Soft Tissue Calcification and Ossification

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Soft-tissue Calcification

Metastatic Calcification

- =deposit of calcium salts in previously normal tissue
- (1) as a result of elevation of Ca x P product above 60-70
- (2) with normal Ca x P product after renal transplant

 $Location: lung\ (alveolar\ septa,\ bronchial\ wall,\ vessel\ wall),\ kidney,\ gastric\ mucosa,\ heart,\ peripheral\ vessels$

Cause:

(a)Skeletal deossification

- 1.1° HPT
- 2.Ectopic HPT production (lung / kidney tumor)
- 3.Renal osteodystrophy + 2° HPT
- 4.Hypoparathyroidism
- (b)Massive bone destruction
- 1. Widespread bone metastases
- 2.Plasma cell myeloma
- 3.Leukemia
- (c)Increased intestinal absorption
- 1.Hypervitaminosis D
- 2.Milk-alkali syndrome
- 3.Excess ingestion / IV administration of calcium salts
- 4.Prolonged immobilization
- 5.Sarcoidosis
- (d)Idiopathic hypercalcemia

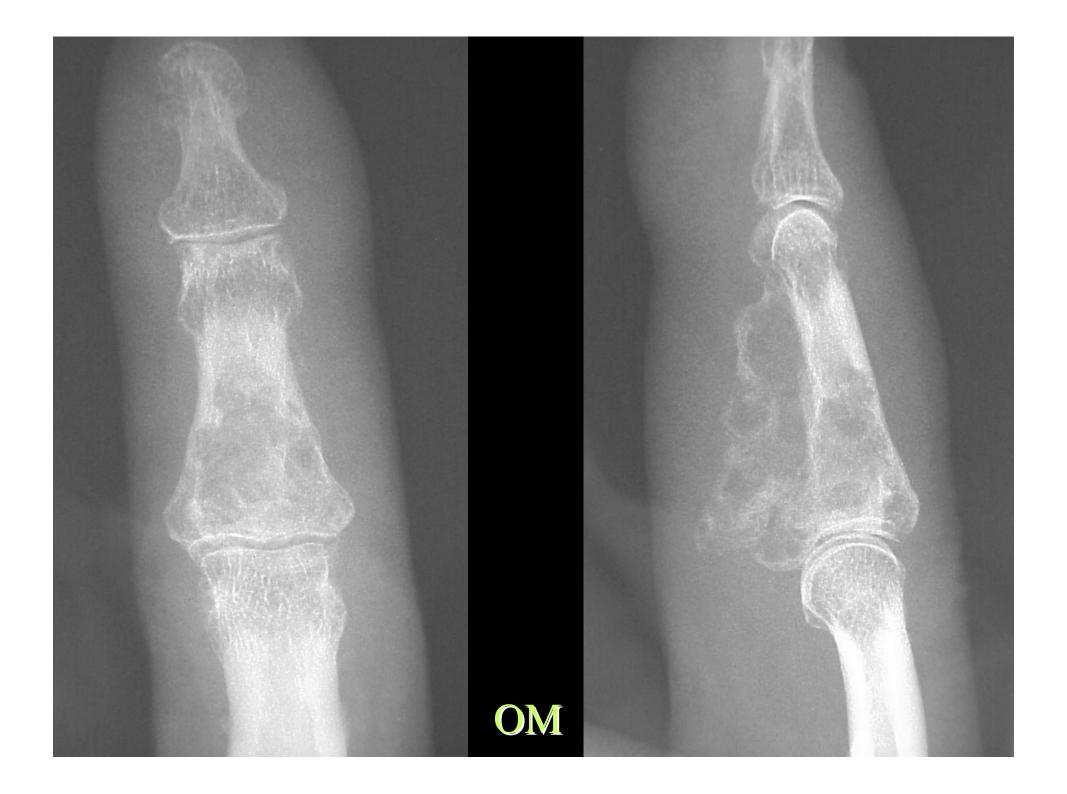
Generalized Calcinosis

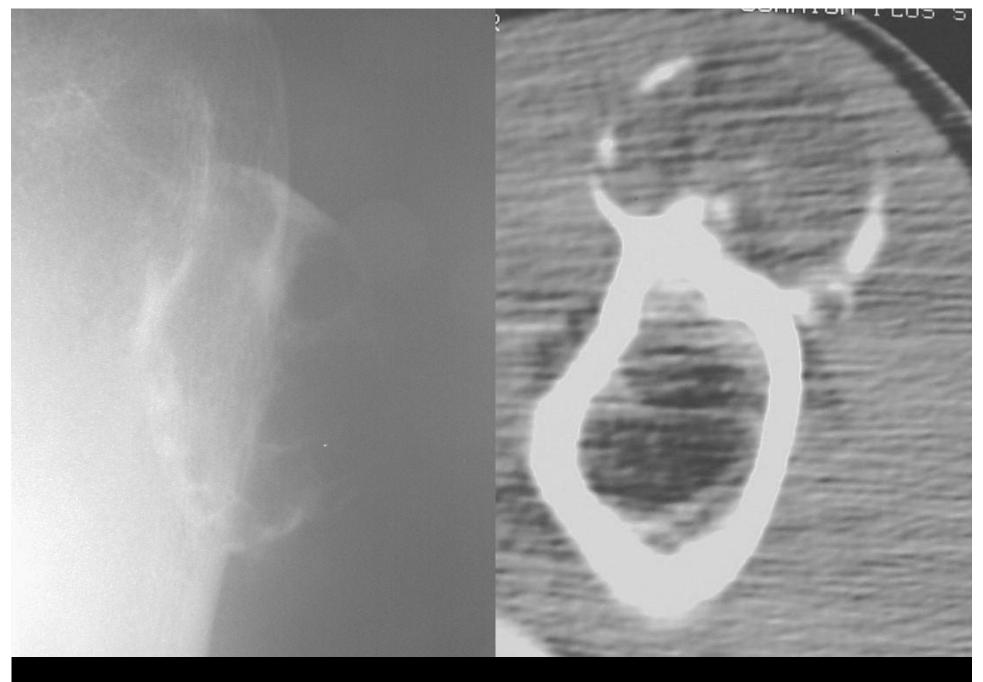
- (a)Collagen vascular disorders
- 1.Scleroderma
- 2.Dermatomyositis
- (b)Idiopathic tumoral calcinosis
- (c)Idiopathic calcinosis universalis

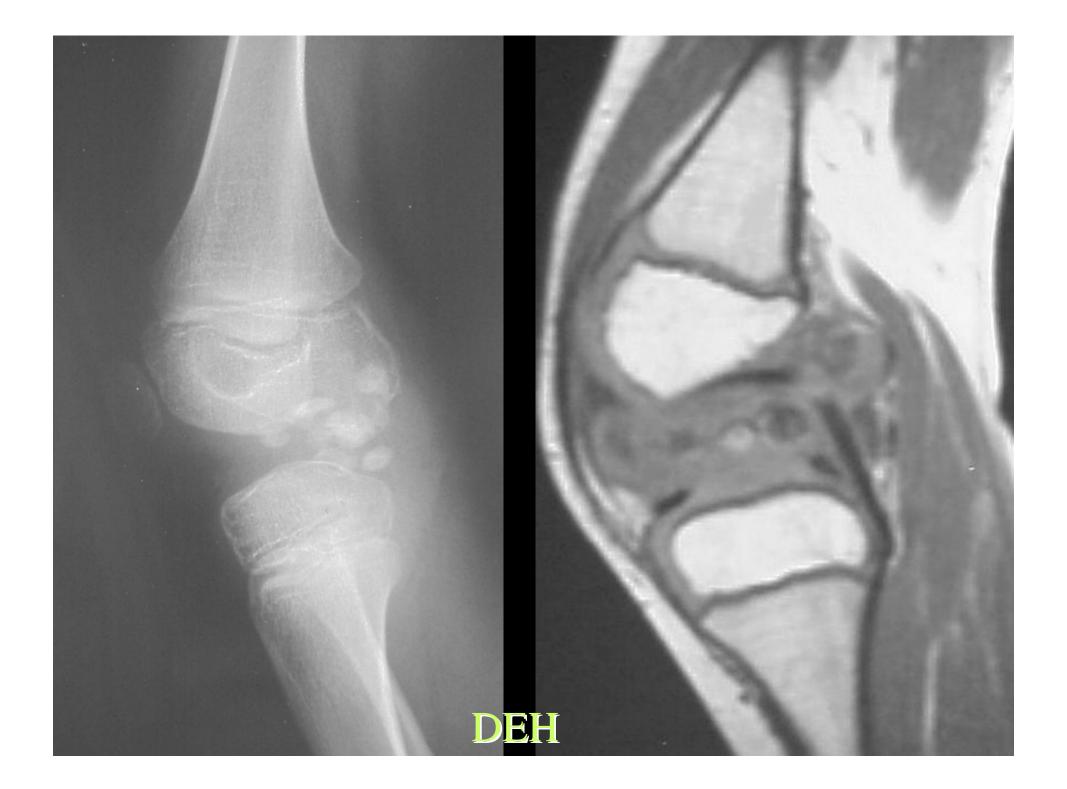
Dystrophic Calcification

- =in presence of normal serum Ca + P levels secondary to local electrolyte / enzyme alterations in areas of tissue injury Cause:
- (a)Metabolic disorder without hypercalcemia
- 1.Renal osteodystrophy with 2° HPT
- 2. Hypoparathyroidism
- 3.Pseudohypoparathyroidism
- 4.Pseudopseudohypoparathyroidism
- 5.Gout
- 6.Pseudogout = chondrocalcinosis
- 7.Ochronosis = alkaptonuria
- 8.Diabetes mellitus
- (b) Connective tissue disorder
- 1.Scleroderma
- 2.Dermatomyositis
- 3.Systemic lupus erythematosus
- (c)Trauma
- 1. Neuropathic calcifications
- 2.Frostbite
- 3. Myositis ossificans progressiva
- 4. Calcific tendinitis / bursitis
- (d)Infestation
- 1.Cysticercosis
- 2.Dracunculosis (guinea worm)
- 3.Loiasis
- 4.Bancroft filariasis
- 5.Hydatid disease
- 6.Leprosy
- (e)Vascular disease
- 1.Atherosclerosis
- 2. Media sclerosis (Mönckeberg)
- 3. Venous calcifications
- 4. Tissue infarction (eg, myocardial infarction)
- (f)Miscellaneous
- 1.Ehlers-Danlos syndrome
- 2.Pseudoxanthoma elasticum
- 3.Werner syndrome = progeria
- 4. Calcinosis (circumscripta, universalis, tumoral calcinosis)
- 5.Necrotic tumor

Exclude underlying bone disease









Exclude OSSIFICATION

Ossification Look for:

- Trabeculation
- Cortico-medullary differentiation
- Fat on T1

Soft Tissue Ossification

- Trauma
- Neoplastic
- Congenital

ST Ossification

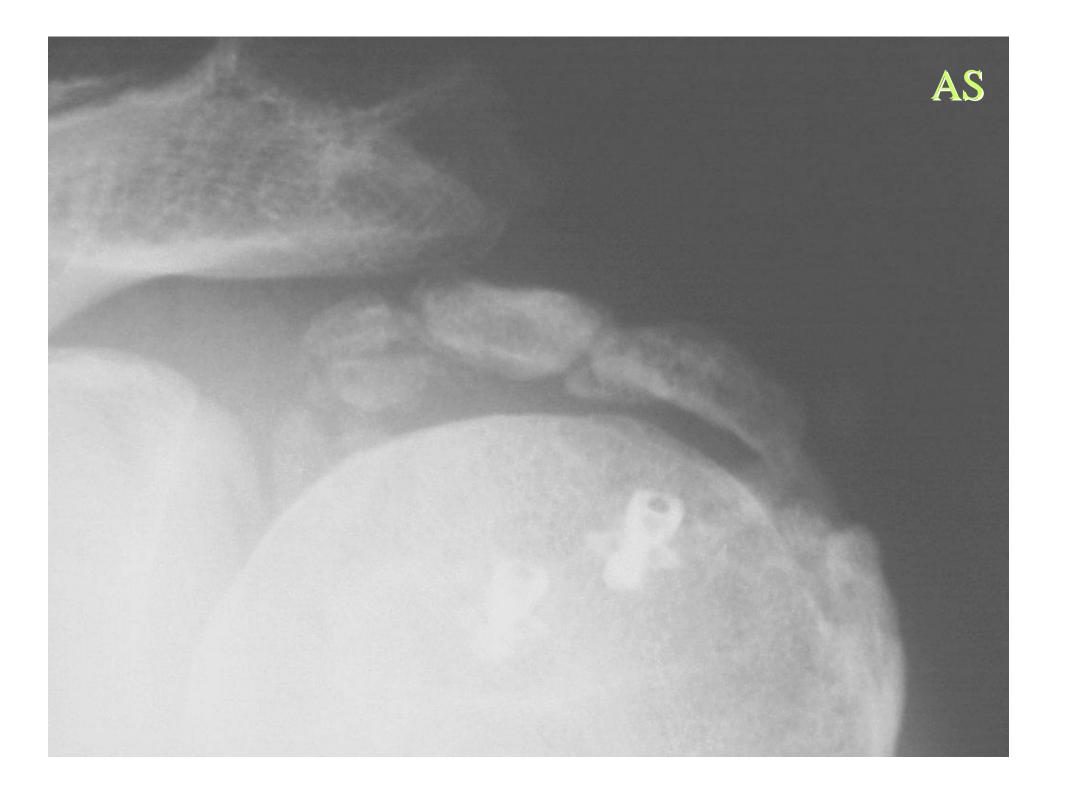
Traumatic

- Post Operative
- Within scars
- Myositis Ossificans
- Burns
- Paraplegia
- Head Injury

