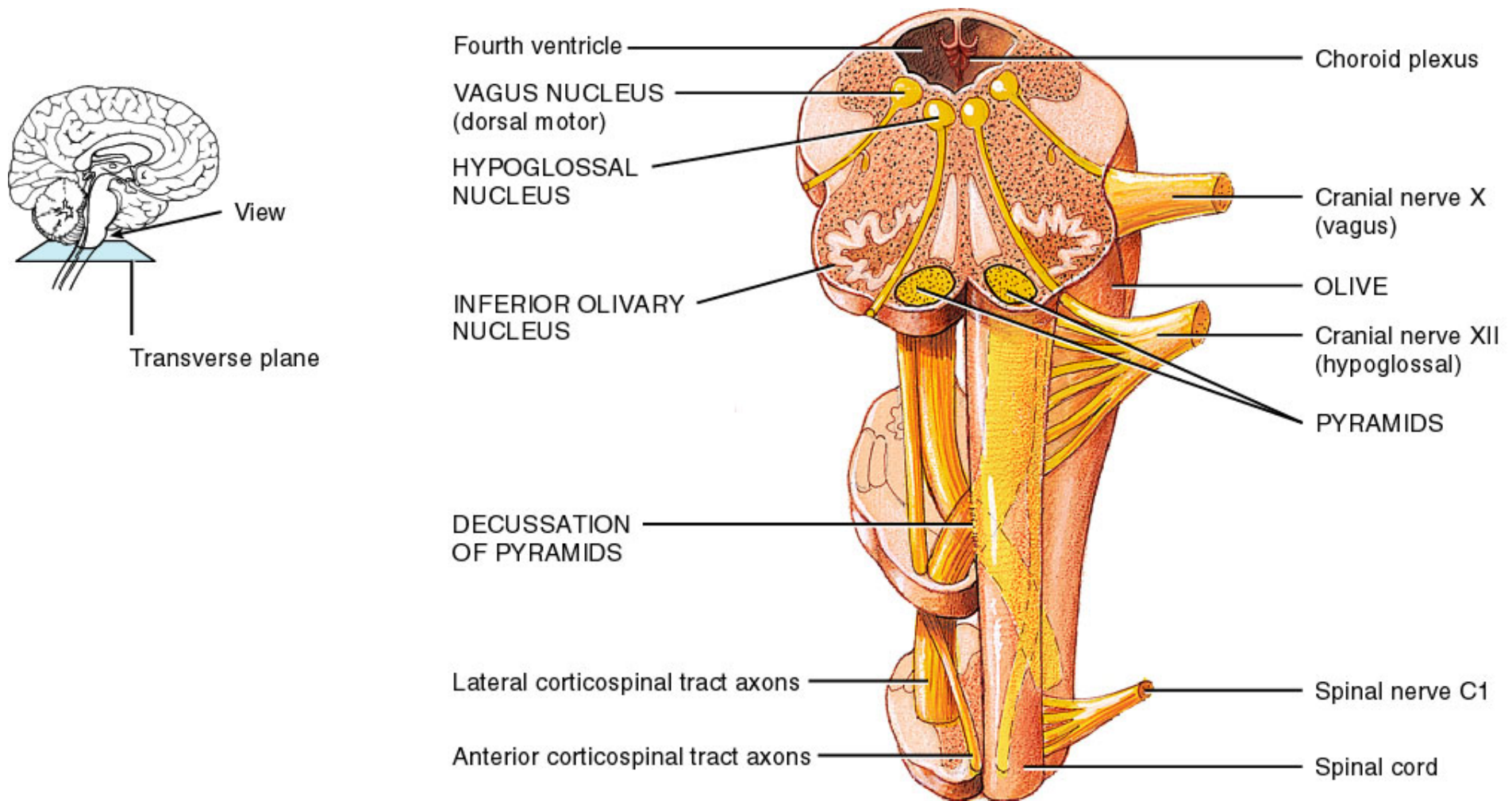


# Medulla Oblongata

- Composed of nerve tracts decussate
- An extension of the spinal cord
- Almost all of the cranial nerves arise from this region (VIII, IX, X, XI, XII)



# Medulla Oblongata

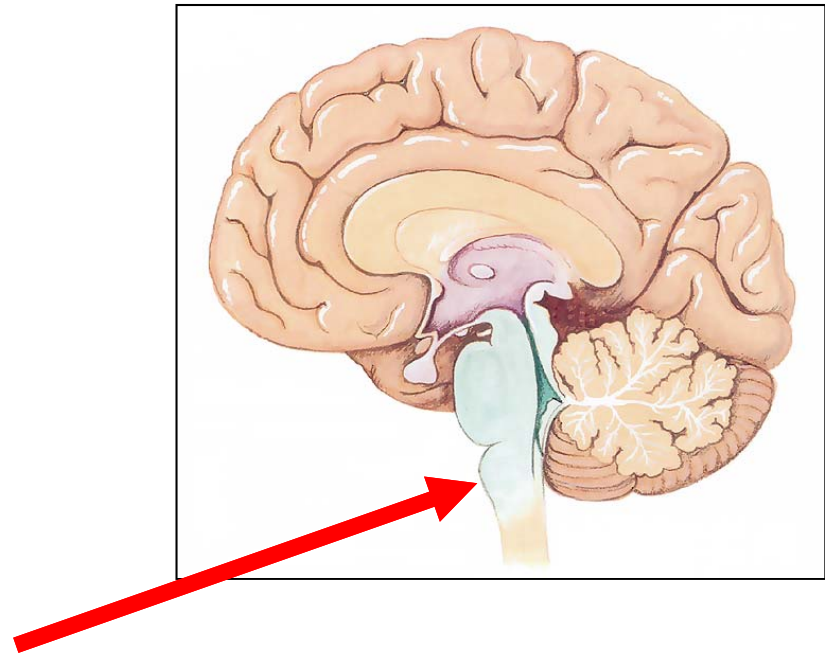


Transverse section and anterior surface of medulla oblongata

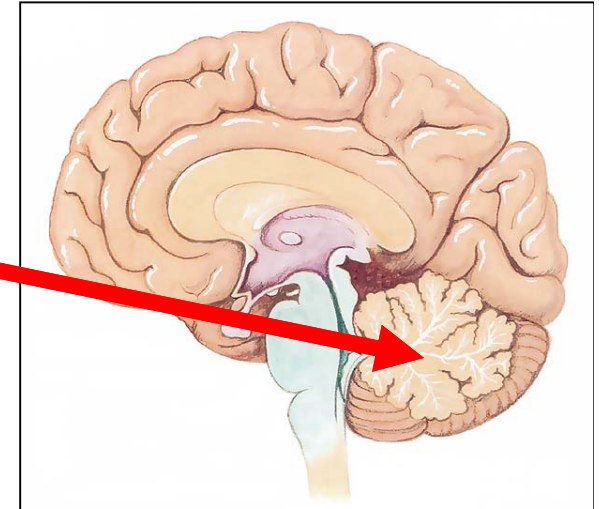
# Medulla Oblongata

Contains control centers for many subconscious activities

- Respiratory rate
- Heart rate
- Arteriole constriction
- Swallowing
- Hiccupping
- Coughing
- Sneezing



# The Cerebellum



- 11% of brain mass
- Dorsal to the pons and medulla
- Controls fine movement coordination
- Balance and equilibrium
- Muscle tone

# Anatomy of the Cerebellum

- Two hemispheres connected by vermis
- Each hemisphere has three lobes
  - Anterior, posterior, and flocculonodular
- Folia—transversely oriented gyri
- Arbor vitae—distinctive treelike pattern of the cerebellar white matter

