

Central Nervous System: Part 2

- 1. Meninges
- 2. CSF
- 3. Spinal Cord and Spinal Nerves

Explain spinal cord anatomy, including gray and white matter and meninges (give the general functions of this organ).

Discuss the structure and functions of the spinal nerves and plexuses.

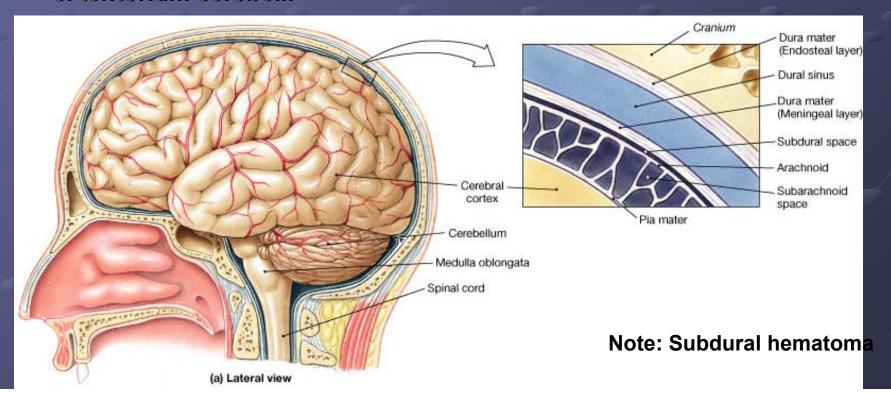
Describe the structural components of reflexes.

1. Cranial Meninges

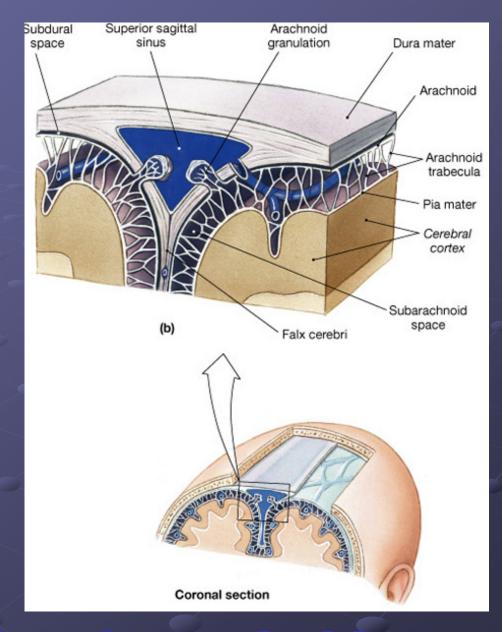
Three layers:

- 1. Dura mater strong, "tough mother"
 - a. falx cerebri
 - b. falx cerebelli
 - c. tentorium cerebelli

- 2. Arachnoid spidery, holds blood vessels
- 3. Pia mater "delicate mother"