Ossification Traumatic

Post operative

- Following joint arthroplasty-heterotopic
 - Radiation, NSAIDs and Etindronate



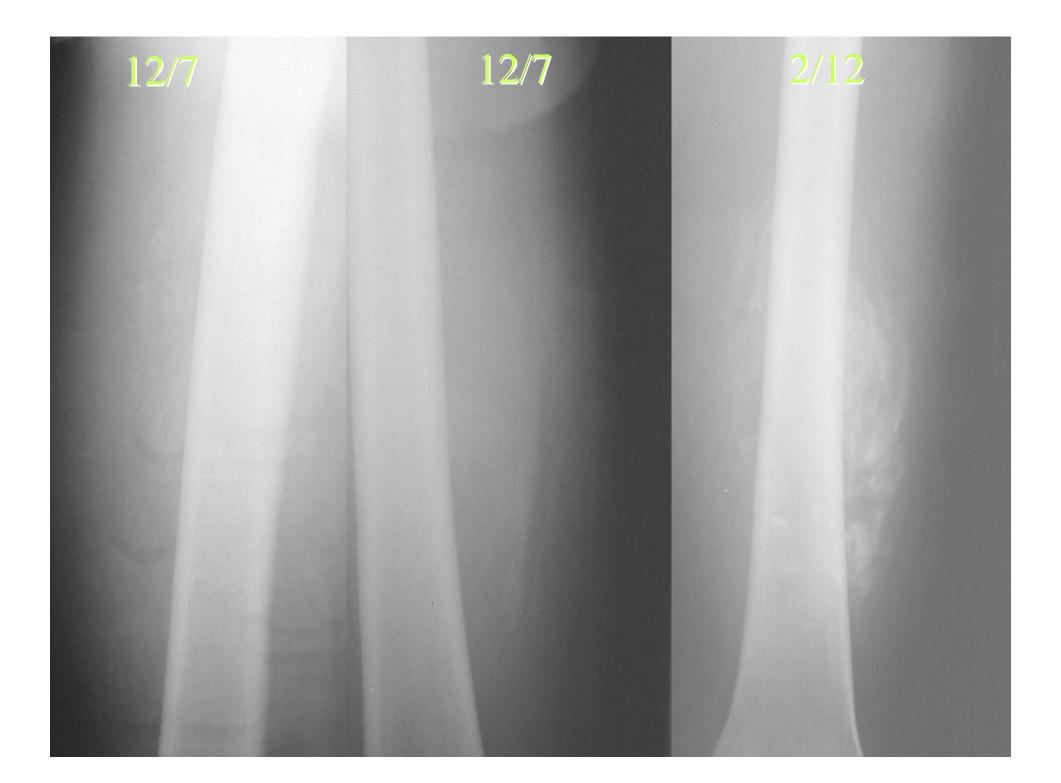
Ossification Traumatic

Myositis Ossificans

- Direct blow
- Adductor longus-Rider's bone
- Brachialis-Fencer's bone
- Soleus-Dancer's bone

Myositis Ossificans

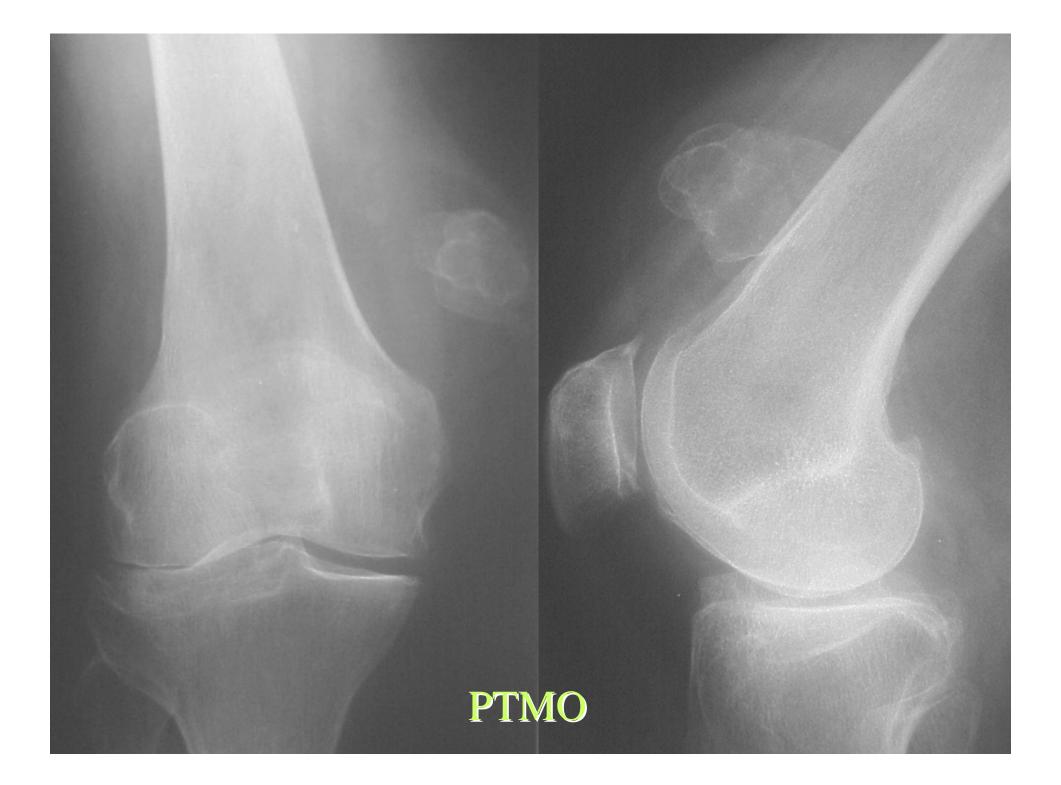
- 4/52 Faint peripheral Ca
 - Periosteal reaction
- 8/52 Circumscribed cortex
 - Central lacy pattern
- 5/12 Maturity
- >6/12 Regression
 - Separate from bone
- 1 year Usually disappears
 - Periosteal reaction remains



Post Traumatic Myositis Ossificans Centrifugal Ossification

Neoplastic Soft Tissue Ossification

Centripetal Ossification

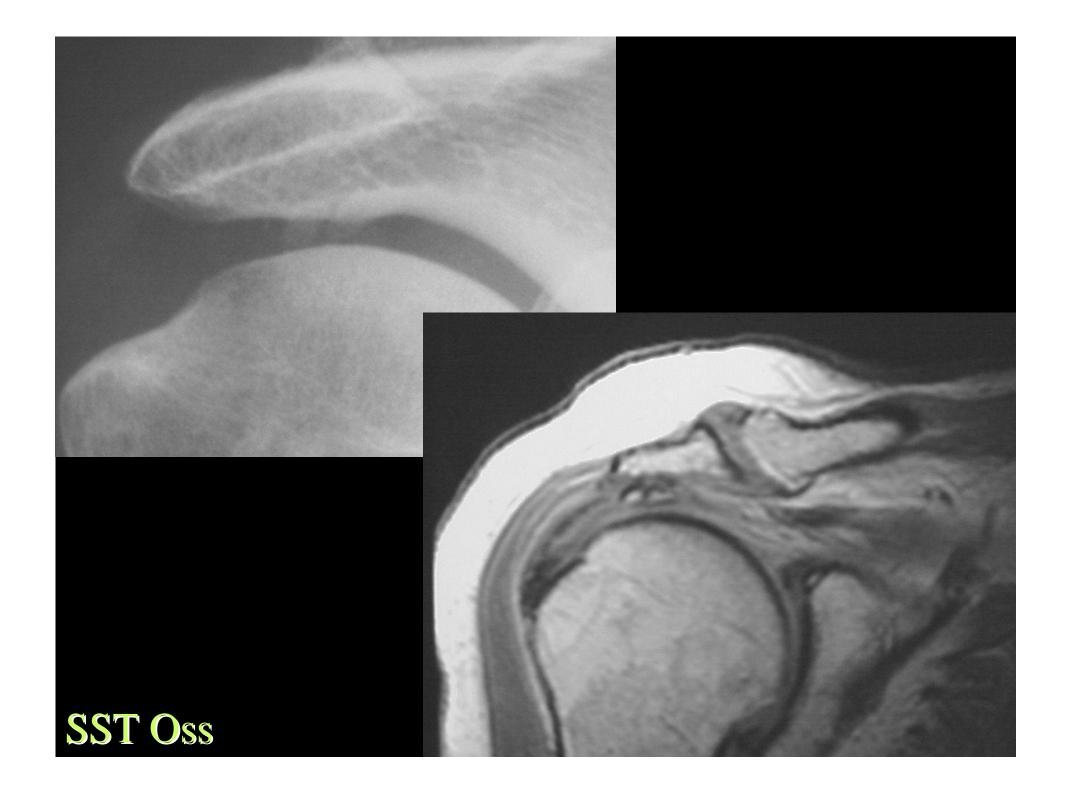


Ossification Traumatic

Tendons and Ligaments

• Calcification common, Ossification rare

- MCL knee Pellegrini-Stieda
- Coracoclavicular
- Achilles tendon
- Supraspinatus
- Stylohyoid ligament XS Eagle syn.





Ossification Traumatic

Burns

- Commonly elbow
- Occurs distal to burn



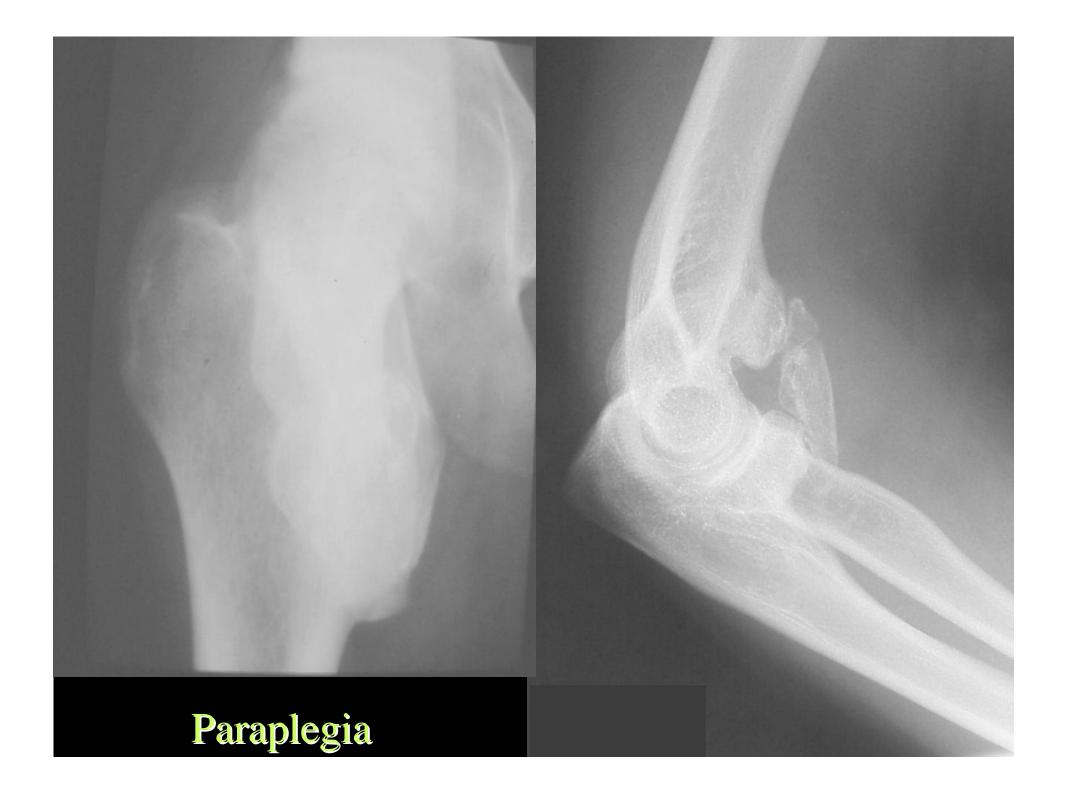
Burn

Ossification

Traumatic

Paraplegia

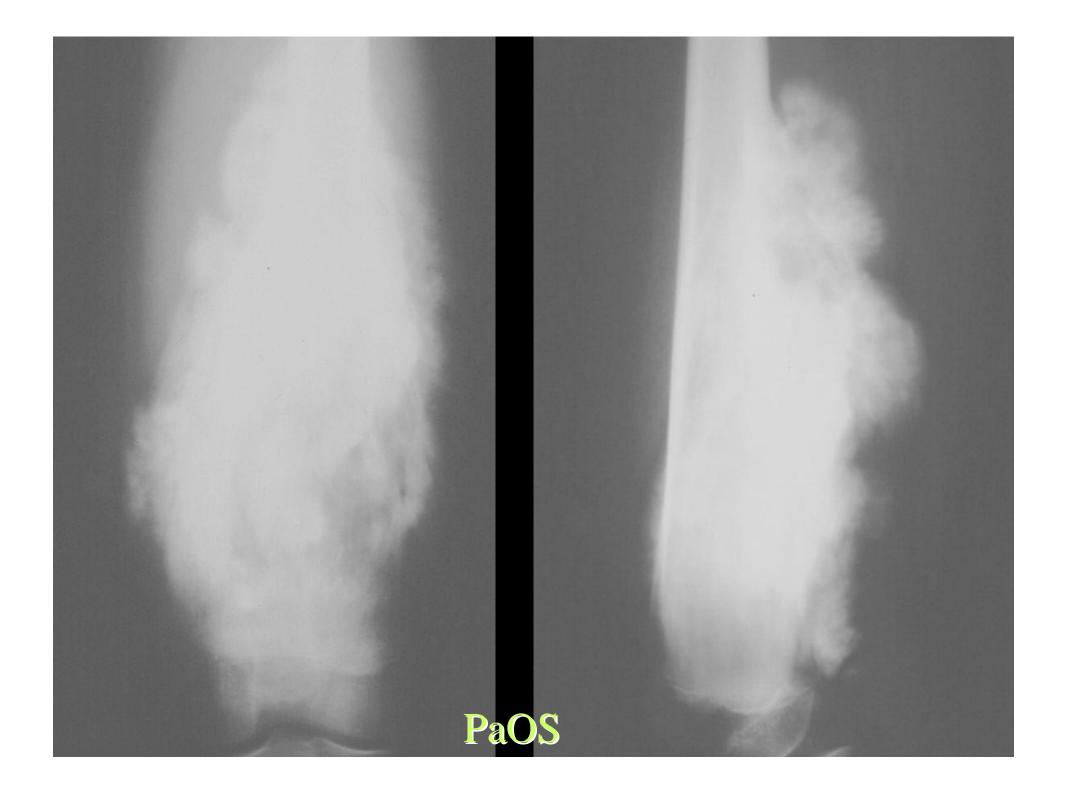
- Approx. 40%
- Usually in paralyzed parts
- Muscles, tendons and ligaments
- Large joints
- Often causes ankylosis