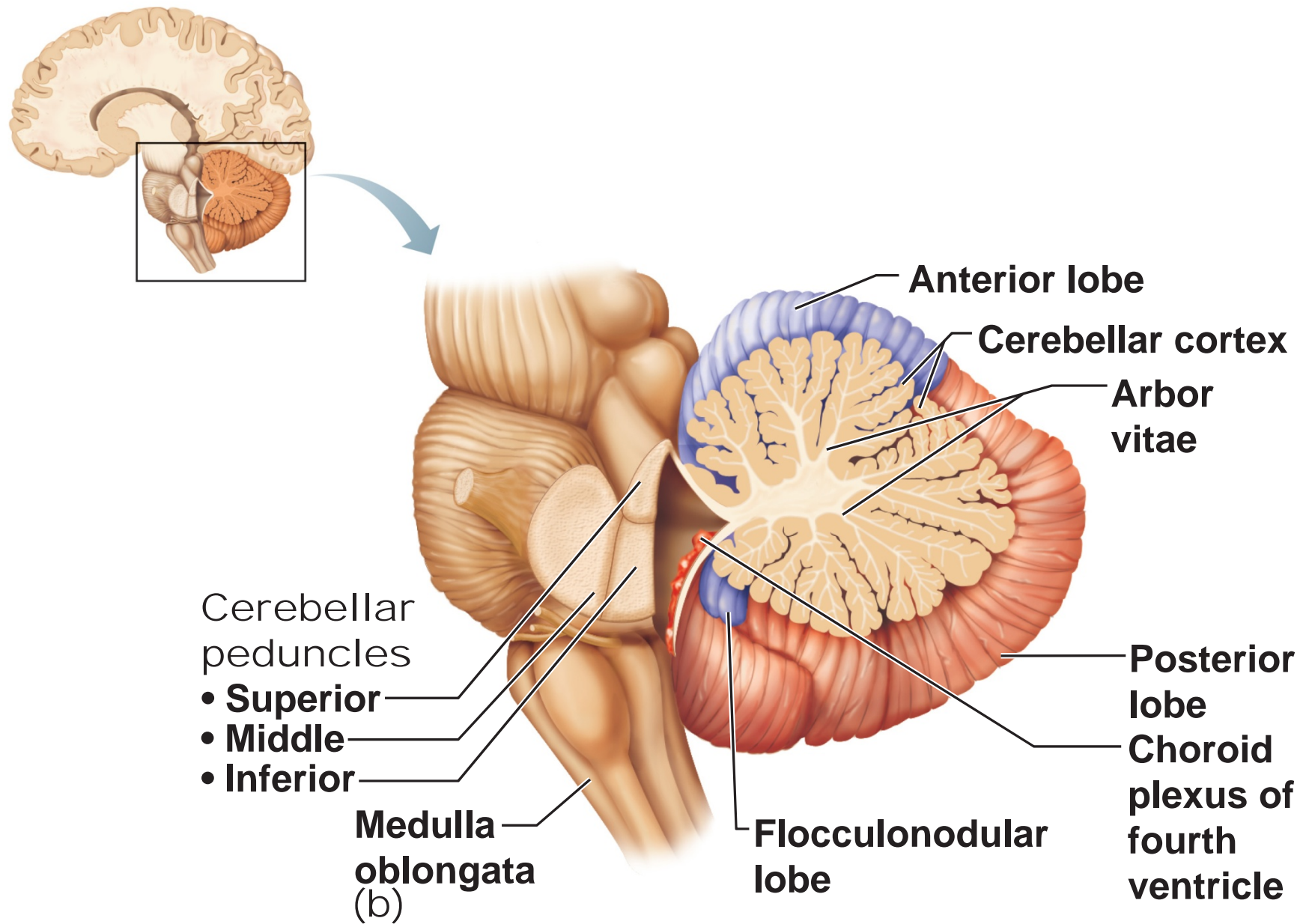


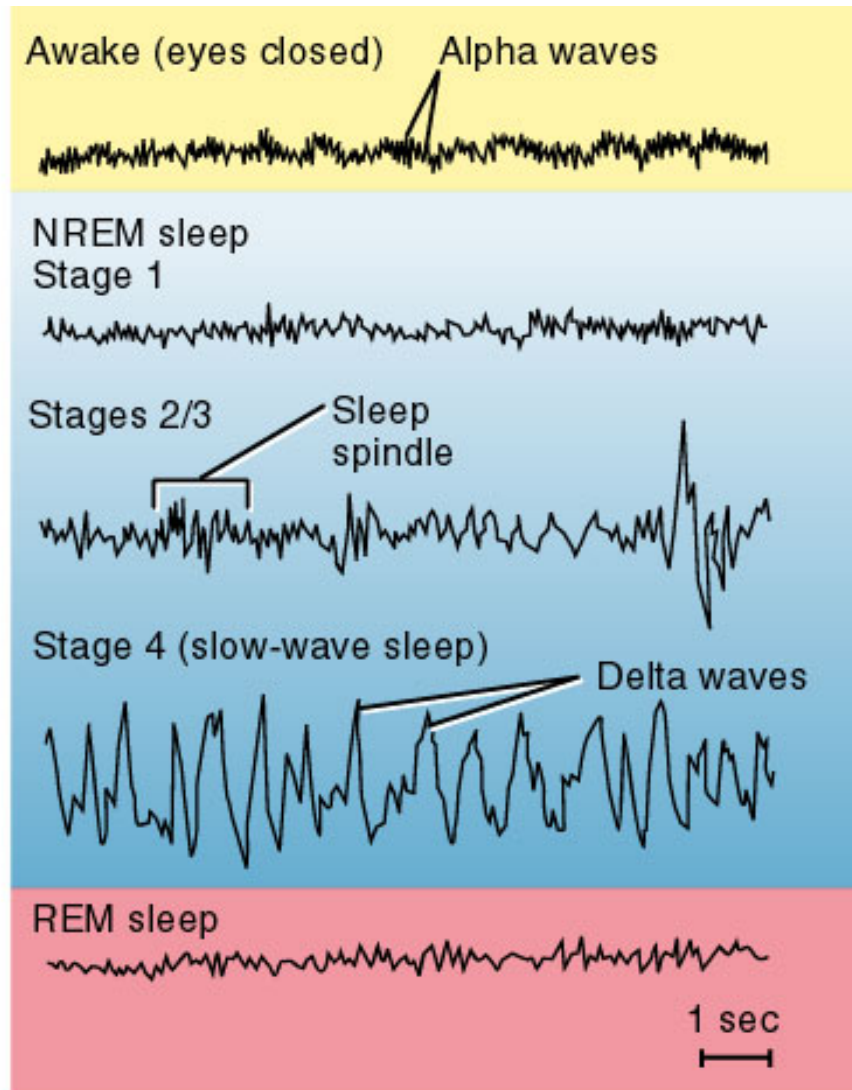
Figure 12.17b

# Importance of Sleep

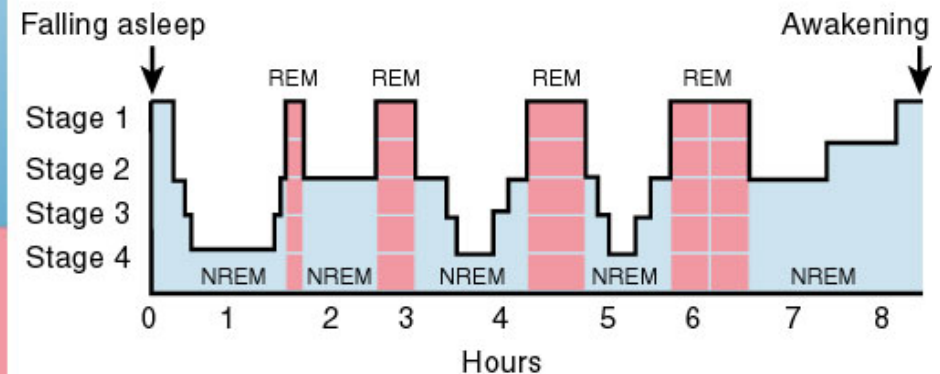
- Slow-wave sleep (NREM stages 3 and 4) is presumed to be the restorative stage
- People deprived of REM sleep become moody and depressed
- REM sleep may be a reverse learning process where superfluous information is purged from the brain
- Daily sleep requirements decline with age
- Stage 4 sleep declines steadily and may disappear after age 60



# Stages of Sleep



(a) EEG waves during sleep stages



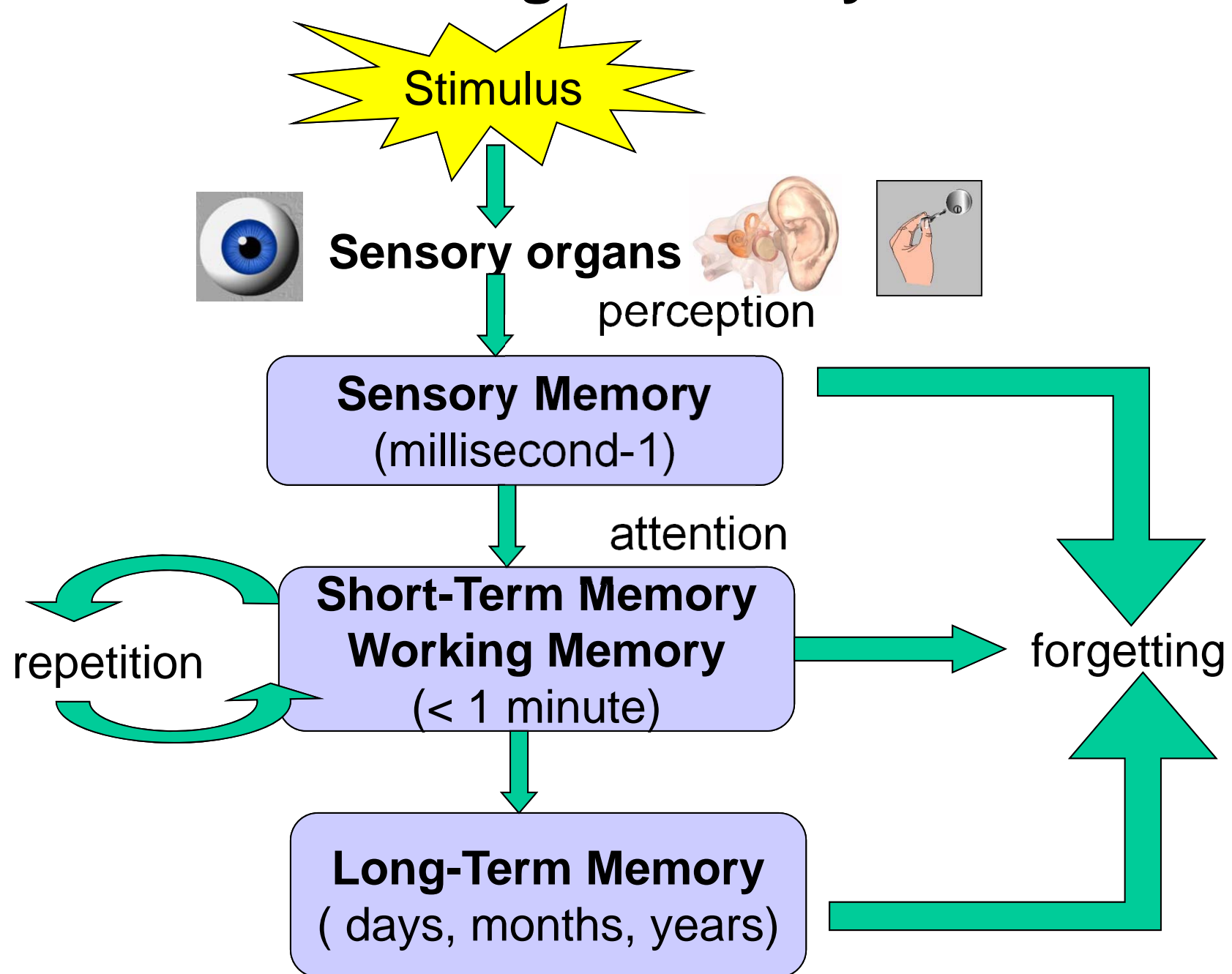
(b) Pattern of NREM and REM sleep over one sleep period



# Sleep Disorders

- Narcolepsy
  - Lapsing abruptly into sleep from the awake state
- Insomnia
  - Chronic inability to obtain the amount or quality of sleep needed
- Sleep apnea
  - Temporary cessation of breathing during sleep

# Learning & Memory



# Learning & Memory

## Sensory Memory:

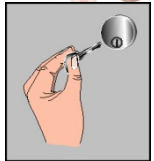
A sensory memory exists for each sensory channel:



*iconic memory* for visual stimuli



*echoic memory* for aural stimuli



*haptic memory* for touch

Information → sensory memory → short-term memory by attention, thereby filtering the stimuli to only those which are of interest at a given time.