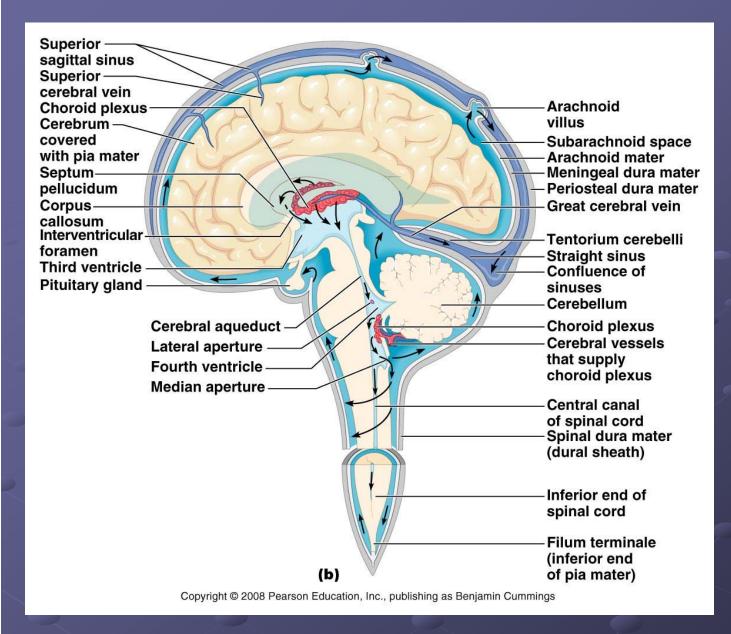
The meninges

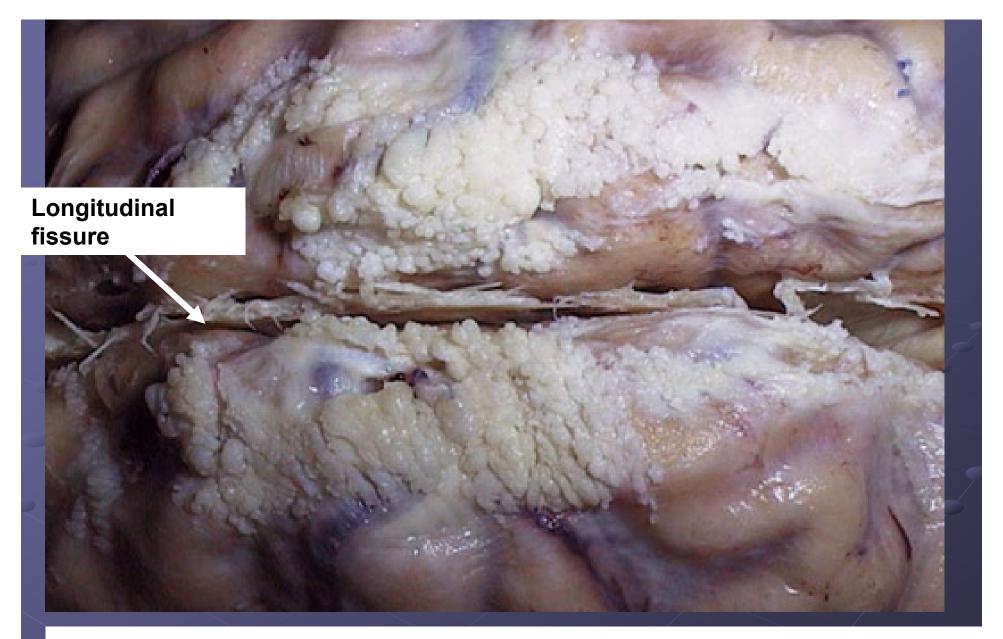


www.fisiokinesiterapia.biz

2. CSF: Cerebrospinal Fluid

- Formation in ventricles by specialized ependymal cells of choroid plexus (~500 mL/day; total volume ~ 150 mL)
- Functions
 - transport medium (nutrients, waste)
 - shock absorption
 - buoyancy (floats the brain)
- CSF circulation: Ventricles → central canal → subarachnoid space
- An important diagnostic tool.

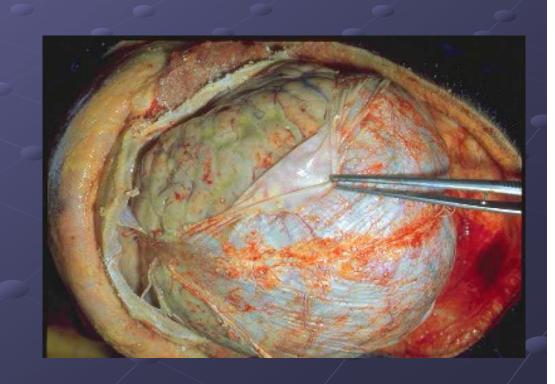




Arachnoid granulations: This is where the CSF produced in the choroid plexuses of the ventricles and which has circulated into the subarachnoid space is reabsorbed.

Meningitis: inflammation of meninges/CSF

- Bacterial
 - Relatively rare
 - Life threatening
 - Antibiotics
- Fungal
- Viral—most common
 - Younger
 - Self-resolving



Blood Brain Barrier (BBB)

Tight Junctions in capillary endothelium prevent passive diffusion into the brain. Lots of Active Transport, especially of H₂O soluble compounds (think glucose).