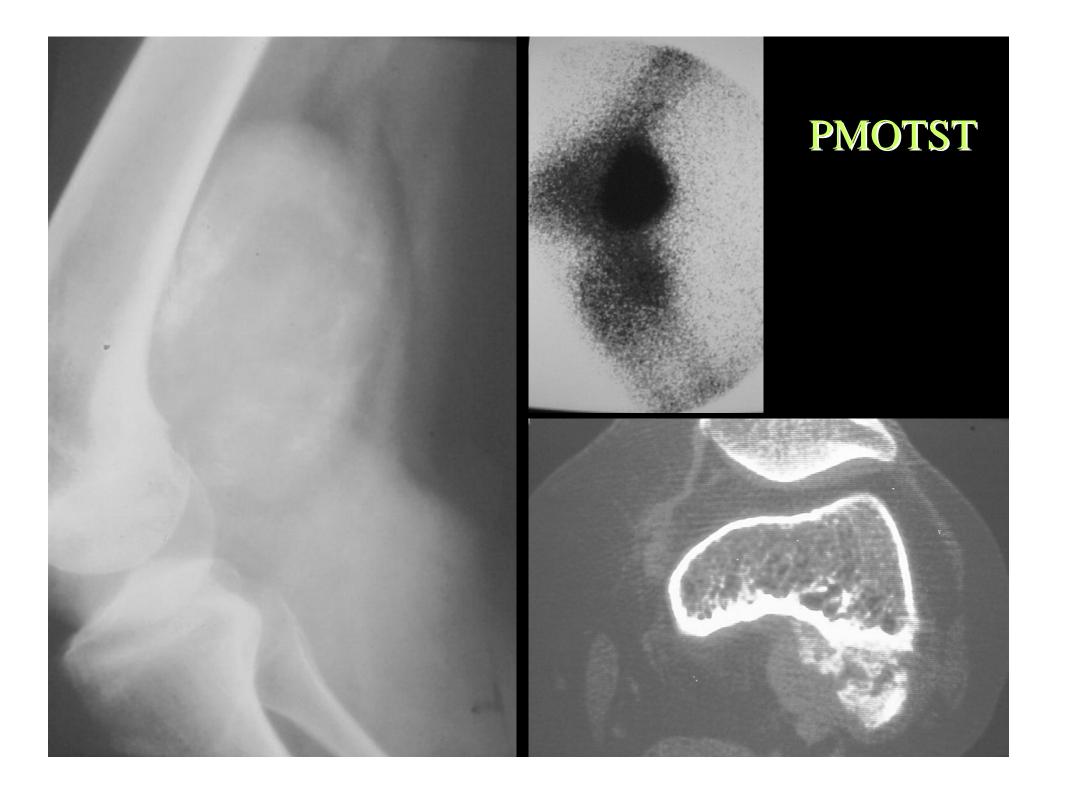


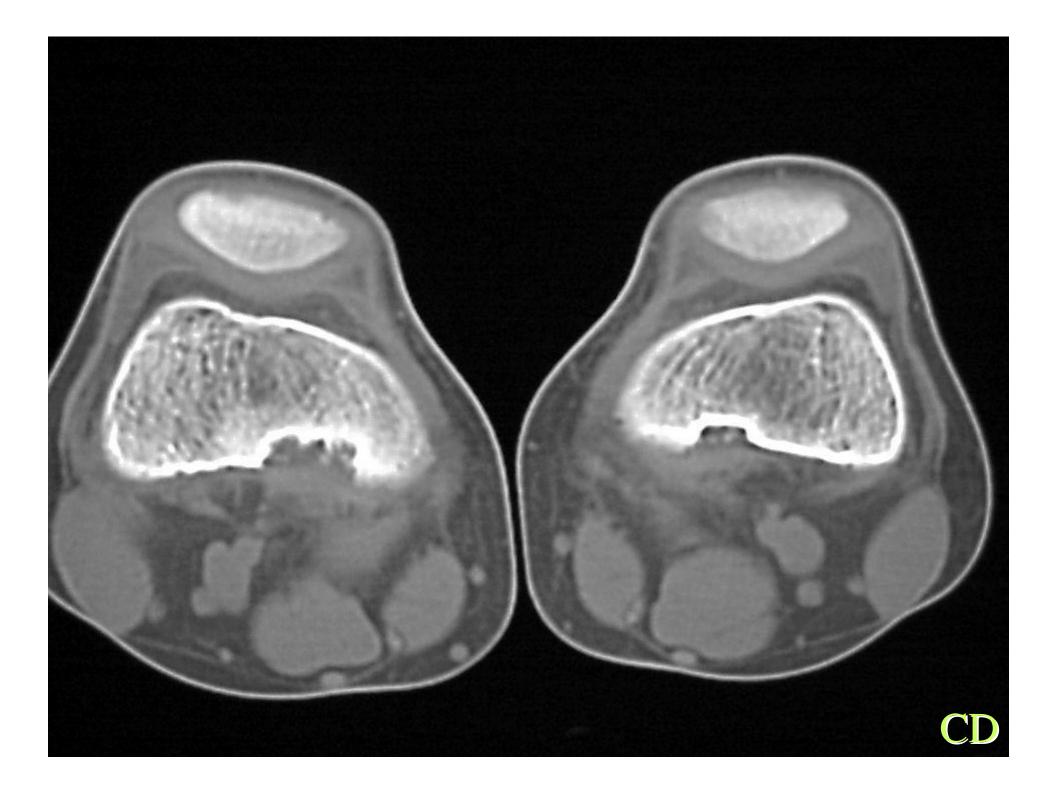
Ossification

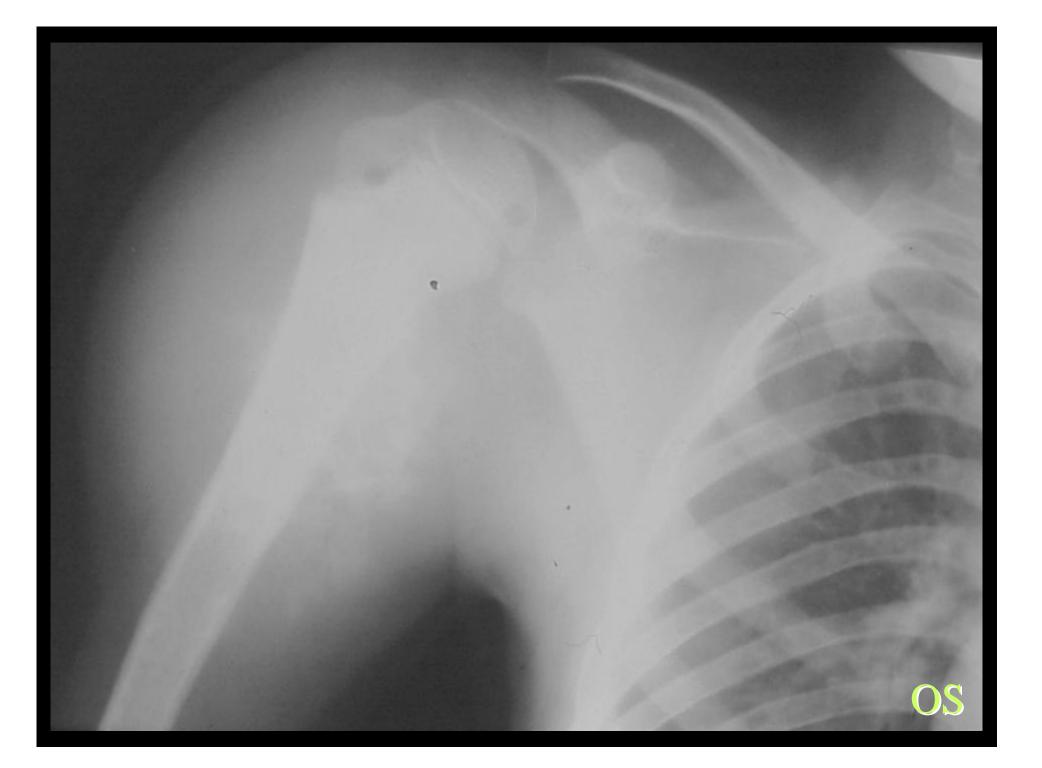
Neoplastic

- Parosteal osteosarcoma
- Liposarcoma
- Florid reactive periostitis
- Pseudomalignant osseous tumour of soft tissues
- Cortical desmoid
- Extra skeletal osteosarcoma
- Juxta cortical chondroma







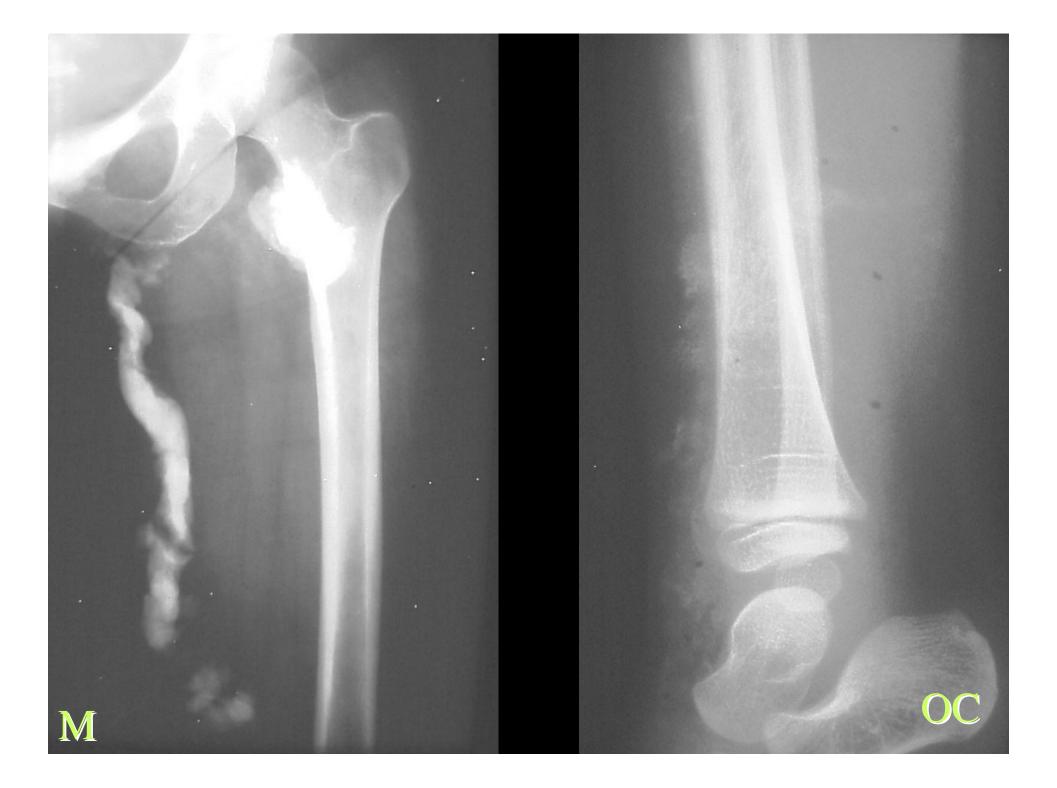


Ossification

Congenital

- Fibrodysplasia ossificans progressiva
 - (Myositis OP)
 - (Fibrositis OP)
- Melorheostosis
- Osteoma cutis





CALCIFICATION

Calcification

- By cause
- By shape / morphology
- By site
- By distribution
- By age
- By Aunt Mini

Soft Tissue Calcification

By Cause

- Metastatic
 - Disturbance in Calcium or Phosphate
- Generalized Calcinosis
 - Normal Calcium or Phosphate
- Dystrophic
 - Damaged or devitalized tissue

By Cause

Metastatic Calcification

- Hyperparathyroidism
- Hypoparathyroidism
- Renal Osteodystrophy
- Hypervitaminosis D
- Milk Alkali
- Sarcoidosis
- Massive bone destruction
 - Mets., Myeloma, Leukaemia





By Cause

Generalized Calcinosis

- Collagen disorders
- Idiopathic tumoral calcinosis
- Idiopathic calcinosis (interstitialis) universalis

By Cause

Generalized Calcinosis

Collagen Disorders

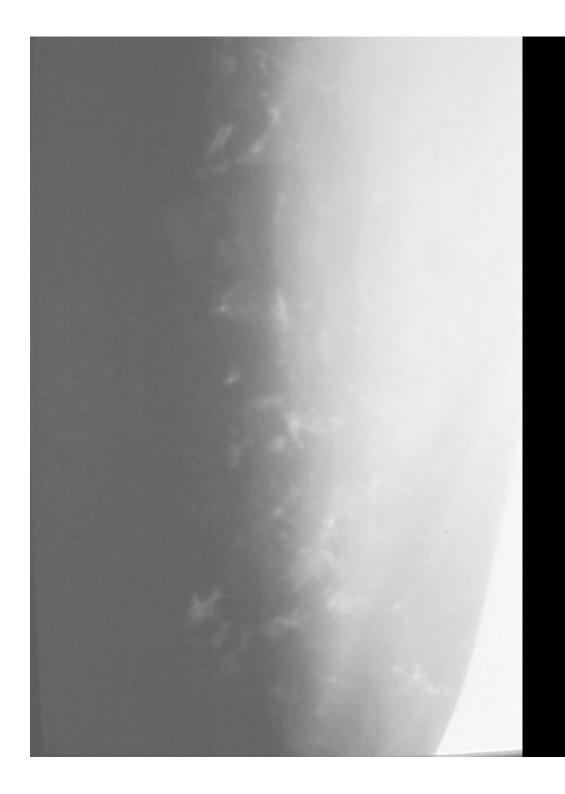
- Systemic Lupus Erythematosus
- Dermatomyositis
- Scleroderma
- Raynauds
- CREST
- Ehlers Danlos

By Cause

Generalized Calcinosis

Collagen Disorders

- Great variety of appearances
- Overlap in diseases and patterns MCTD
- May be local or generalized
- Linear, lacy, tumoral
- Deep or superficial



SLE

- Diffuse
- Linear, Streaky, Nodular
- Subcutaneous or deep
- Uncommon
- Lower limb