# Learning & Memory

## Short-term Memory:

- acts as a scratch-pad for temporary recall of the information under process
- can contain at any one time seven, plus or minus two, "chunks" of information
- lasts around twenty seconds.

# Short-term Memory Quiz (30 sec)

eggs

drawing

rock

apple

focus

mission

favor

ice

brain

flag

trial

partner

house

life

chair

# Learning & Memory

## Long-term Memory:

- intended for storage of information over a long time.
- Short-term→long-term (rehearsal)
- Little decay
  - Storage
  - Deletion- decay and interference
  - Retrieval-recall and recognition

# Learning & Memory

## Long-term Memory:

Why we forget:

- fading (trace decay) over time
- interference (overlying new information over the old)
- lack of retrieval cues.

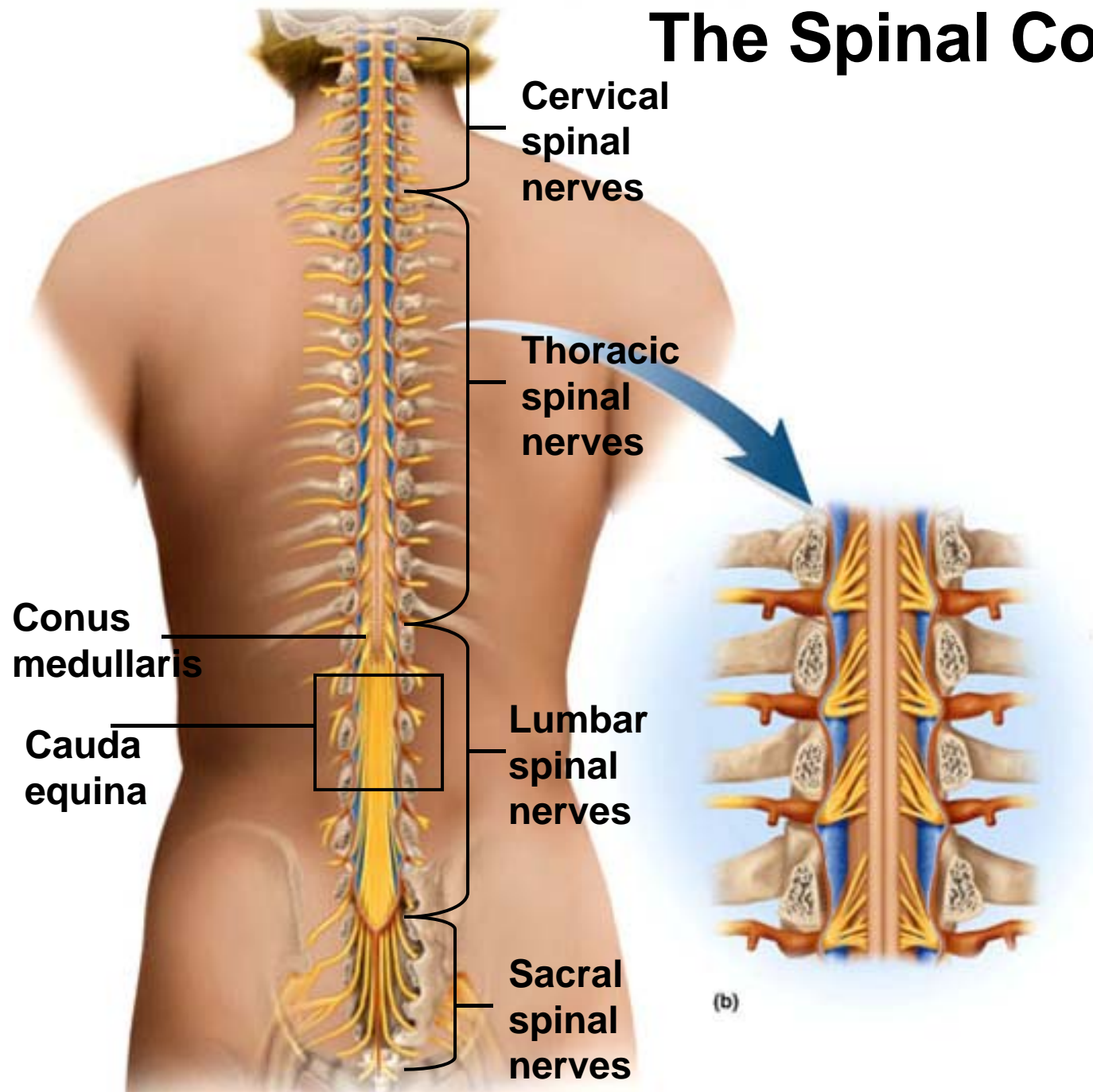
# **Learning & Memory**

## **Encoding in Long-term Memory:**

- Organizing
- Practicing
- Spacing
- Making meaning
- Emotionally engaging

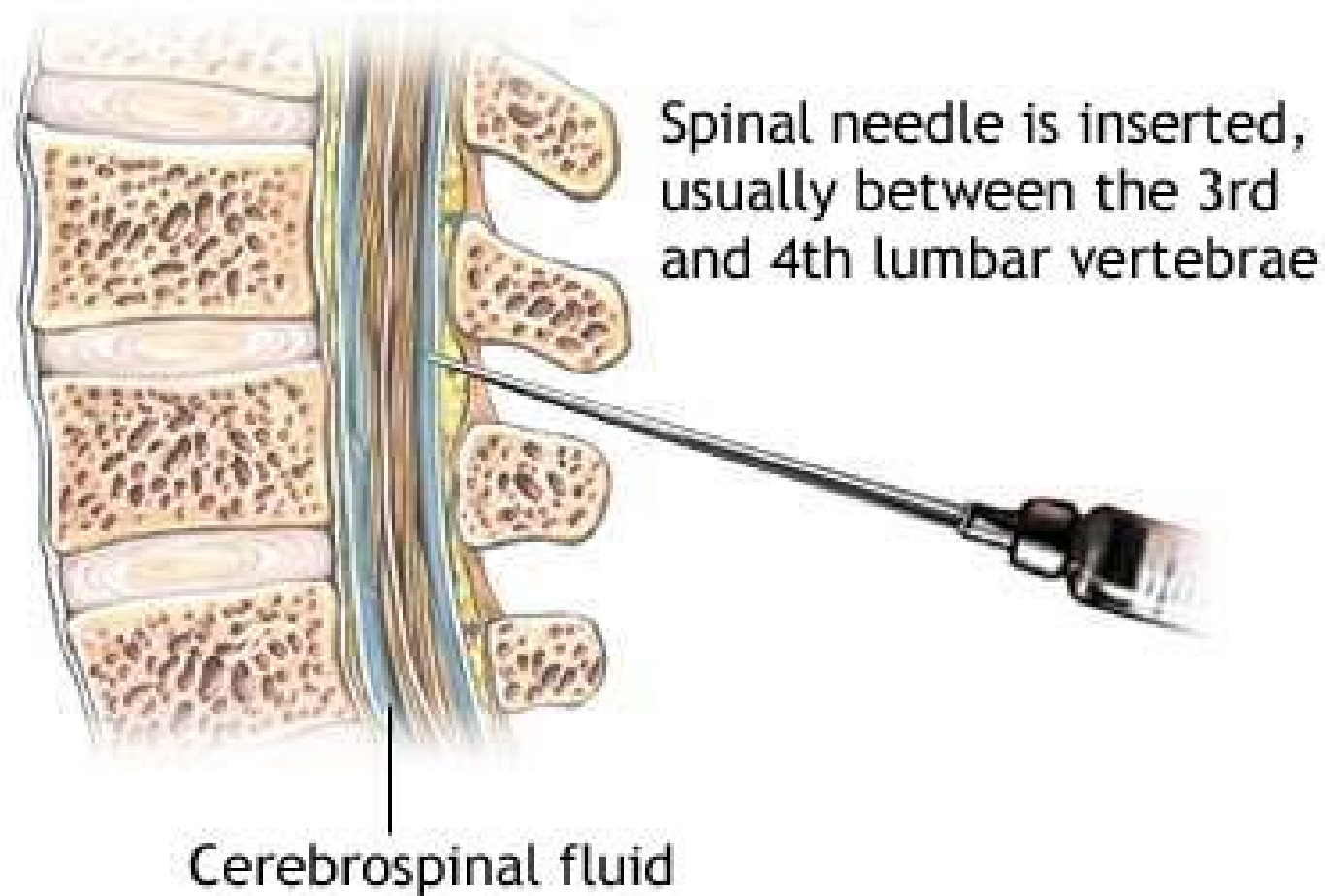