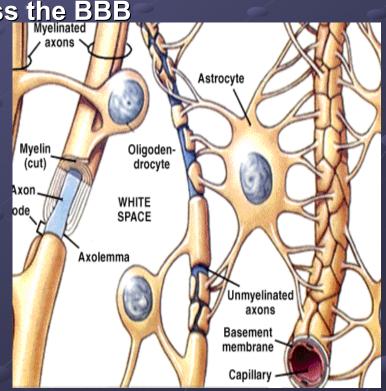
Fat soluble compounds readily pass the BBB

E.g. steroid hormones, ADEK

Major role of astrocytes

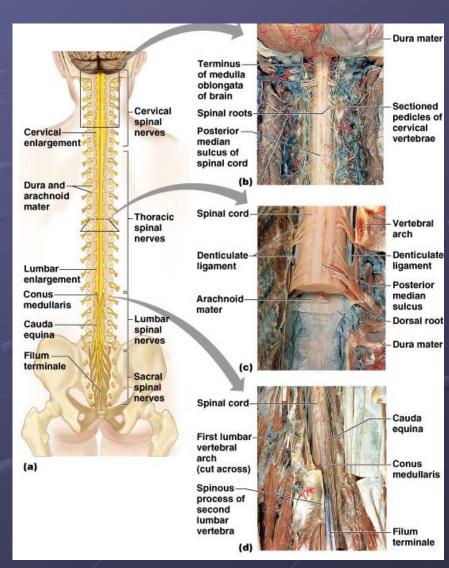
3 areas in brain don't have BBB

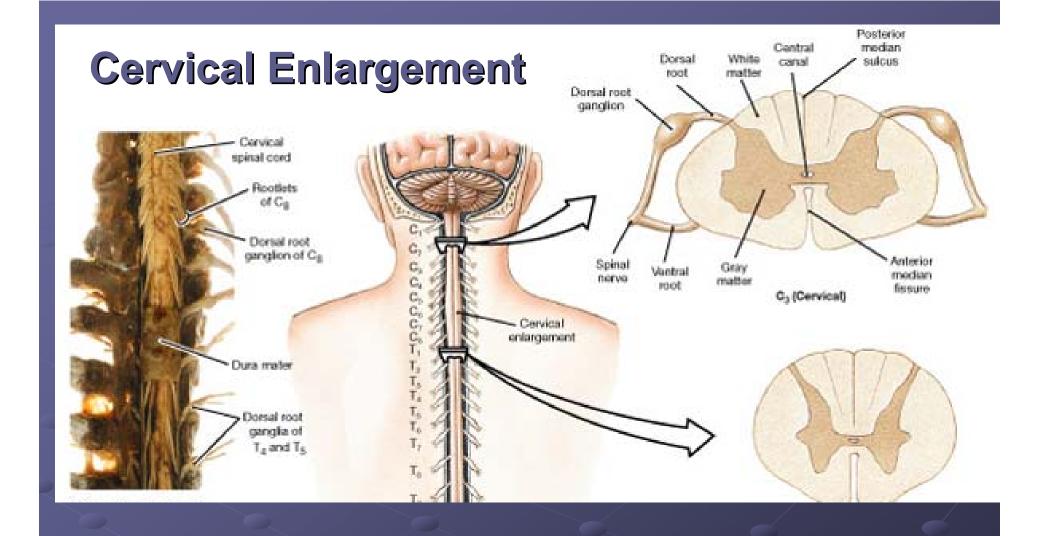
- portion of hypothalamus
- pineal gland (in diencephalon)
- choroid plexus