Dermatomyositis

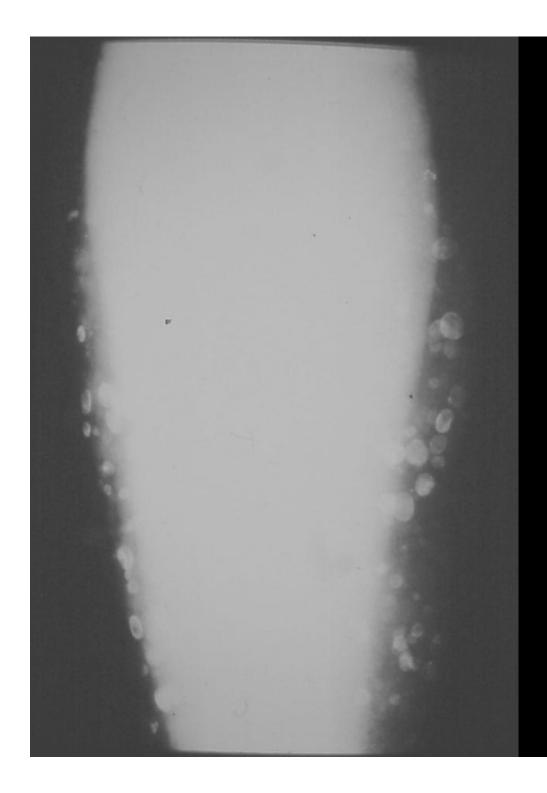
- Childhood
- Muscles and subcutaneous
- Linear or lacy
- Proximal



Scleroderma

- Hands and pressure areas
- Acro-osteolysis
- Soft tissue changes
- Subluxations





Ehlers-Danlos

- Subcutaneous
- Spherules
- 2-10mm
- Random orientation
- Distal

Soft Tissue Calcification By Cause

Generalized Calcinosis

Idiopathic Tumoral Calcinosis

- 10-30Yrs, black
- Elevated phosphate
- Single or multiple firm tumour like painless
- Hips, Shoulders, Elbows, Ankles
- Dense, Flocculent, Amorphous,
- 1-20cm, fluid levels
- Dx of exclusion



Soft Tissue Calcification By Cause

Generalized Calcinosis

Idiopathic Calcinosis Universalis

- Infants and children, rare
- Initially subcutaneous fat of extremities
- Longitudinal bands
- DDx
 Hyperparathyroidism
 Dermatomyositis
 Fat necrosis
 Extravasation of Ca gluconate

By Cause

Dystrophic Calcification

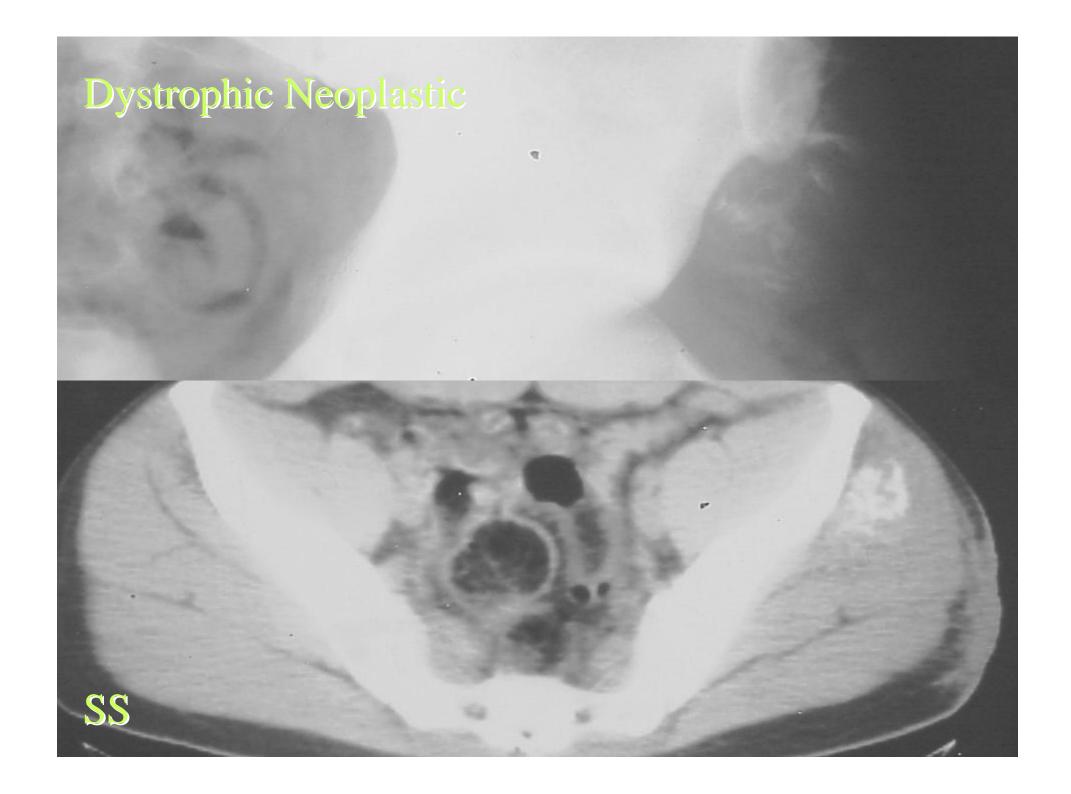
- Neoplastic
- Trauma
- Inflammatory

By Cause

Dystrophic Calcification

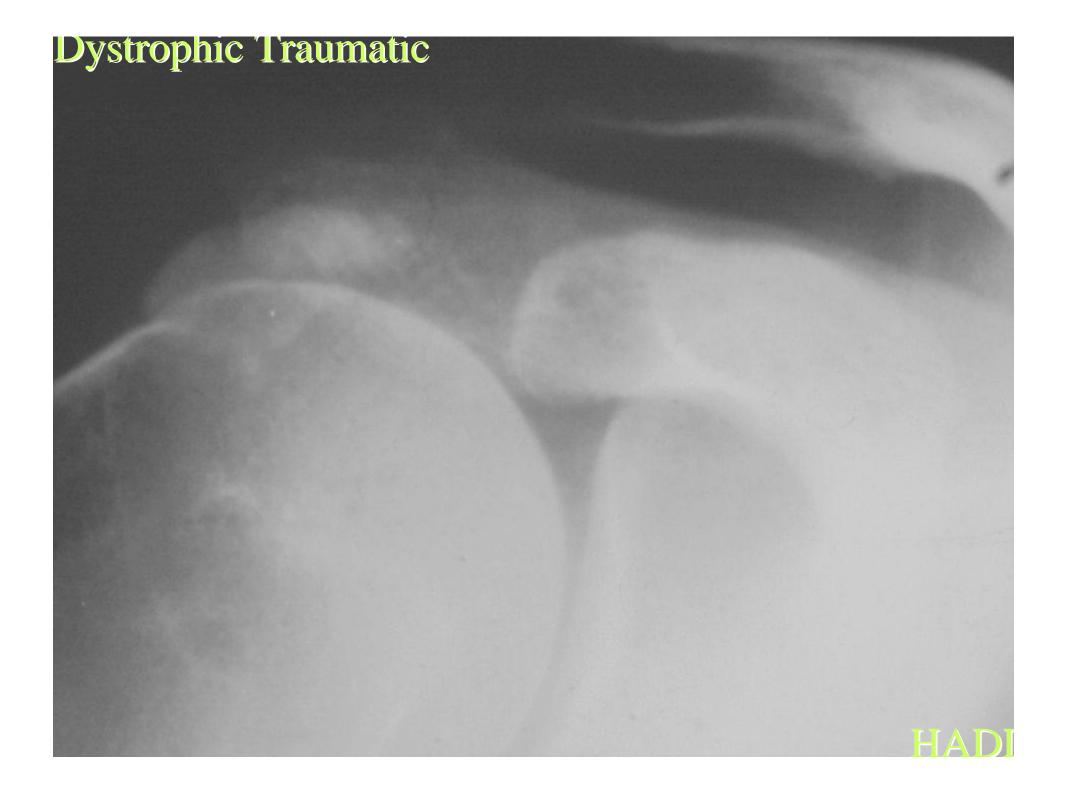
Neoplastic

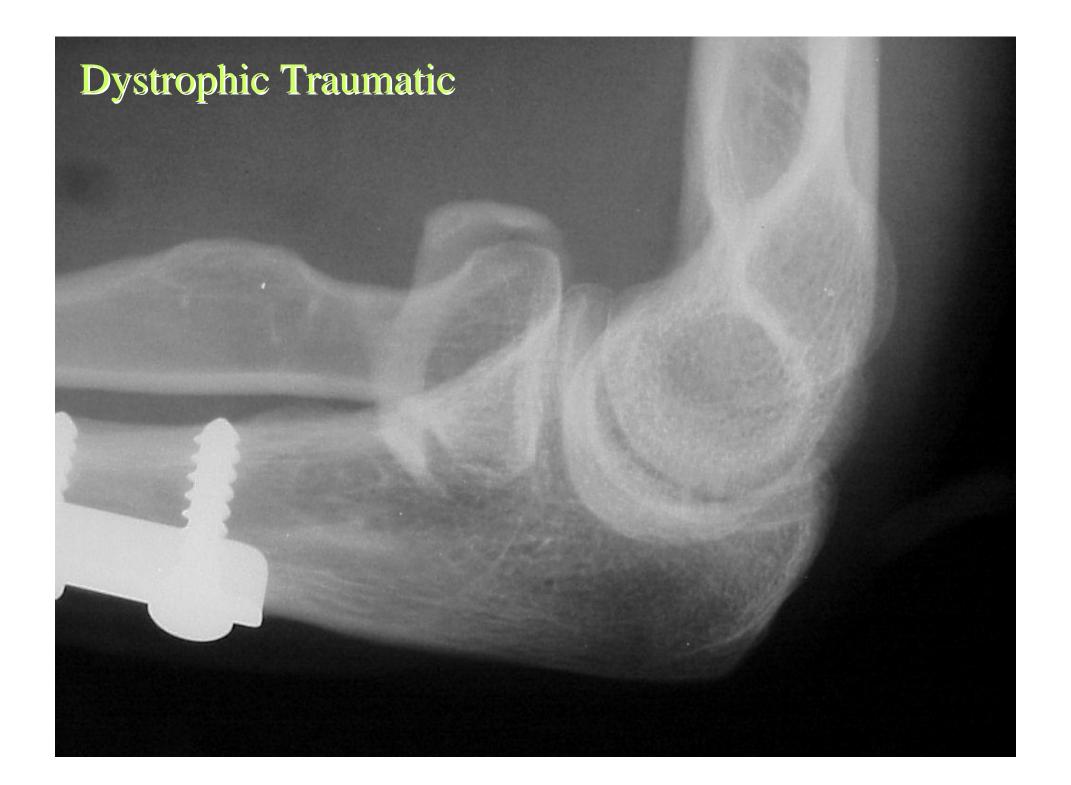
- Synovial sarcoma
- Liposarcoma
- Any less commonly

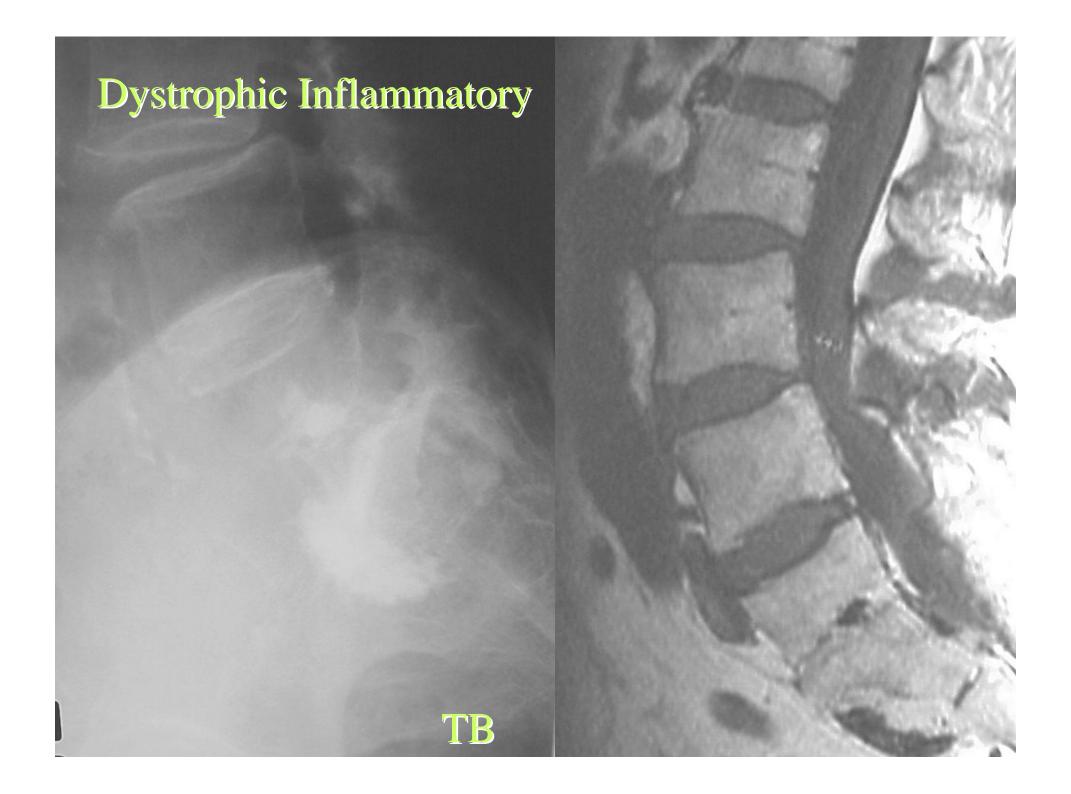




Dystrophic Neoplastic







By Shape Morphologic descriptive terms

- Calcinosis universalis
 - Widespread
- Calcinosis circumscripta
 - Localized
- Tumoral calcinosis
 - Mass like