# The Spinal Cord

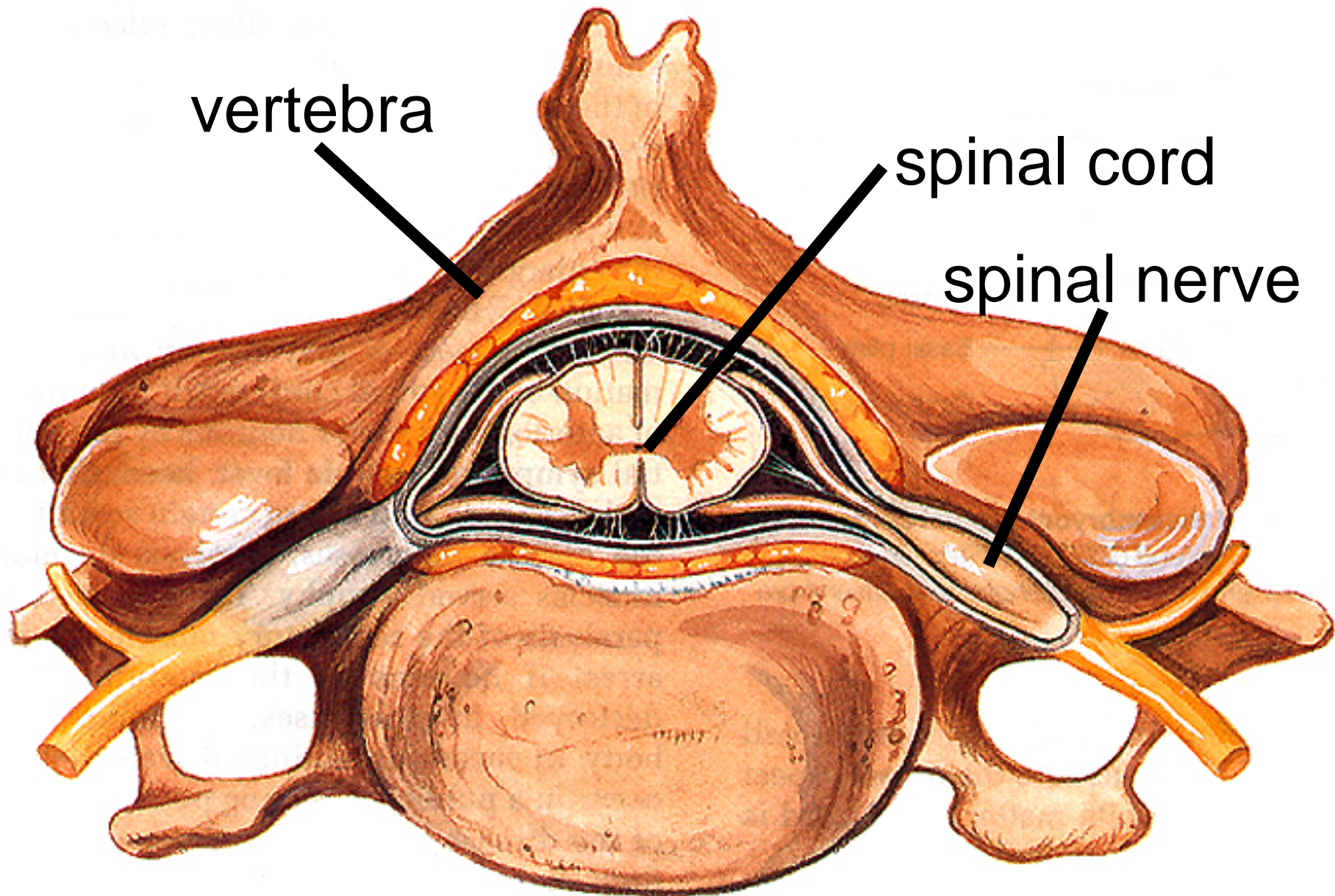


# Lumbar Tap

Collect CSF for testing

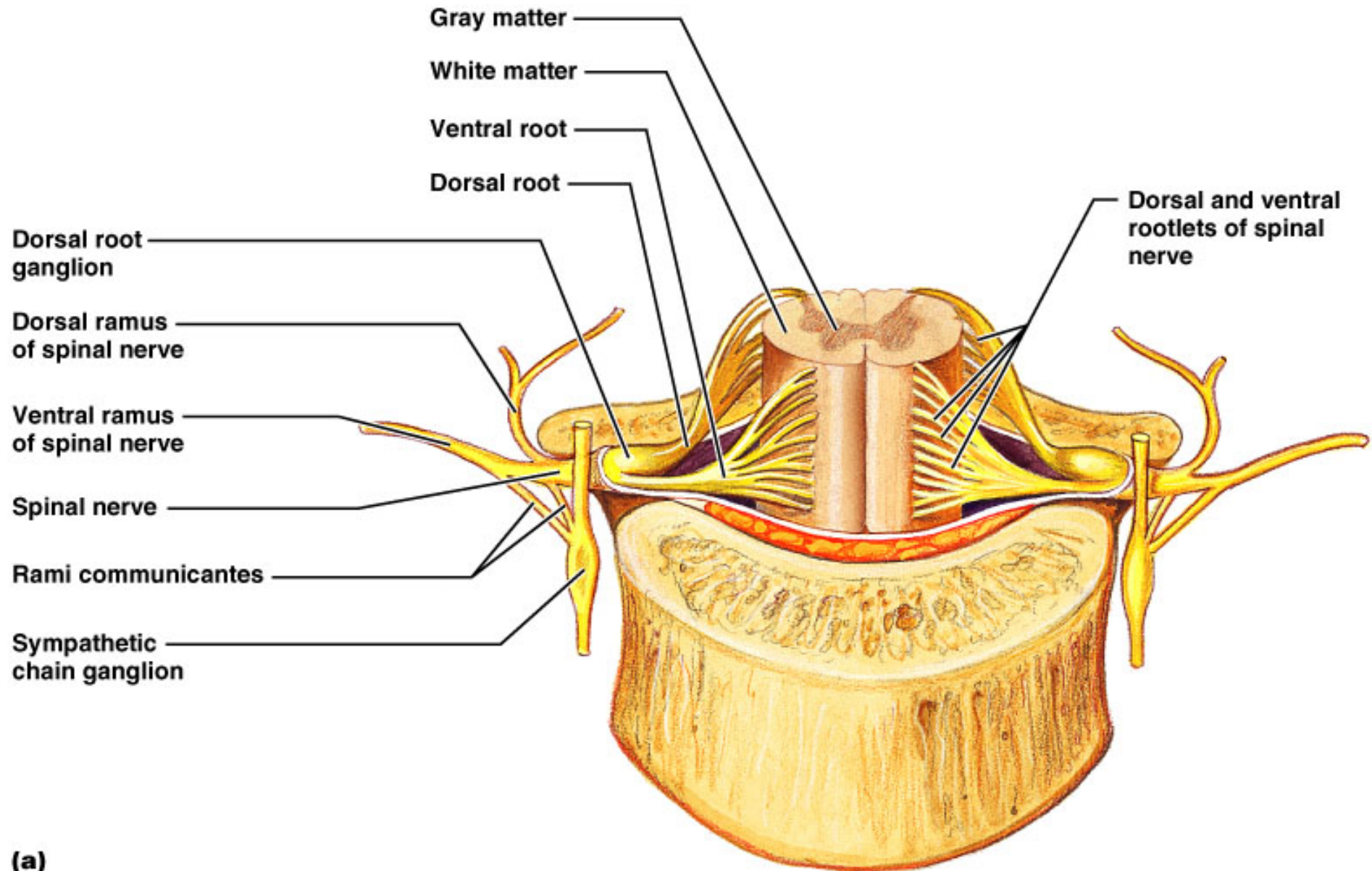


# The Spinal Cord

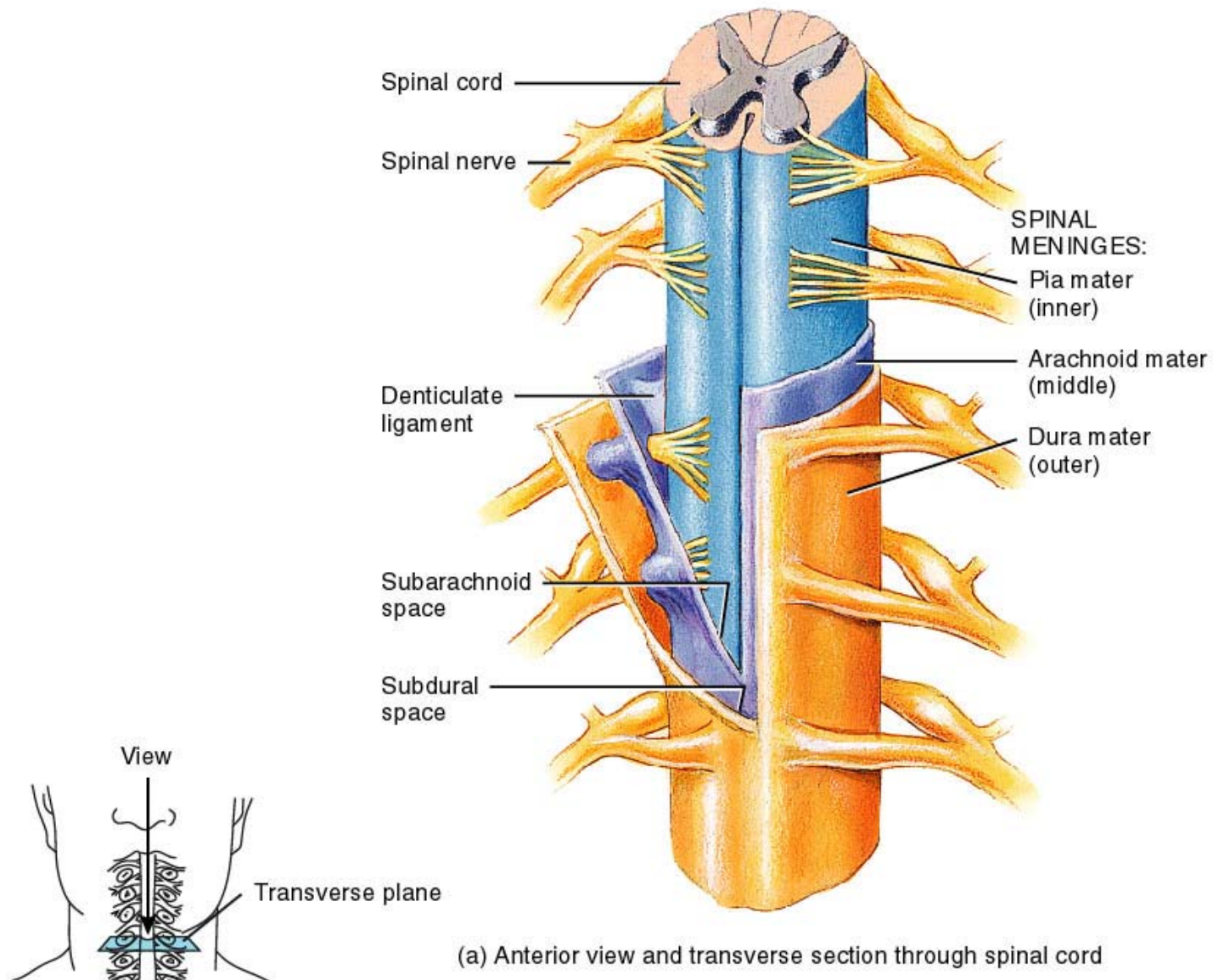




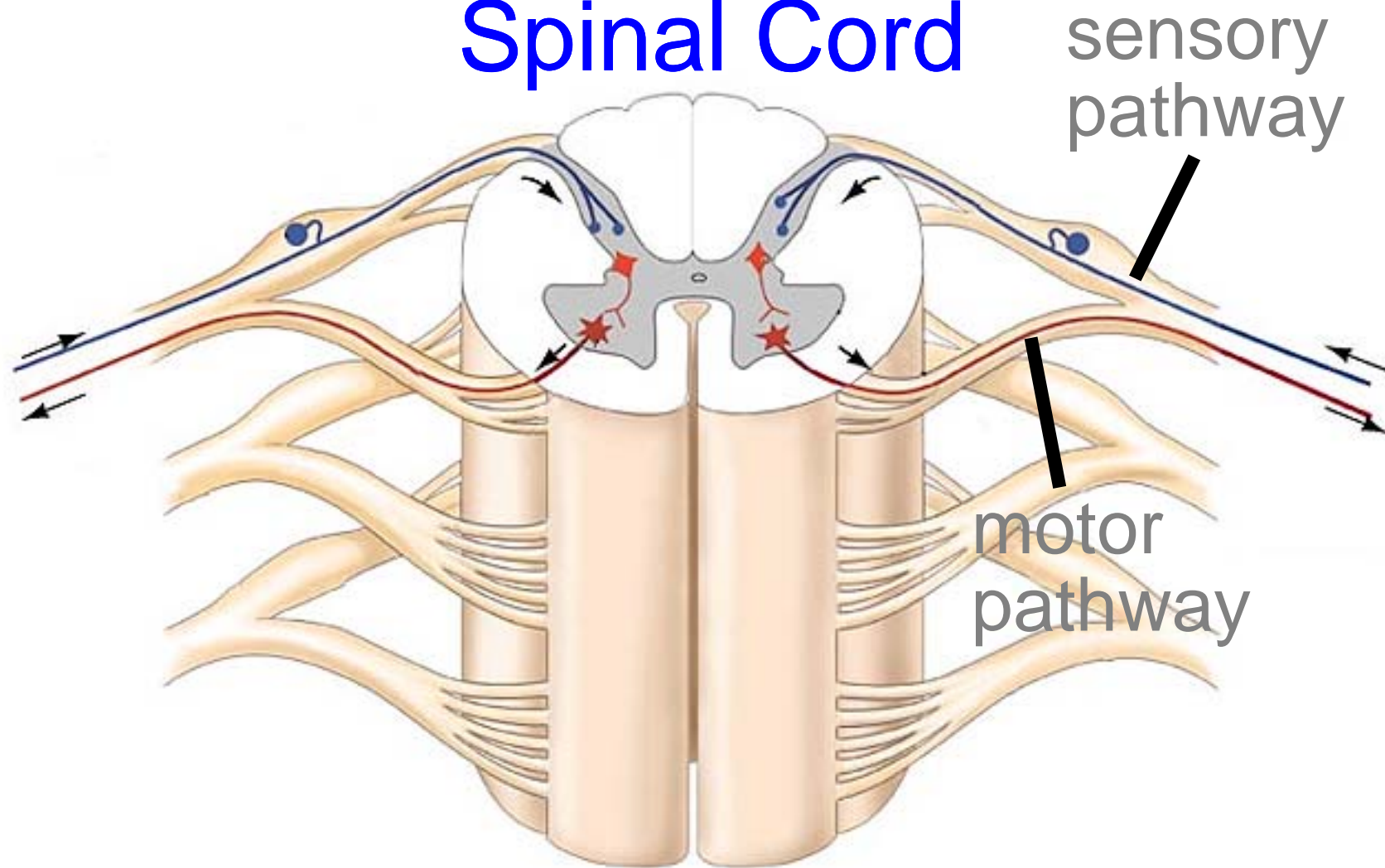
# Spinal Nerves



# Spinal Cord

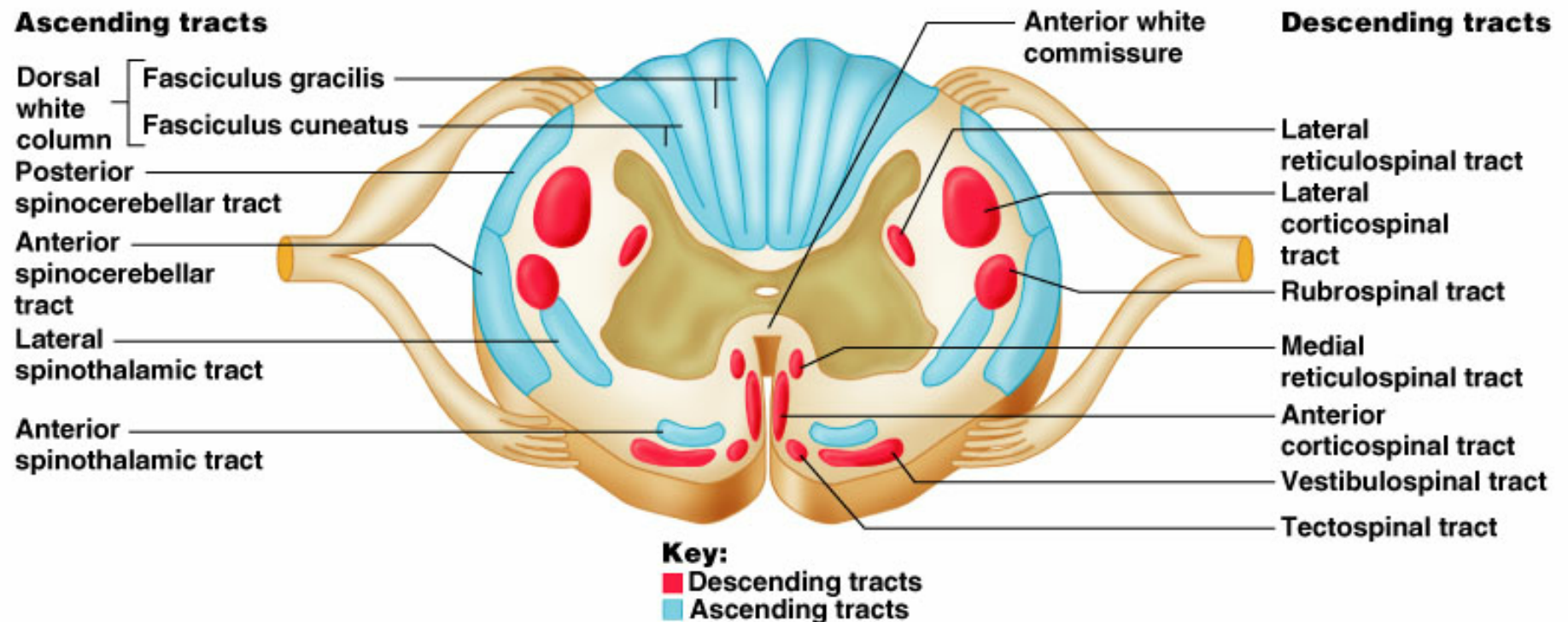


# Nerve Pathways into the Spinal Cord

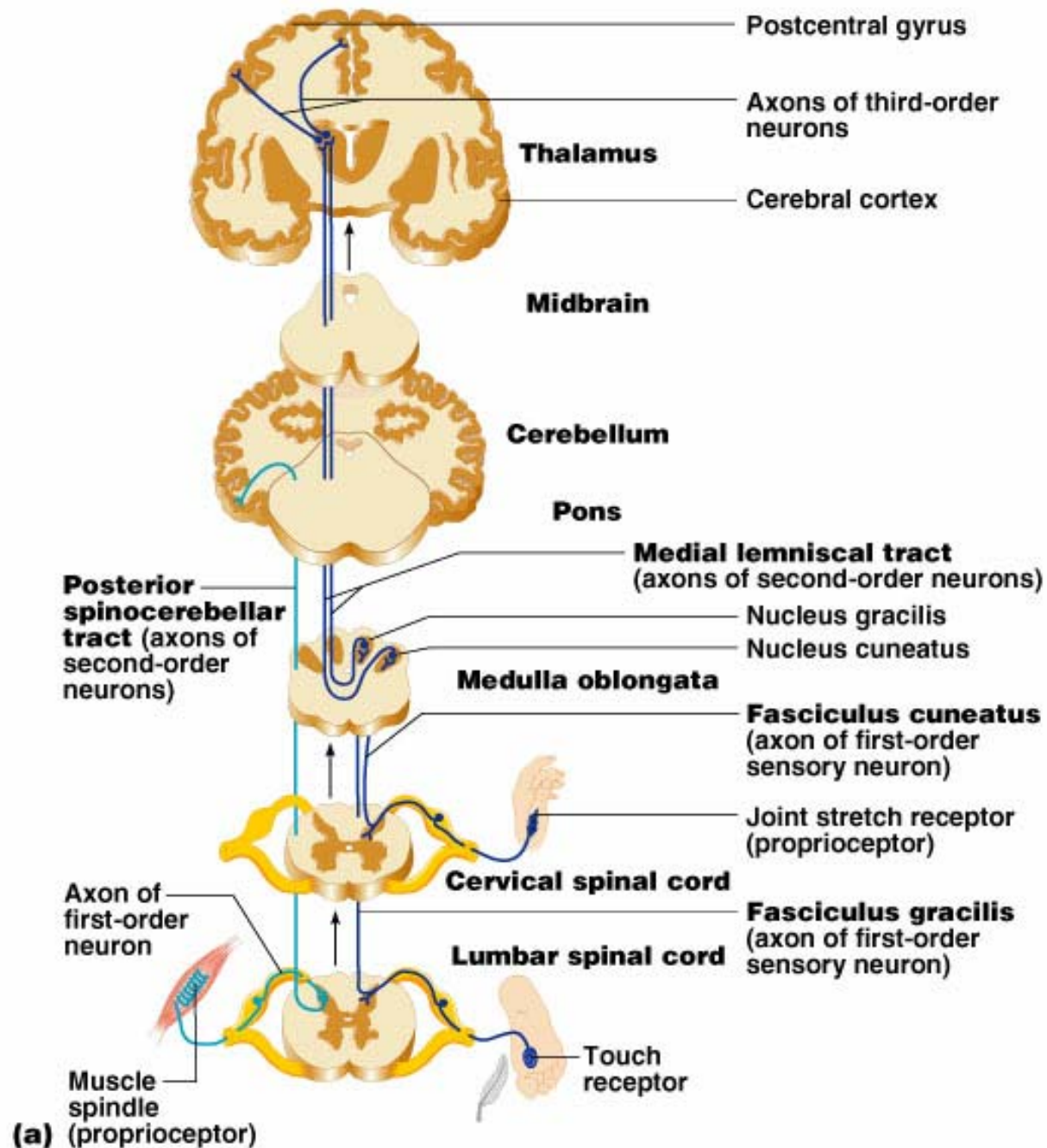




# Somatic Sensory Pathway



# Ascending Spinal Cord Tract



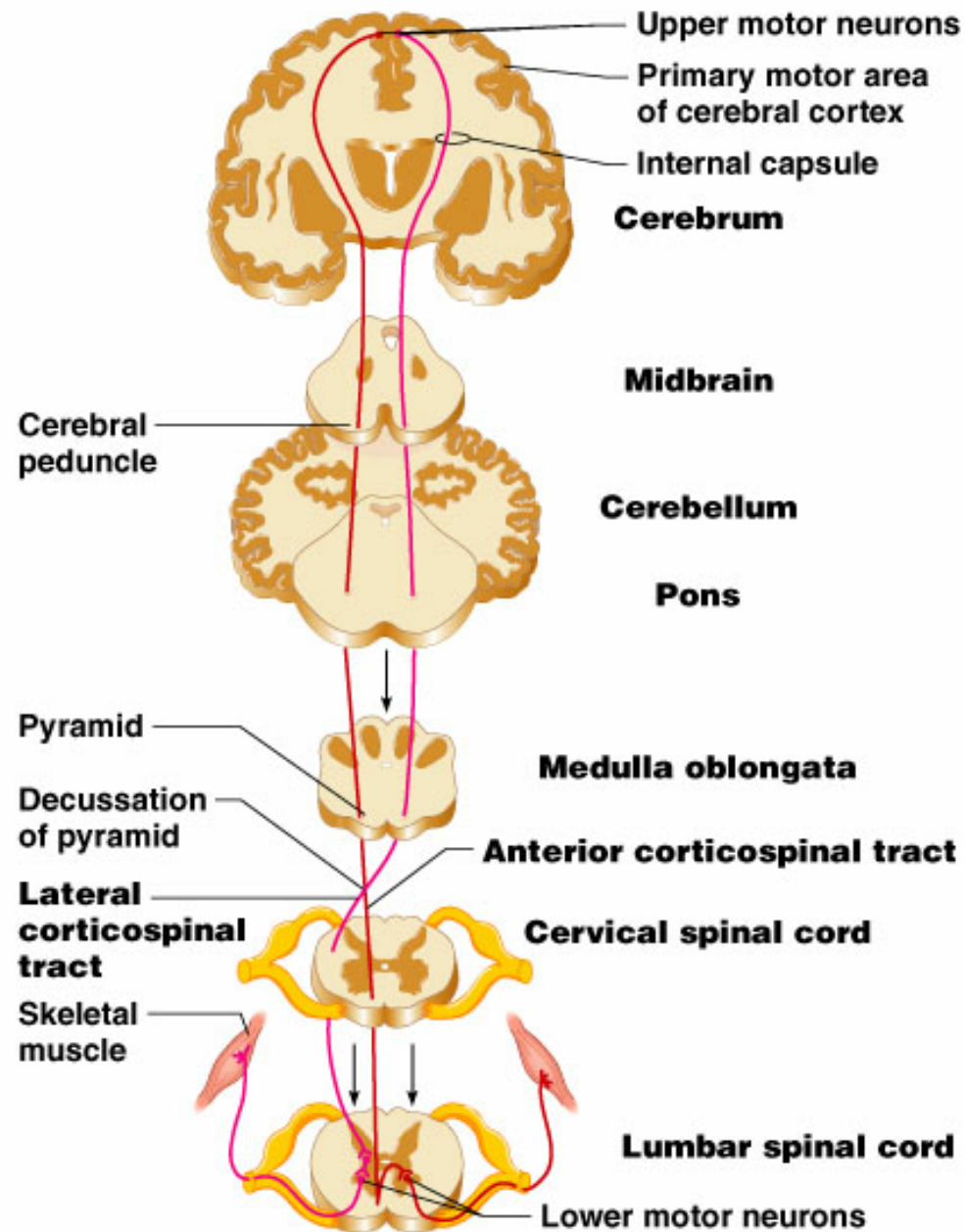