3. Spinal cord:

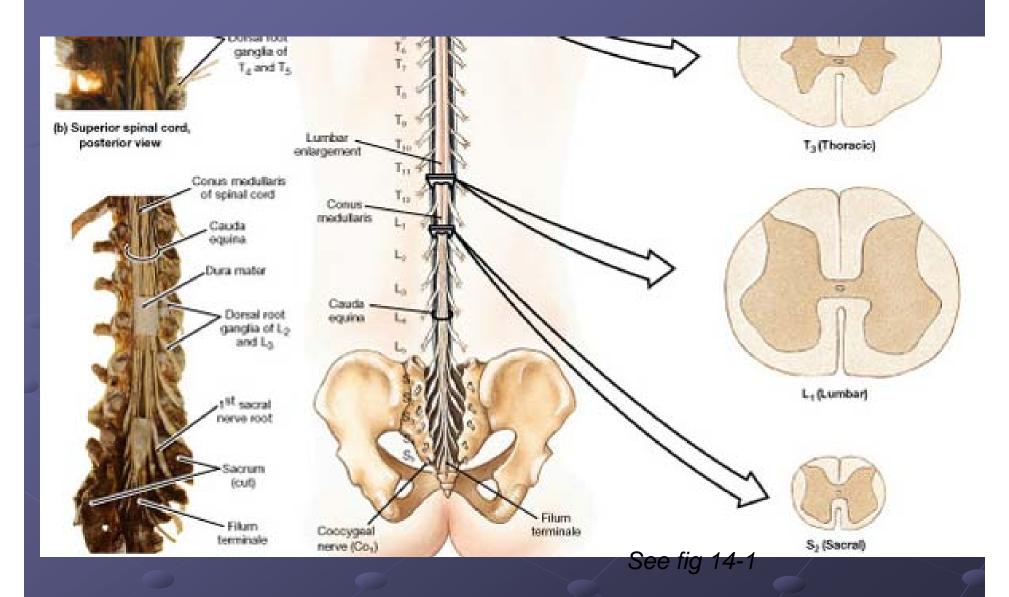
- Resides inside <u>vertebral canal</u>
 - Extends to L1/ L2
- 31 segments, each associated with a pair of dorsal root ganglia
- Two enlargements
 - · Cervical and Lumbar
- Conus medullaris
- Cauda Equina
- Filum Terminale





Gray matter expanded to incorporate more sensory input from limbs and more cell bodies for motor control of limbs

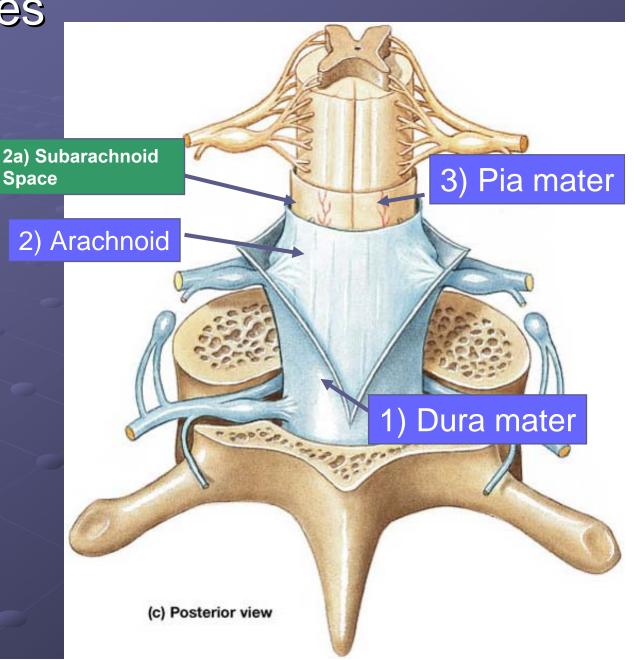
Lumbar Enlargement



Spinal Meninges

Three membranes surround all of CNS

- 1) Dura mater "tough mother", strong. Note the Epidural Space.
- 2) Arachnoid spidery looking, carries blood vessels, etc. Note the Subarachnoid space which contains CSF
- 3) Pla mater "delicate mother", adheres tightly to surface of spinal cord



Transverse Section

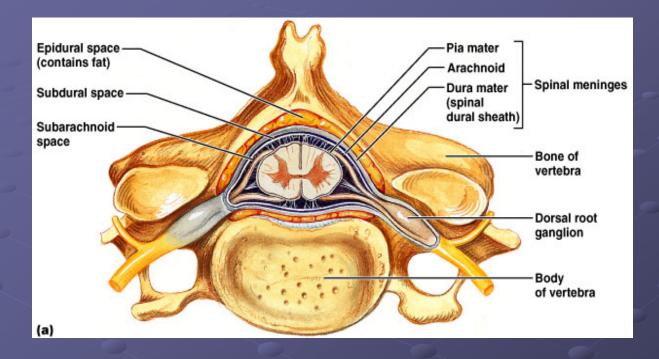


Fig 13.30

Compare the spinal roots with the model of the vertebral column in the lab. Note that the dura covers both the dorsal and ventral roots.