• Add idiopathic prefix for a single disease entity

By Shape

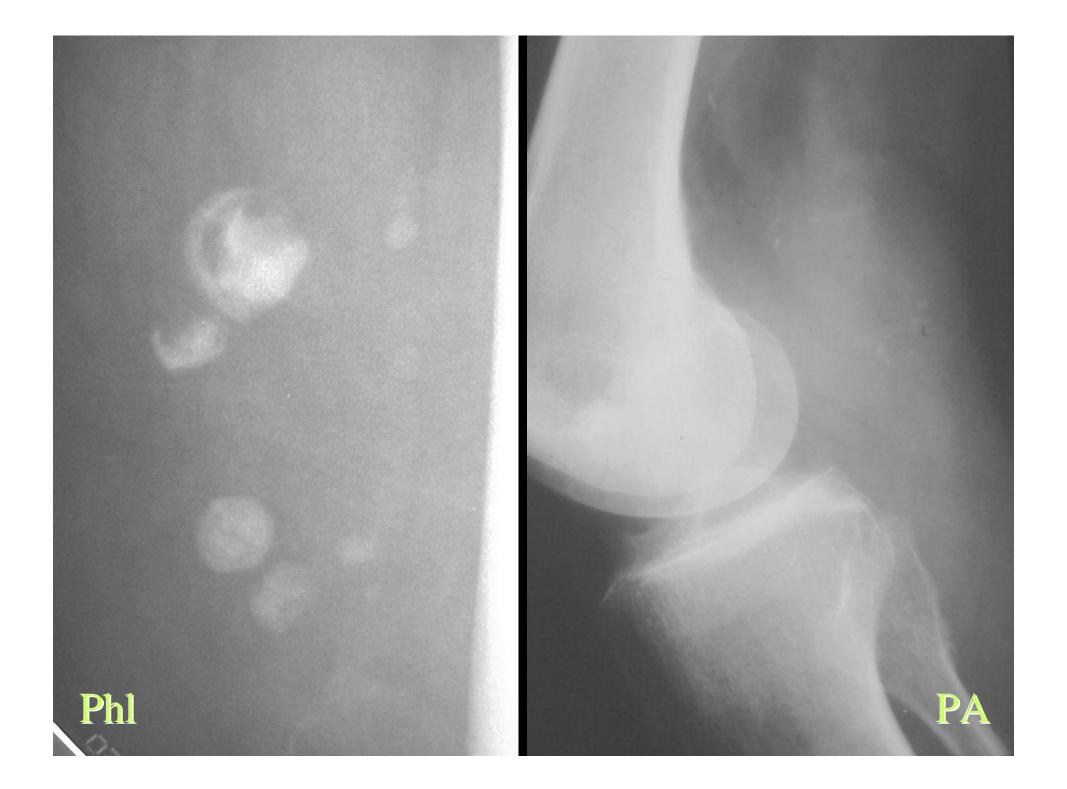
Morphology

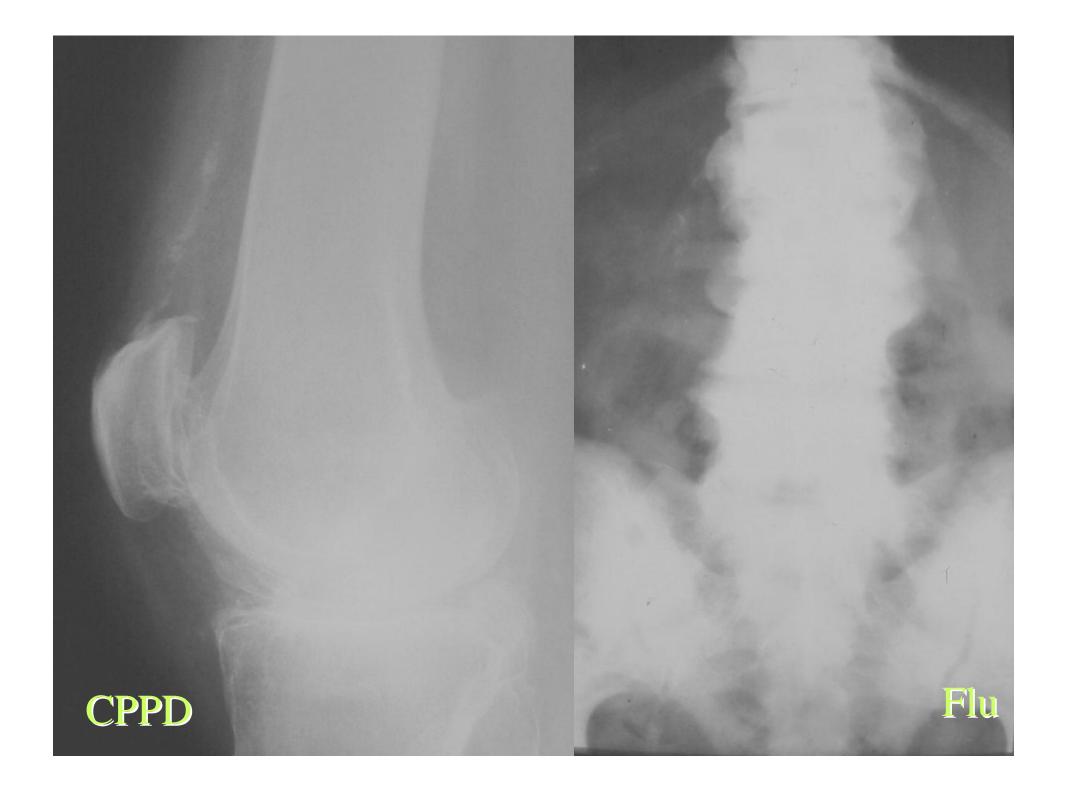
- Linear and Curvilinear
- Conglomerate (Tumoral)
- Sheets

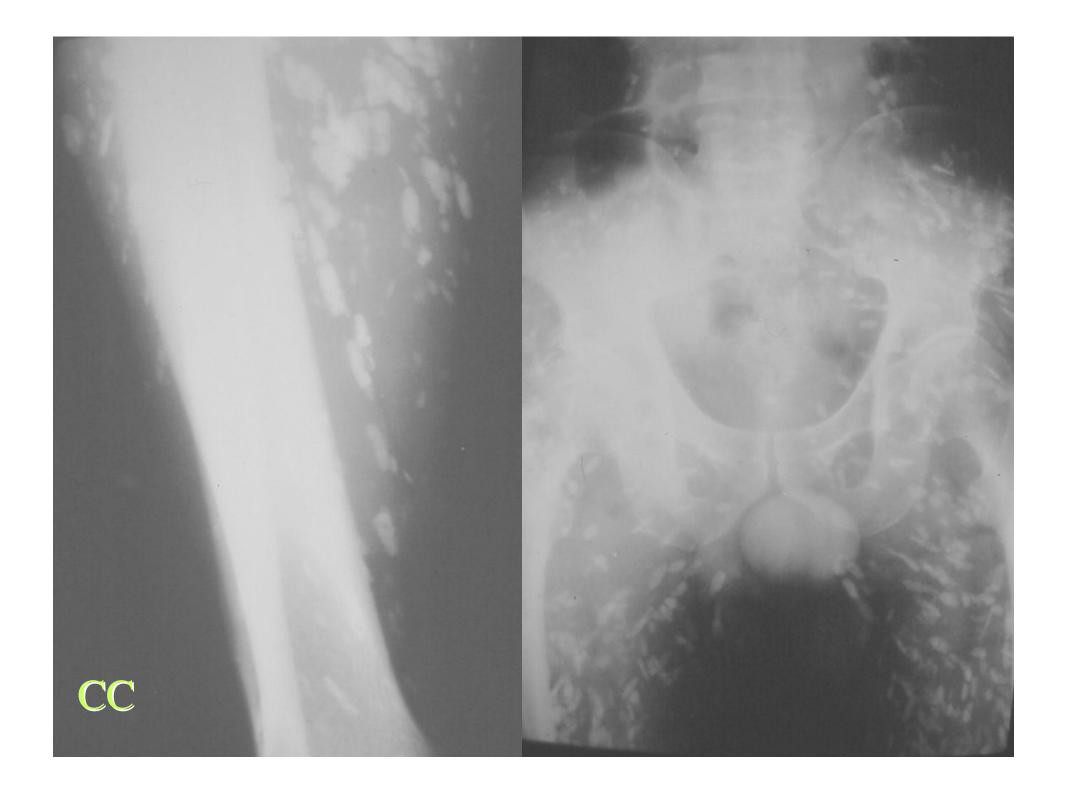
By Shape

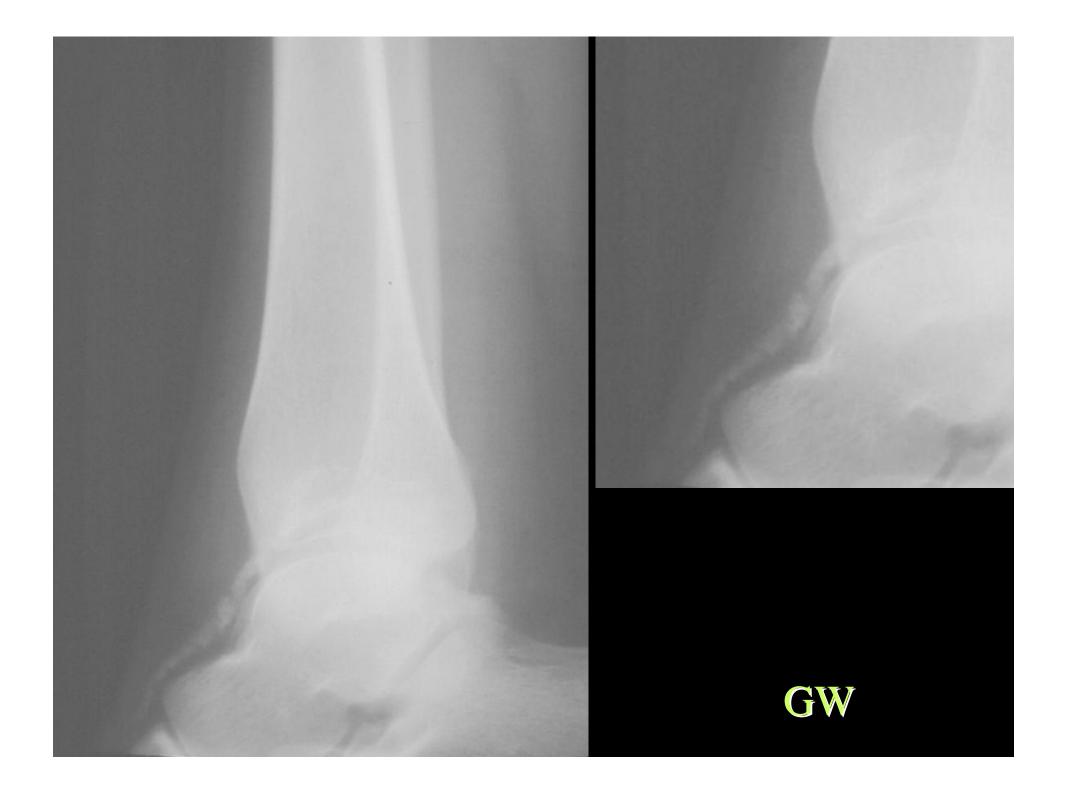
Linear and Curvilinear

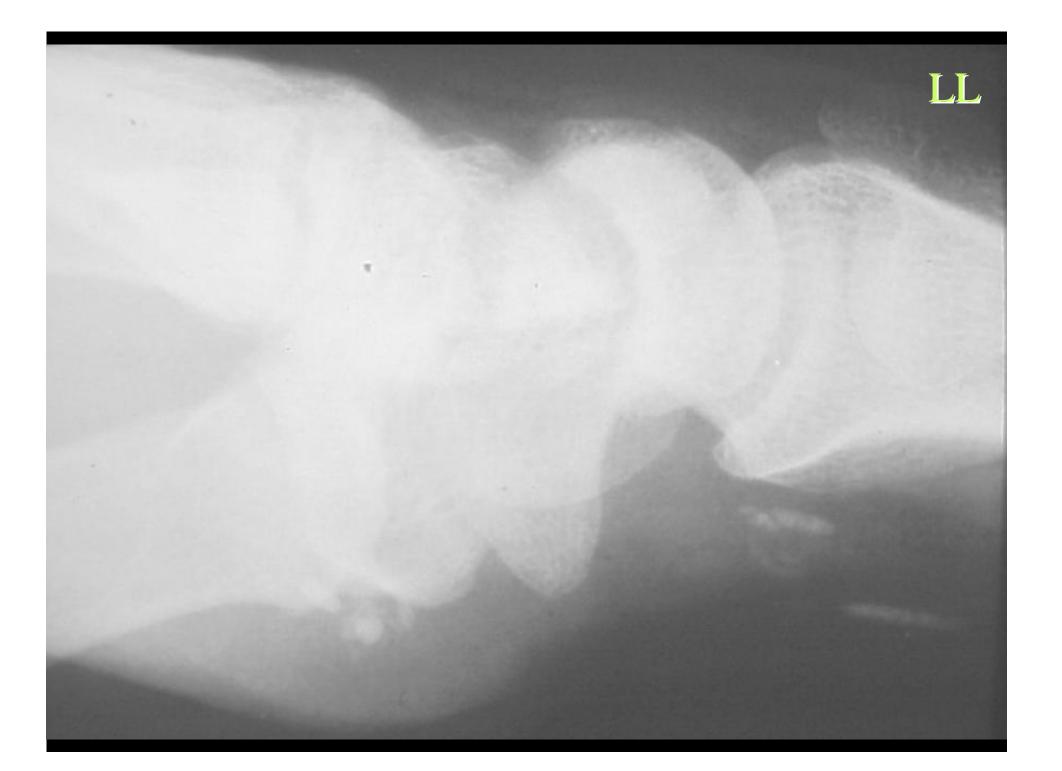
- Arterial
 - Atheroma, Aneurysm, Diabetes, HPT, Progeria, Werner's
- Nerve
 - Leprosy, Neurofibromatosis
- Tendon and Ligament
 - Tendinitis, AS, Ochronosis, Fluorosis, Diabetes
- Injection
 - Bismuth, Arsenic, Quinidine
- Parasite
 - Cysticercosis, Guinea worm, Loa Loa, Armillifer armillatus