## Ascending Spinal Cord Tract

Conducts sensory impulses upward through 3 successive chains of neurons

- **1<sup>st</sup> order neuron**-cutaneous receptors of skin and proprioceptors → spinal cord or brain stem
- **2<sup>nd</sup> order neuron**- to thalamus or cerebellum
- **3<sup>rd</sup> order neuron**- to somatosensory cortex of cerebrum

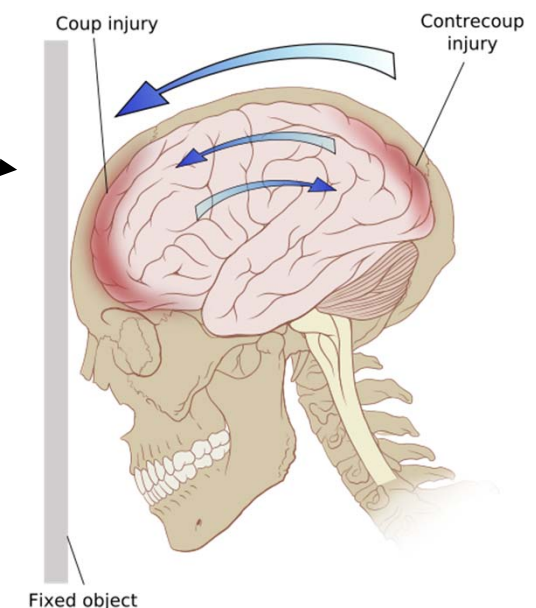
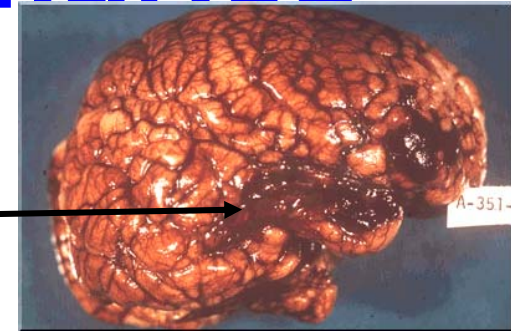
# Descending Spinal Cord Tract