www.fisiokinesiterapia.biz

Organization of Spinal Cord

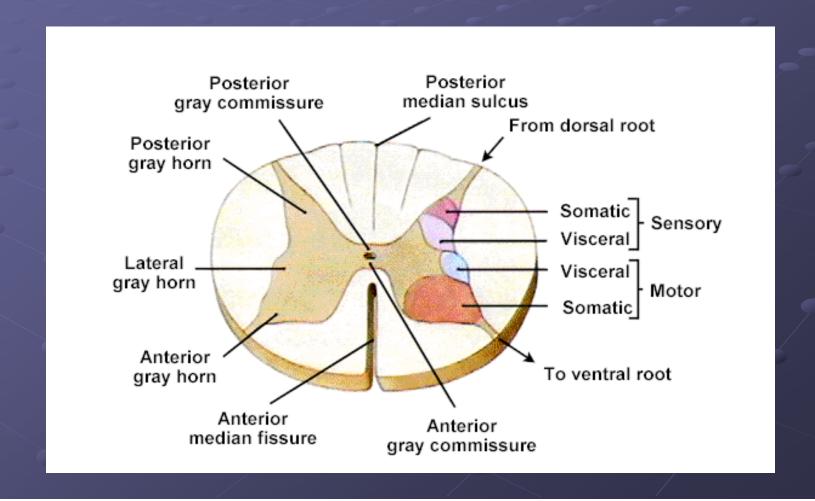
Gray matter - interior horns

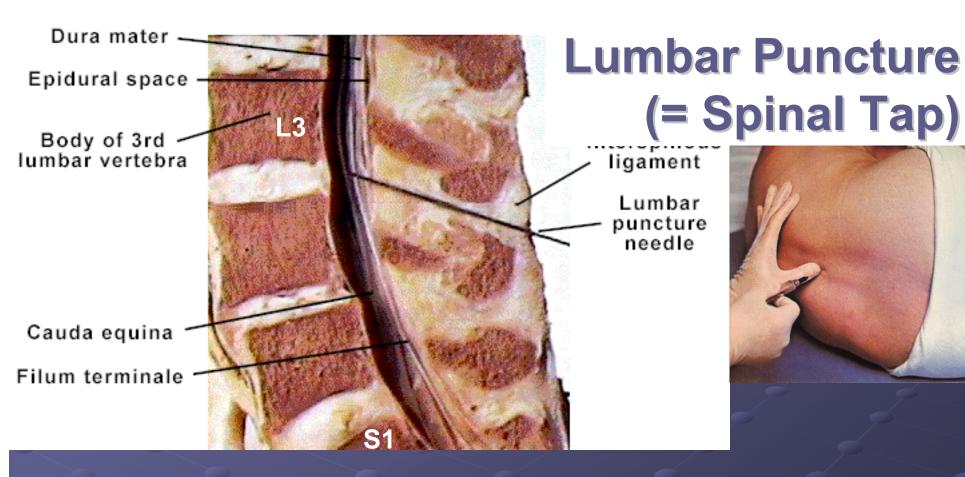
posterior - somatic and visceral sensory nuclei anterior (and lateral) gray horns – somatic and visceral motor control gray commissures - axons carrying information from side to side

White matter - tracts or columns posterior white column - anterior white column lateral white column anterior white commissure functions ascending tracts - sensory toward descending tracts - motor from brain

Sectional anatomy of spinal cord

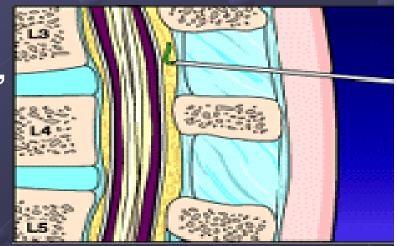
Outer white part; inner gray butterfly





For clinical examination of CSF or administration of radiopaque dyes, drugs and anesthetics

However: mostly "epidurals" for anesthetics



Organization of Spinal Nerves:

- 1. Root inside vertebral canal
 - a. dorsal sensory root with a ganglion
 - b. ventral motor root
- 2. Mixed spinal nerve
- 3. Rami
 - a. dorsal mixed to skin and muscles of back
 - b. ventral mixed "spinal nerve" to ventrolateral body surfaces and limbs
 - c. white ramus communicans motor ANS
 - d. gray ramus communicans motor ANS

Reflexes

Fast, preprogrammed, inborn, automatic responses

Occur in the CNS at the spinal cord or brainstem levels (cranial nerves)

May be either monosynaptic or polysynaptic

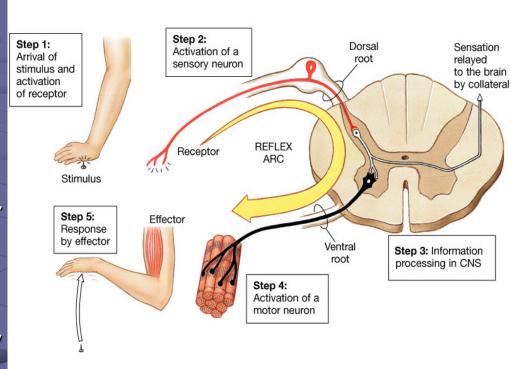
All require

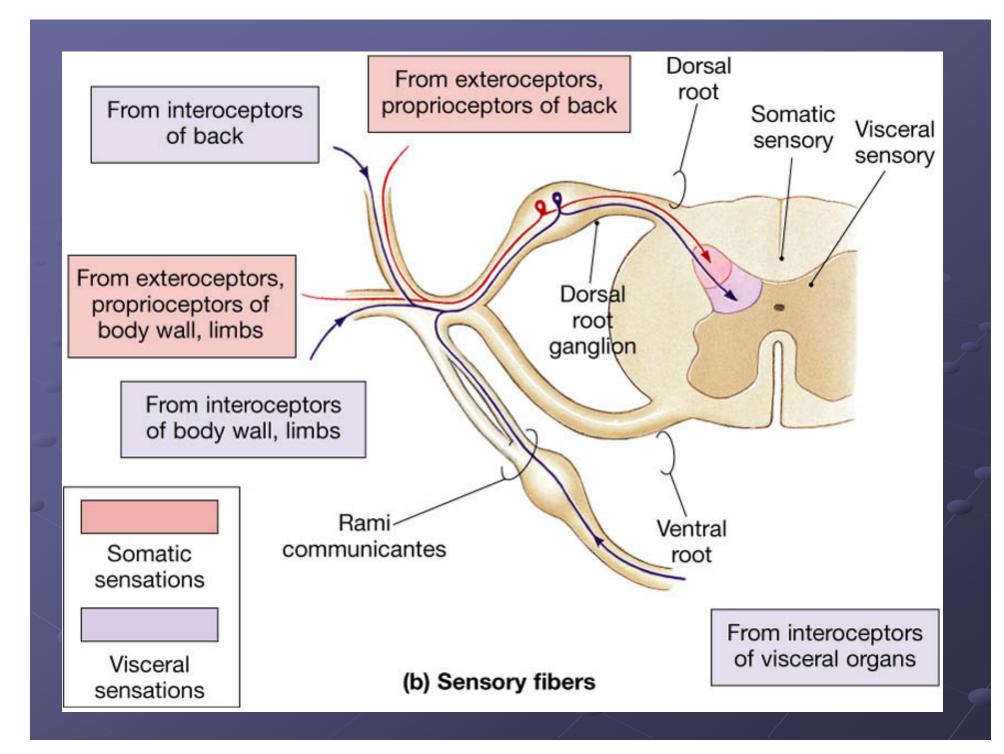
a. stimulus at receptor

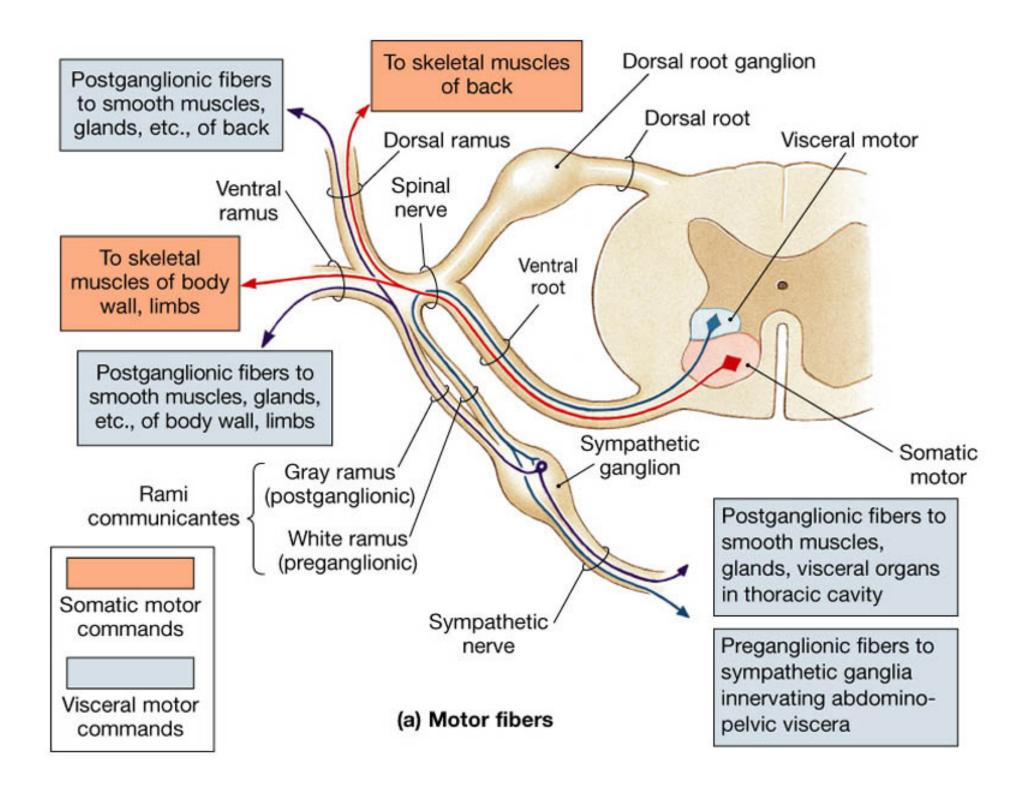
b. sensory information relay c. processing at CNS level

d. activation of motor response

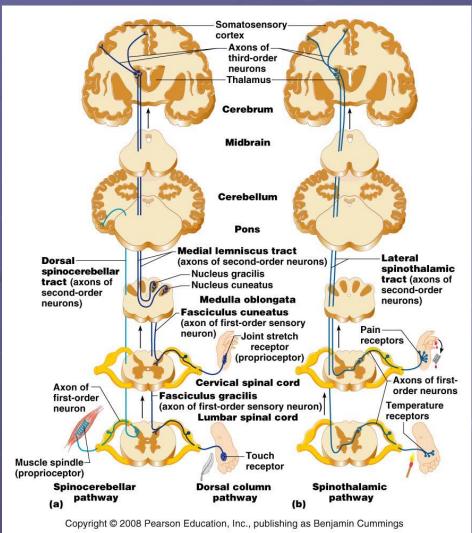
e. response of peripheral effector

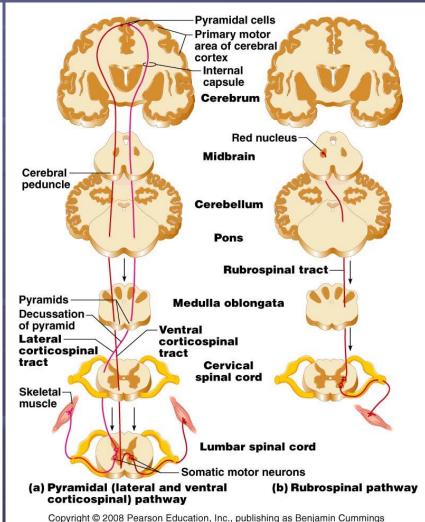






Ascending and Descending Tracts





Dermatomes

Sensory
 innervations by
 specific spinal
 nerves ⇒ Each pair of
 spinal nerves monitors
 specific region of body
 surface.