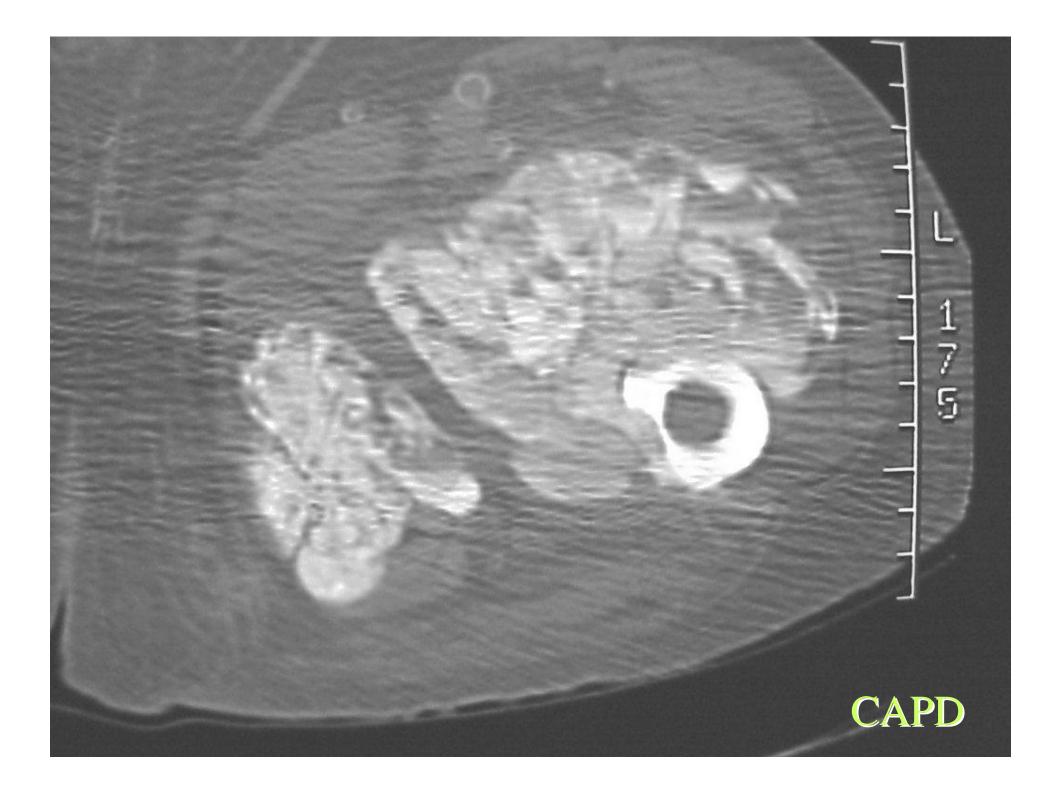


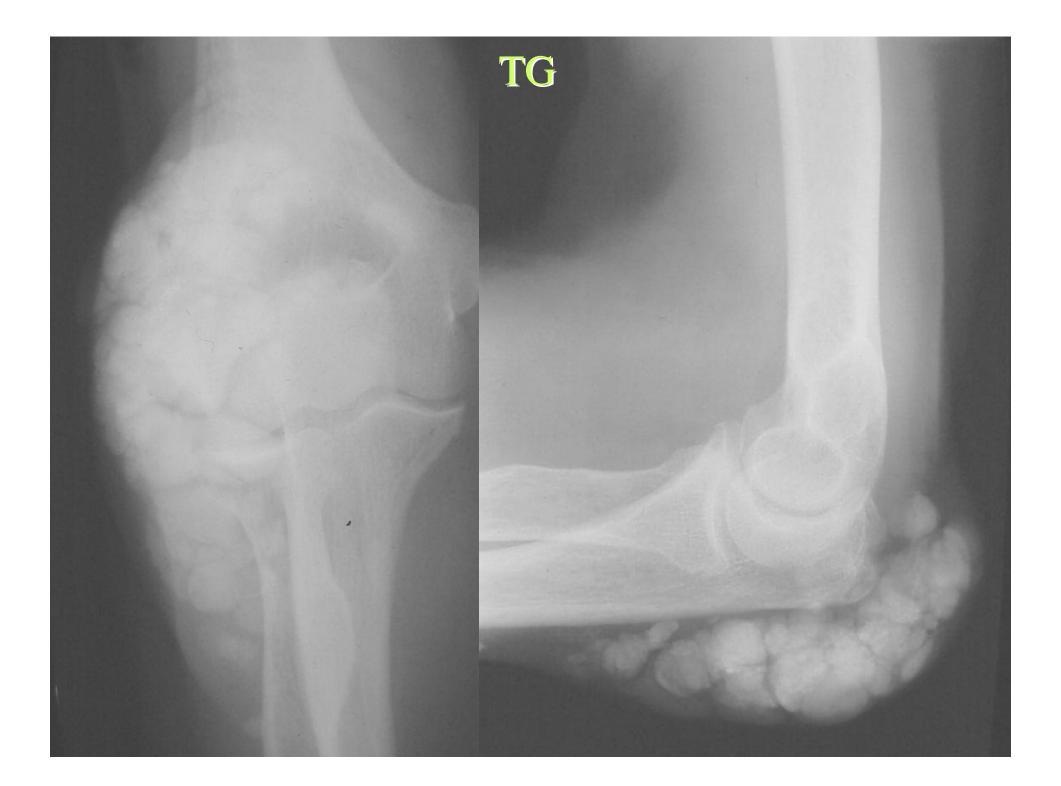
By Shape

Tumoral calcinosis DDX

- Idiopathic
- Renal osteodystrophy
- Gout
- Hypervitaminosis D
- Hyperparathyroidism
- Collagen vascular Disease





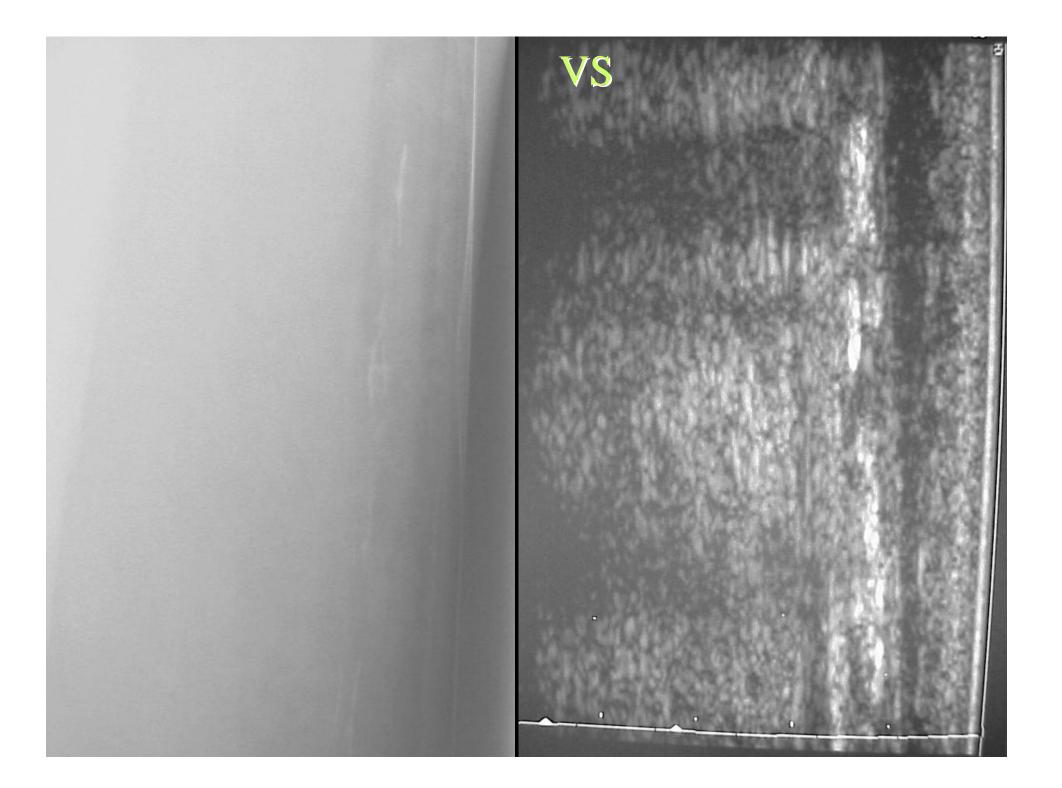




Calcification By shape

Sheets of Calcification

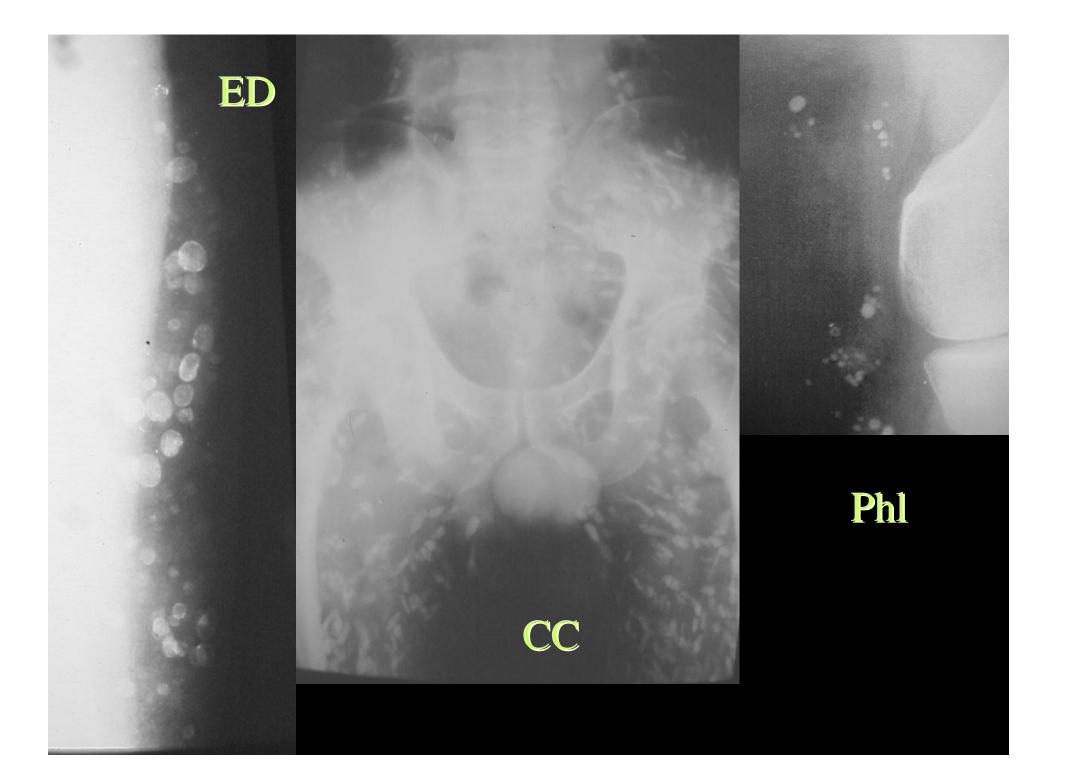
- Dermatomyositis
- Fibrodysplasia ossificans progressiva
- Venous stasis



Calcification By shape

Some characteristic shapes

- Circle or oval, lucent centre
 - Phlebolith, Spherule, Cysterci
- Reticulated
 - Dermatomyositis



By site

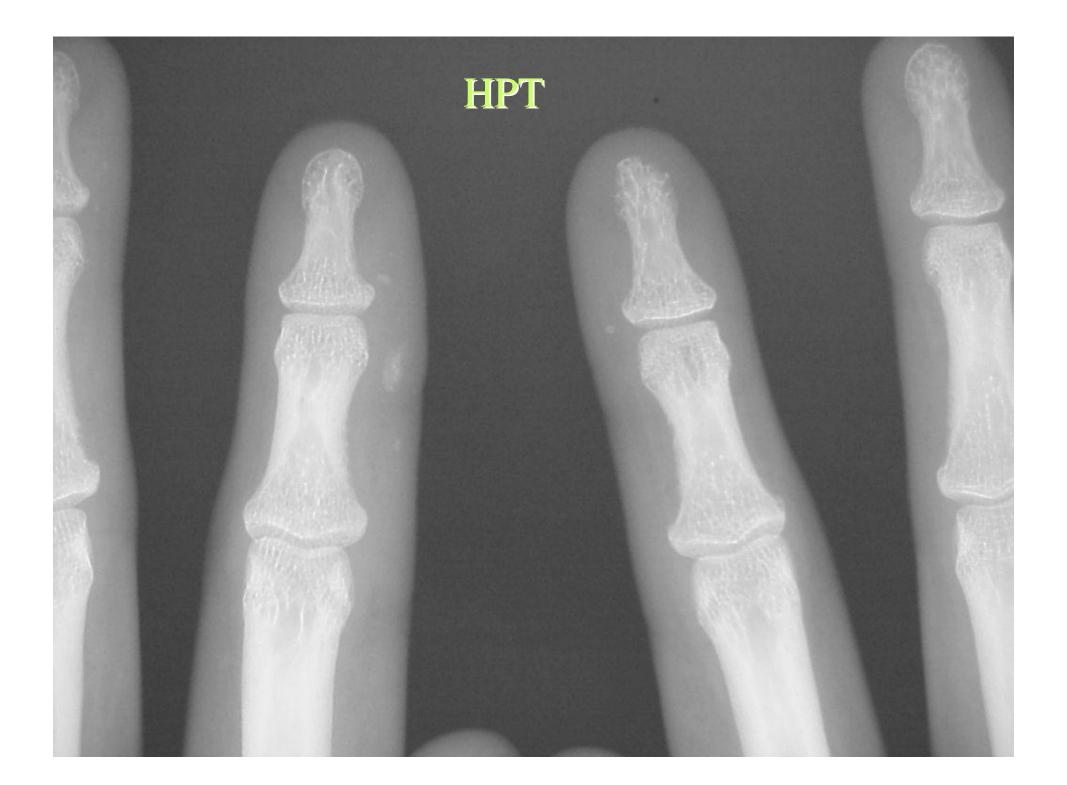
- Generalized
- Localized
 - Periarticular
 - Tendons and bursa
 - Finger tips
 - Articular cartilage
 - Disc
 - Pinna