**(a) Pyramidal (lateral and anterior corticospinal) tracts**

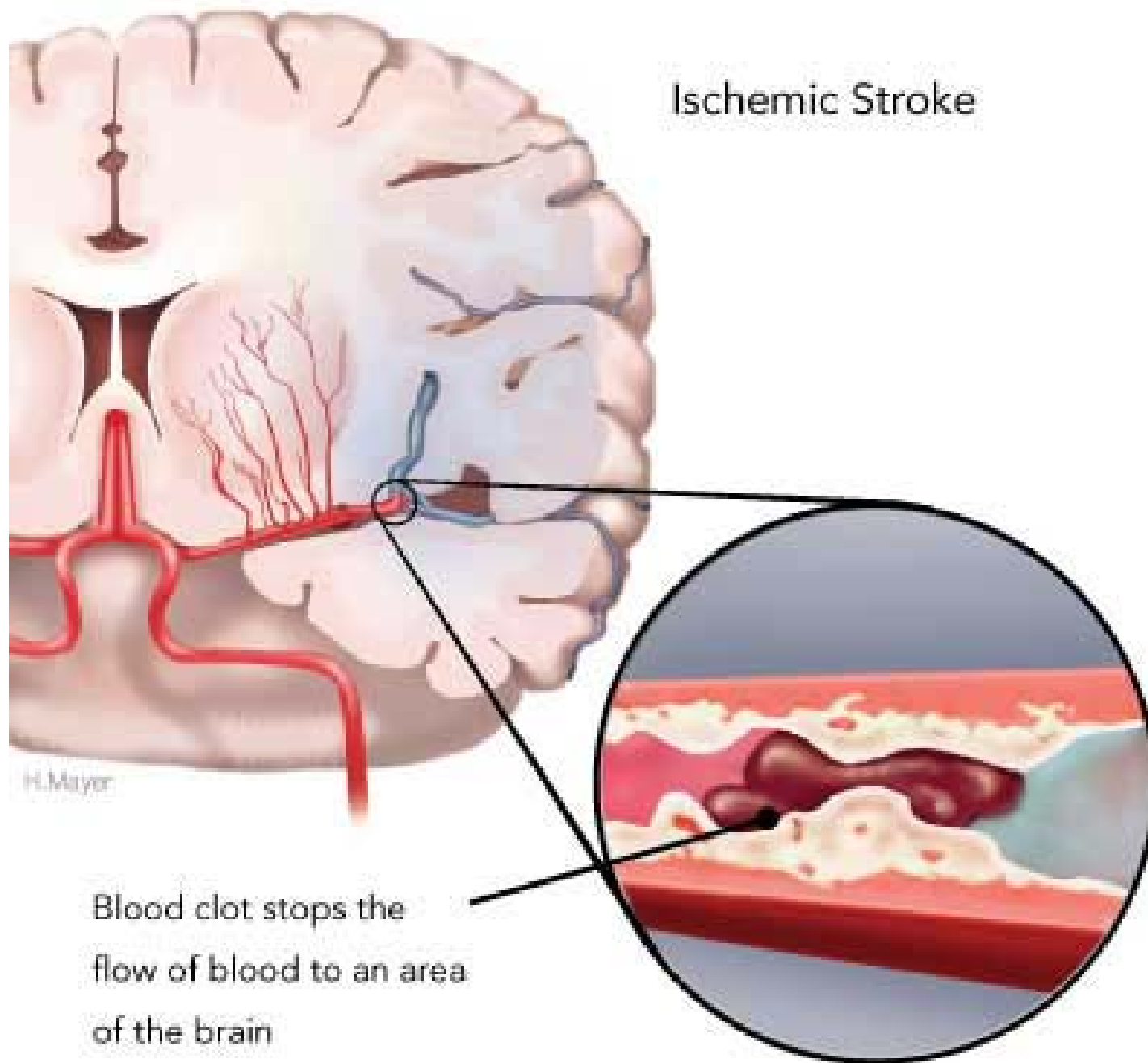
# Traumatic Brain Injuries

- Concussion
- Contusion
- Subdural or subarachnoid hemorrhage
- Contrecoup injury
- Punch Drunk Syndrome



# Cerebrovascular Accidents (CVAs)

- Ischemia
- Thrombus
- Embolism
- Arteriosclerosis
- Stroke



# Degenerative brain diseases

- Schizophrenia
- Parkinson's
- Alzheimer's
- Down's
- Huntington's Chorea
- MS
- Epilepsy

# Parkinson's disease

- Substantia nigra in midbrain
- Dopamine
  - affects brain processes controlling:
    - movement
    - balance
    - walking
    - emotional response
    - ability to experience pleasure and pain.

# Parkinson's disease

## **Causes:**

- Genetics
- Environmental chemicals (e.g., PCBs)
- Thyroid disorders
- Repeated head injury

## **Symptoms of Parkinson's Disease:**

- resting tremor on one side of the body
- generalized slowness of movement (bradykinesia)
- stiffness of limbs (rigidity)
- gait or balance problems (postural dysfunction).