By site

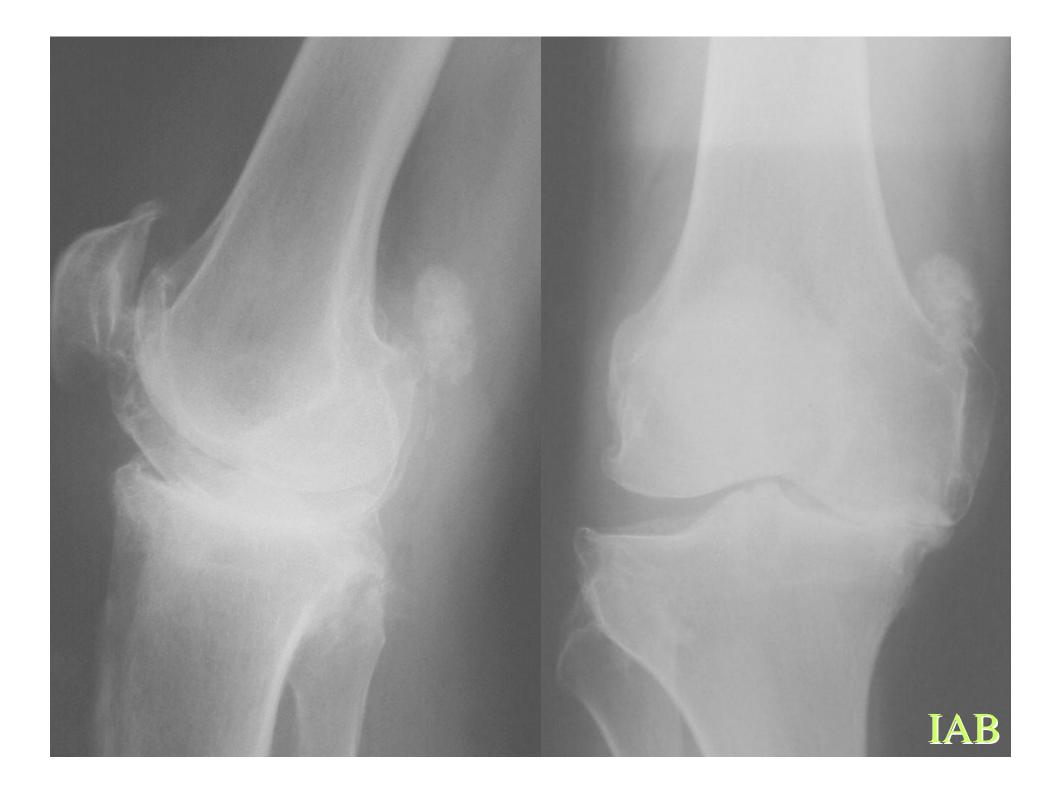
Periarticular

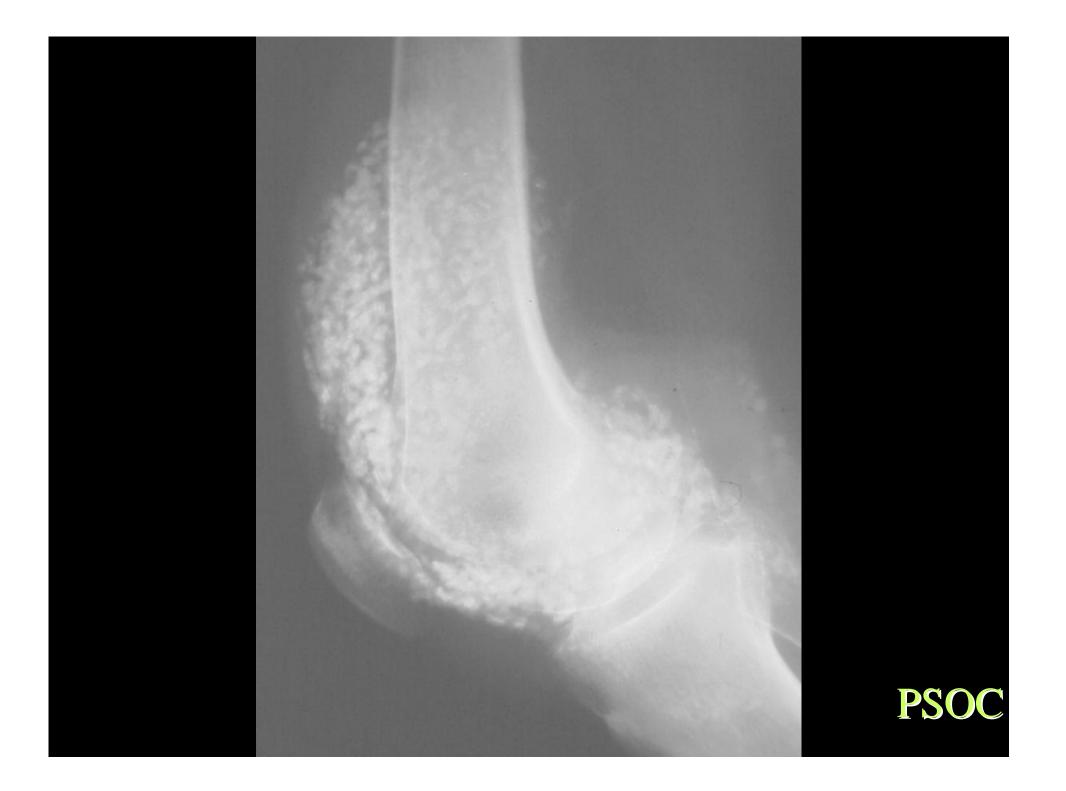
- Hyperparathyroidism
- Renal osteodystrophy
- Milk alkali syndrome
- Hypervitaminosis D
- Collagen vascular disease

• Exclude intraarticular









By site

Tendons and Bursa

- Calcium hydroxyapatite deposition disease
- Calcium pyrophosphate dihydrate deposition disease

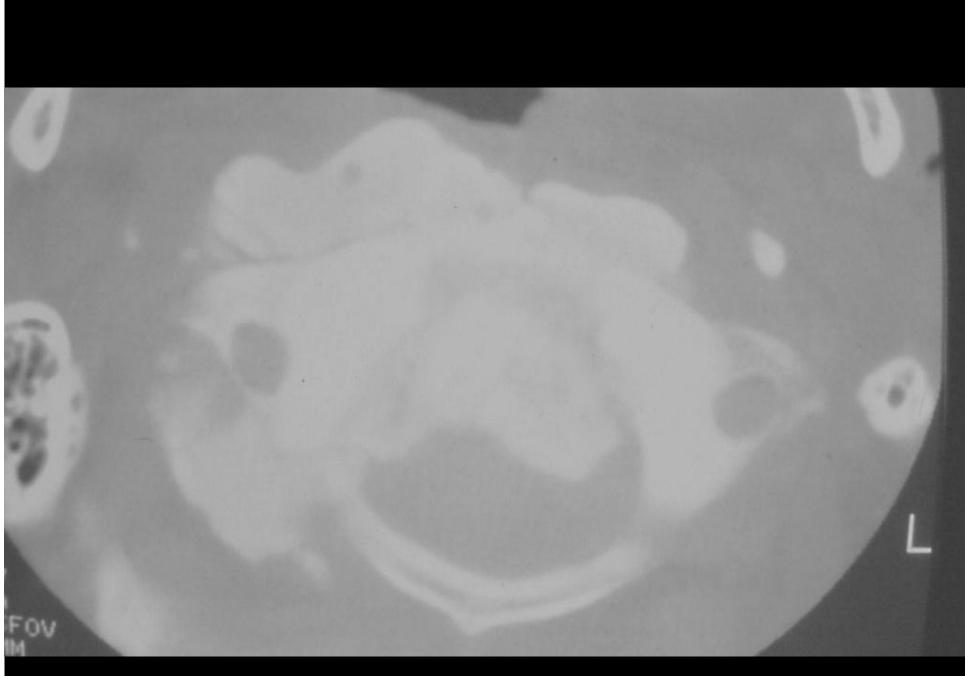
By site Tendons and Bursa

CPPD

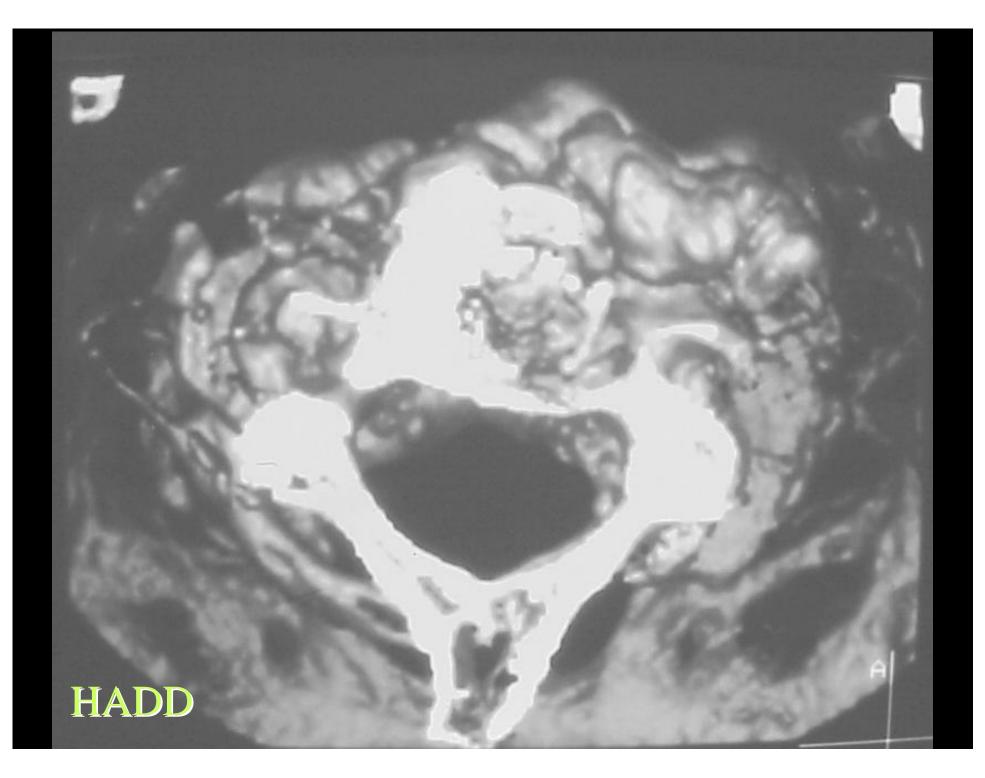
MCPCDD HADD

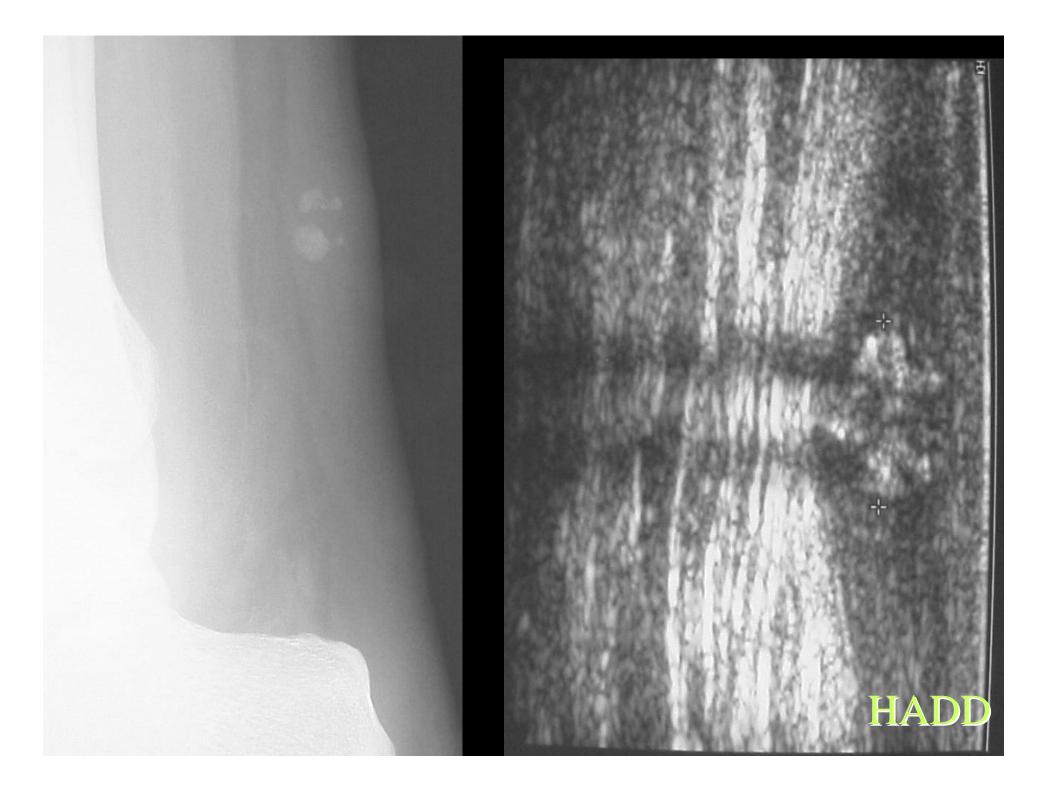
- Linear
- Articular
- Achilles, Quads, Tri
 Rotator cuff
- Ass. arthritis

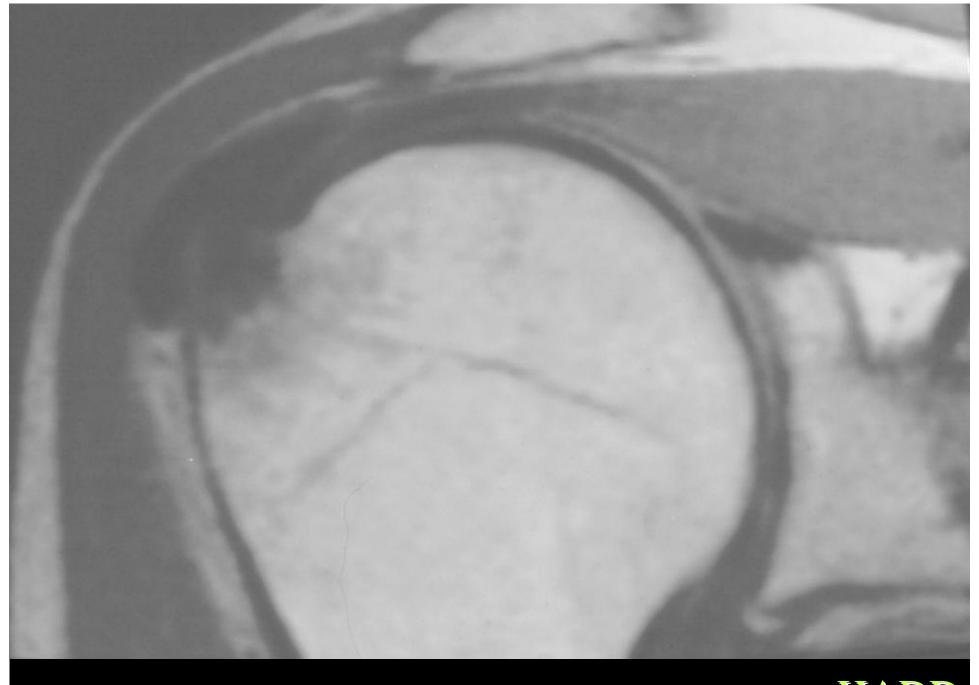
- Rounded
- Amorphous
- Tendons and Bursa



HADD

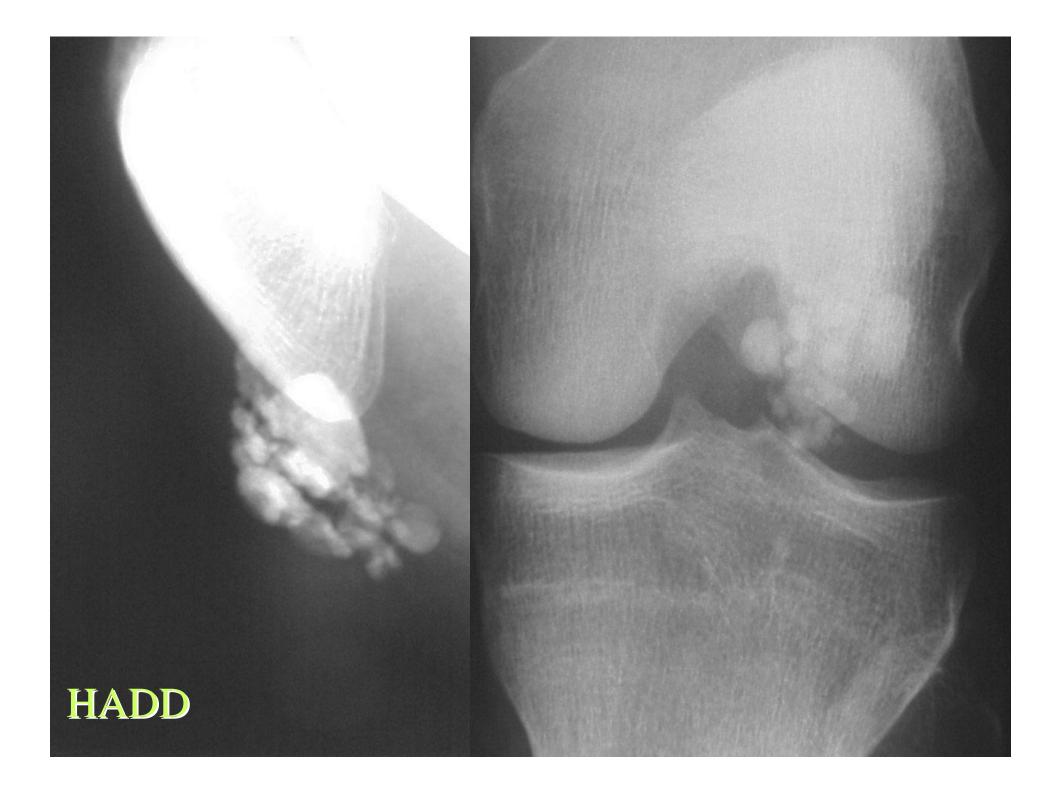






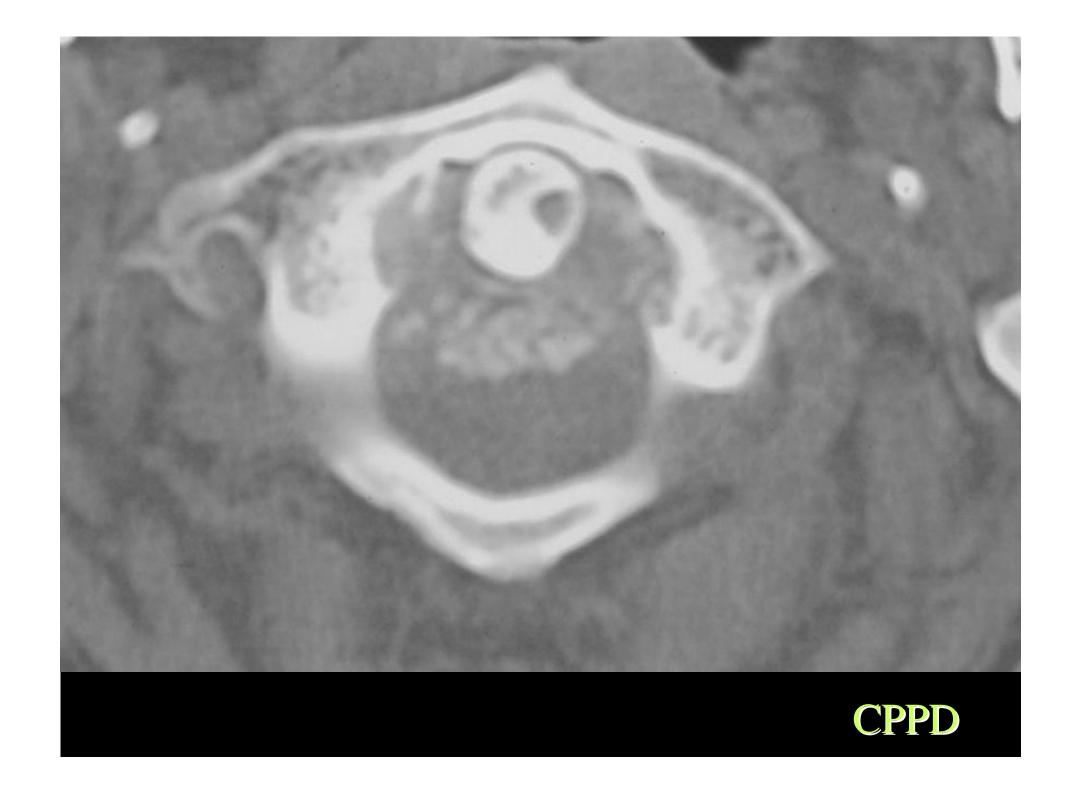
HADD











By site

Finger Tips

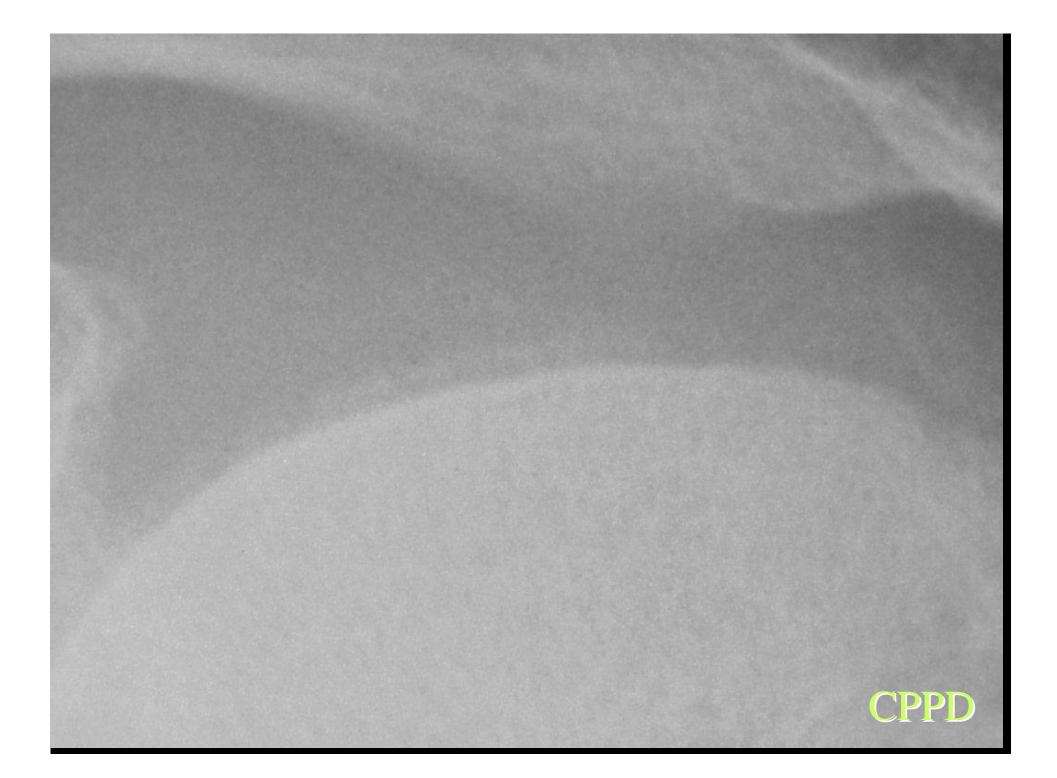
- Scleroderma
- CREST
- Dermatomyositis
- Trauma



By site

Articular cartilage

- Osteoarthrosis
- CPPD
- HADD
- Hyperparathyroidism
- Haemochromatosis

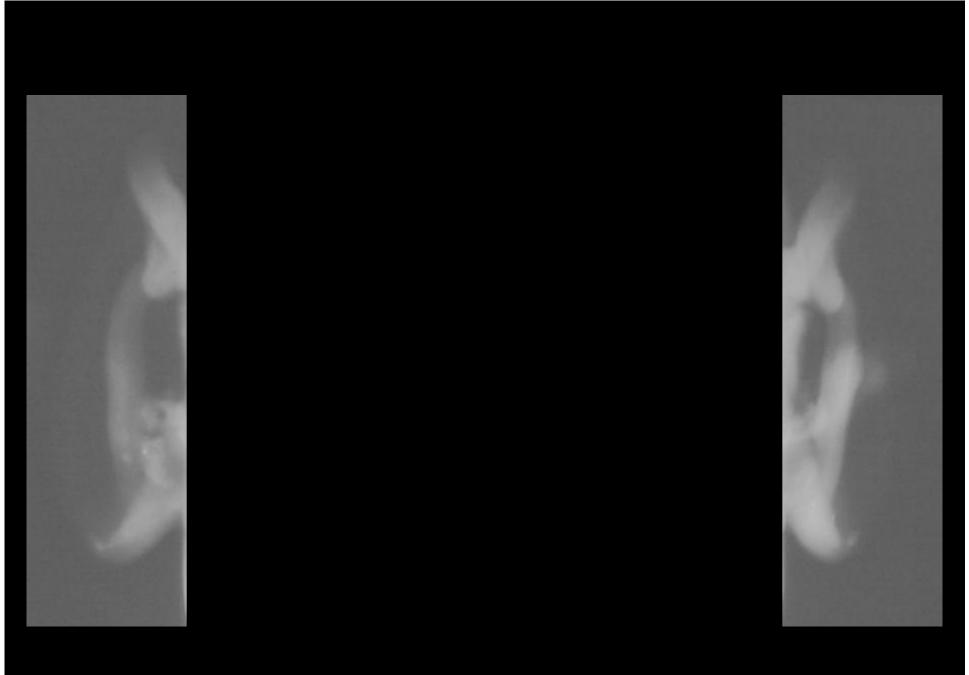




By site

Pinna

- Thermal
- Endocrine
- Perichondritis
- CPPDGout
- Dermatomyositis
- Alkaptonuria



By site

Intervertebral disc

- Trauma
- CPPD
- Hyperparathyroidism
- Immobilization
- Alkaptonuria

Calcification By site

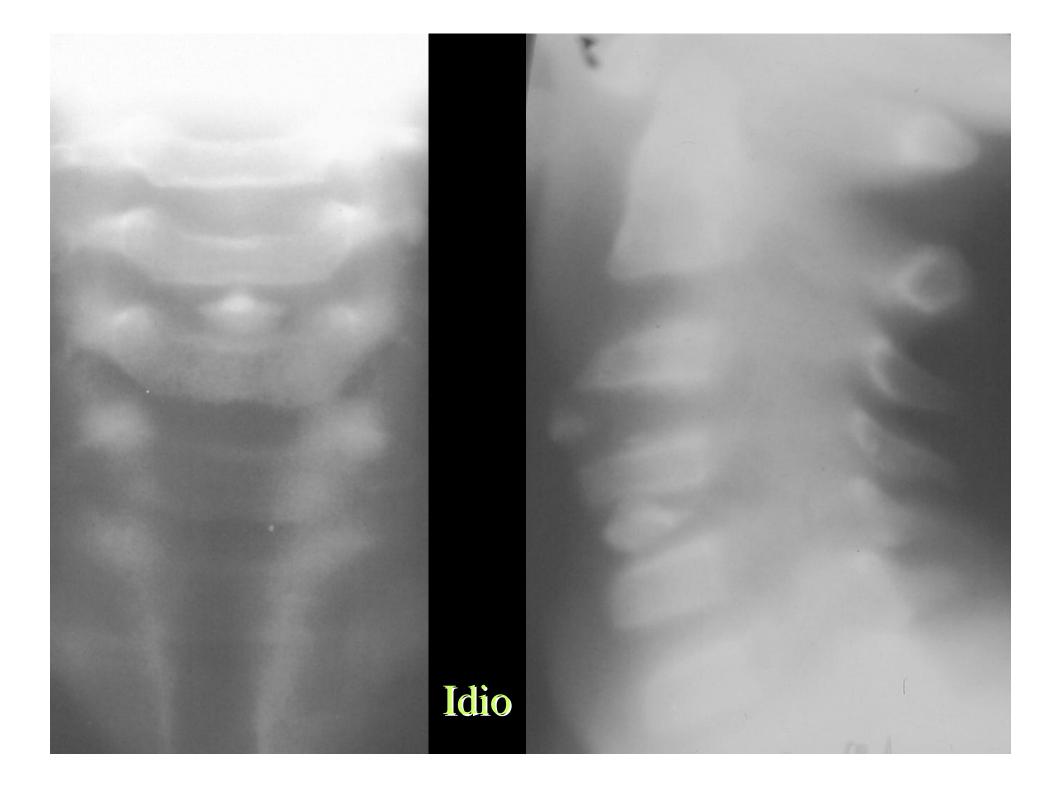
Intervertebral Disc Calcification

- Nucleus pulposus
- Annulus fibrosis
 - Inner
 - Outer

By site Intervertebral Disc Calcification

Nucleus Pulposus

- Degenerative spondylosis (Dorsal)
- Ankylosing spondylitis
- Juvenile chronic arthritis
- DISH
- Gout
- Idiopathic
 - Children transient
 - Adults persistent



By site Intervertebral Disc Calcification

• Inner fibres Fibrosis

- Alkaptonuria (Ochronosis)
- Outer fibres
 - CPPD
 - Haemochromatosis
 - Following spinal fusion

Calcification By site

Distribution of Collagen Vascular disease

- Proximal
 - Dermatomyositis
- Distal
 - Ehlers Danlos
 - Scleroderma
- Lower limb
 - SLE

By age

- Idiopathic calcinosis universalis
- Dermatomyositis
- Hyperparathyroidism
- Osteoma cutis
- Albright's hereditary osteodystrophy

By Aunt Mini