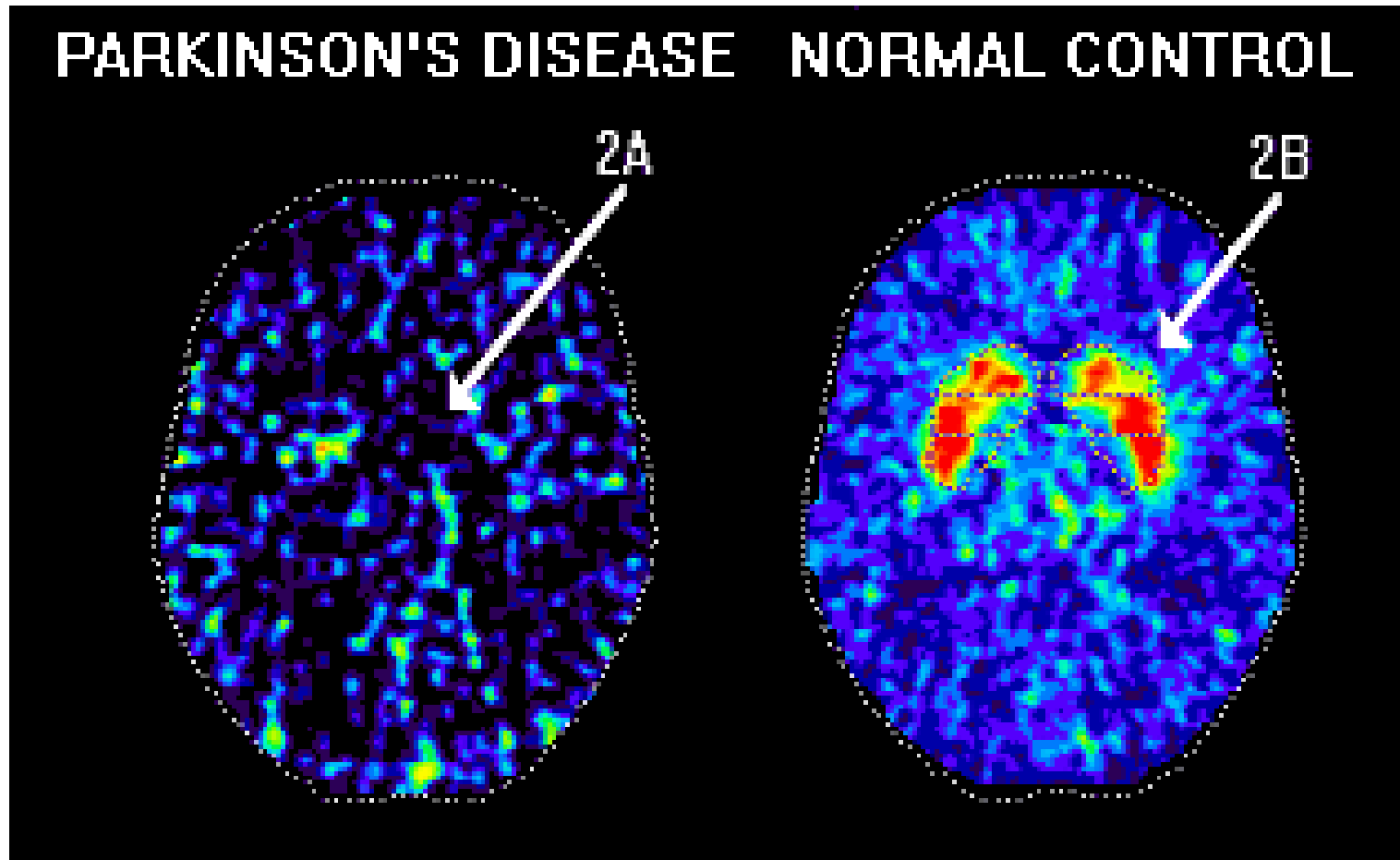


# Parkinson's disease

## **Treatments:**

- L-dopa
- Deprenyl
- Deep brain stimulation w/electrodes
- Fetal tissue

# Parkinson's disease



F-Dopa deficiency

# Alzheimer's Disease

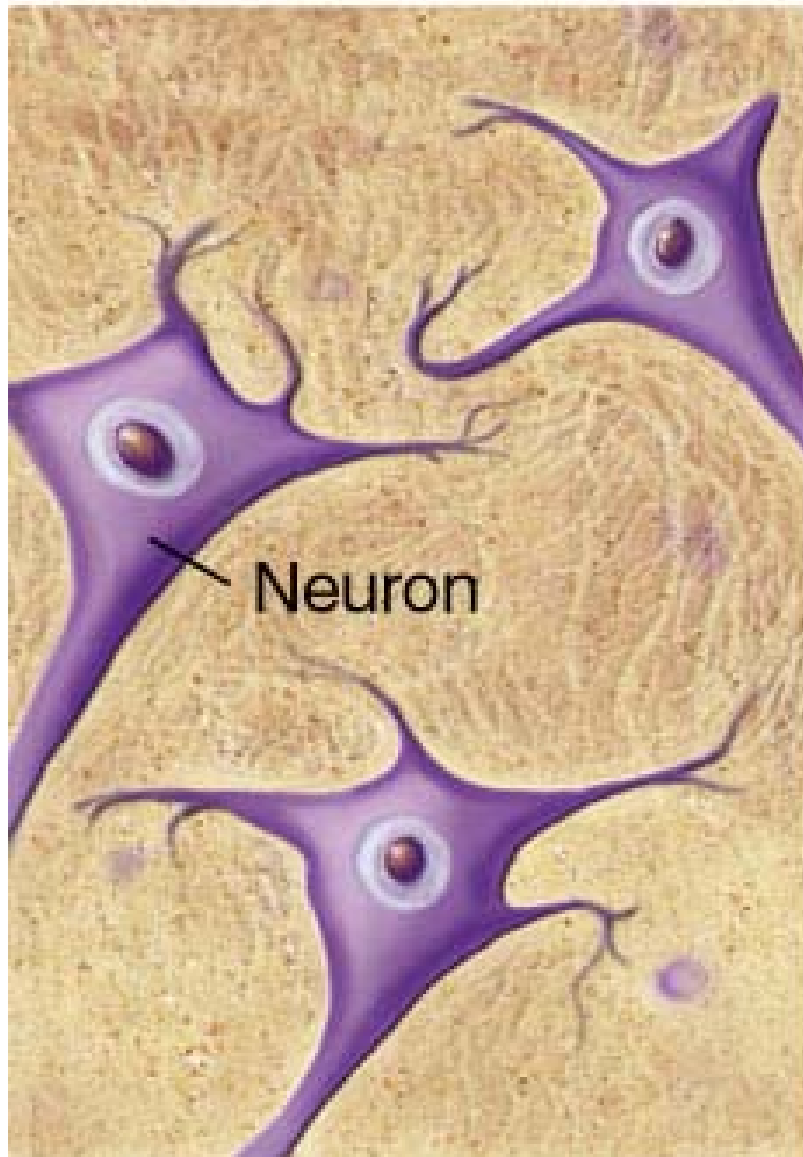
Results in dementia

- 5-15% over age 65
- 50% over age 85

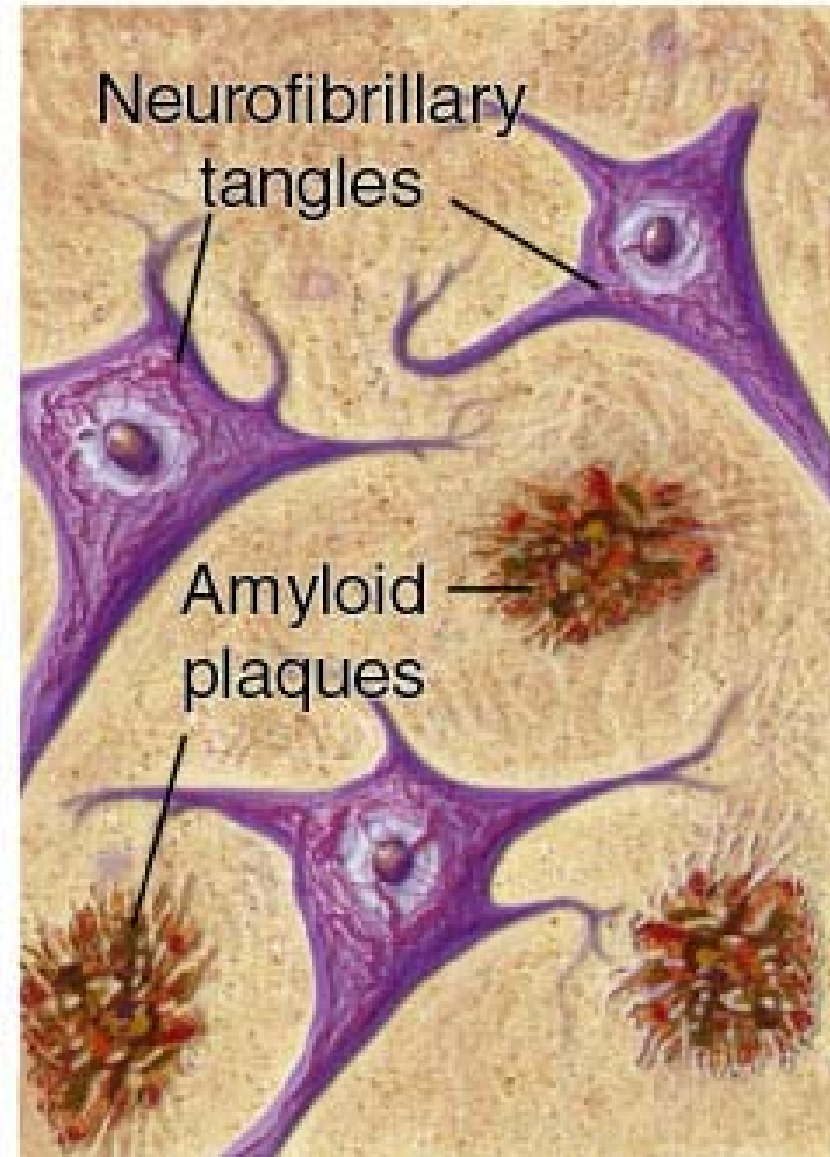
Associated with :

- Acetylcholine shortage
- Amyloid plaques
- Neurofibrillary tangles

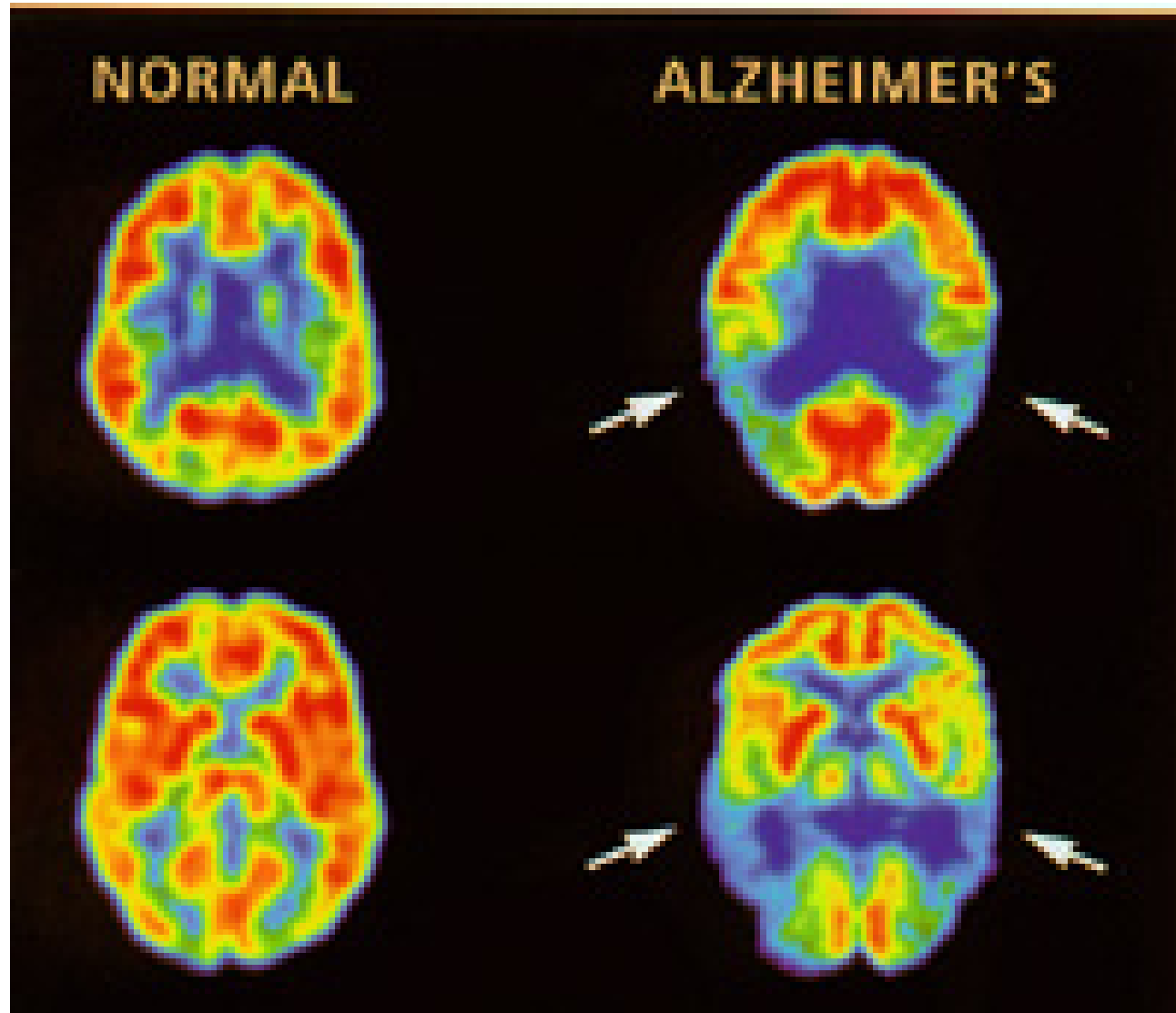
Normal



Alzheimer's



# PET Scans



# Huntington's Disease

Fatal hereditary disorder

- Onset at ~40 years
- Fatal w/in 15 years
- Dance-like movement

Associated with :

- Huntingtin protein

## ***INQUIRY***

1. What layer of tissue adheres most tightly to the brain?
2. CSF stands for-----.
3. What does it do?
4. What does the thalamus do?
5. What does the vestibulocochlear nerve control?
6. Where is dark matter located in the spinal cord?
7. A thrombus that moves to a new site is called ----.

